November 2026

Trillium
BOUTIQUE SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Utube Church Service	**2** 10:00 Make-over Monday 11:00 Tai Chi 1:30 Hymn Sing 3:00 Bowling	**3** 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	**4** 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Bingo 3:00 Movie & Popcorn	**5** 10:00 Relax with Chair Massage 11:00 Bhangra Exercise 1:30 Henna Art 3:00 Diwali on the Big Screen **DIWALI DAY**	**6** 10:00 Music Memory 11:00 Jive to Thrive 1:30 Creative Crafts 3:00 Reading circle	**7** 2:30 Ice Cream Saturday 
8 11:00 Utube Church Service	**9** 10:00 Make-over Monday 11:00 Tai Chi 1:30 Hymn Sing 3:00 Bowling	**10** 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Card games **Happy Birthday Yolande**	**11** **REMEMBRANCE DAY** *10:30 Cenotaph Memorial Live on TV* 11:00 Zumba fun - AR 1:30 Reflections 3:00 Movie & Popcorn	**12** 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 Sing-a-long 2:30 Happy Hour	**13** 10:00 Music Memory 11:00 Jive to Thrive 1:30 Creative Crafts 3:00 Word Games	**14** 2:30 Ice Cream Saturday 
15 11:00 Utube Church Service	**16** 10:00 Make-over Monday 11:00 Tai Chi 1:30 Hymn Sing 3:00 Bowling	**17** 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks **Happy Birthday Raymond**	**18** 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Bingo **2:30 Latte Da Cart** 3:00 Movie & Popcorn	**19** 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 Sing-a-long 2:30 Happy Hour ***INT Mens Day***	**20** 10:00 Music Memory 11:00 Jive to Thrive 1:30 Creative Crafts 3:00 Reading circle	**21** 2:30 Ice Cream Saturday Daivin on Guitar 
22 11:00 Utube Church Service	**23** 10:00 Make-over Monday 11:00 Tai Chi 1:30 Hymn Sing 3:00 Bowling	**24** 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment **2:30 Birthday Party - AR** 3:00 Card games	**25** 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Bingo 3:00 Movie & Popcorn	**26** 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 Sing-a-long 2:30 Happy Hour	**27** 10:00 Music Memory 11:00 Jive to Thrive 1:30 Creative Crafts 3:00 Word Games	**28** 2:30 Ice Cream Saturday 
29 11:00 Utube Church Service	**30** 10:00 Make-over Monday 11:00 Tai Chi 1:30 Hymn Sing 3:00 Bowling **Happy Birthday Colleen**					