The Norgarden November Activity Calendar 2026

Trillium
BOUTIQUE SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10am - Worship Service 12pm-Resident Led Mahjong	**2** 10am - Exercise Class 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	**3** 1pm - Carpet Bowling 2:15pm – Social Cribbage 3:30pm - One-Hour Scenic Bus Ride	**4** 11am - Chair Yoga 1pm – Bingo	**5** 11am – Exercise Class 1:30pm – Crafts	**6** 10am- 12pm Knit and Chat 1pm- TRIVIA	**7** 1pm – 2pm Table Games - Resident Led
8 10am - Worship Service 12pm-Resident Led Mahjong	**9** 10am - Exercise Class 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	**10** 1pm - Carpet Bowling 2:15pm – Social Cribbage	**11** Remembrance Day 11am - Chair Yoga 1pm – Bingo 5:15pm – Remembrance Day Theme Dinner	**12** 10am- Grocery Shuttle Return Pickup at 11:30am 11am – Exercise Class 1:30pm – Crafts MOVEMBER	**13** 10am - 12pm Knit and Chat 1pm- TRIVIA 2pm- Coffee Chat	**14** 10am - Table Games - Resident Led 2pm – Entertainment by Studio 72
15 10am - Worship Service 12pm-Resident Led Mahjong	**16** 10am - Exercise Class 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	**17** 10am - Guest Speaker Dean Mills – Wildlife Migration through our area 1pm - Carpet Bowling 2:15pm – Social Cribbage	**18** 2pm- Norgarden Resident Birthday Tea Entertainment by The Kings Mixers Trio	**19** 11:15am – J.O.Y Group Outing to: Westcoast Grill 11am – Exercise Class 1:30pm – Crafts 2:30pm – Reverend Denise Doerksen at Norgarden 5:15pm - Pirate Theme Dinner	**20** 10am- 12pm Knit and Chat 11:15am – Men's Group Outing to Mary's Bleu Moon 1pm- TRIVIA 2pm - P.A.T.S Visit with Stella & Karen	**21** 1pm – 2pm Table Games - Resident Led
22 10am - Worship Service 12pm-Resident Led Mahjong	**23** 10am - Exercise Class 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	**24** 10am – Norgarden Resident Meeting 11am - Tillicum Mall Return Pick up at 2:30pm 1pm - Carpet Bowling 2:15pm – Social Cribbage	**25** 11am - Chair Yoga 1pm – Bingo 1pm – 3pm – Tiny Shiny Bead Craft Sale	**26** 10am- Grocery Shuttle Return Pickup at 11:30am 11am - Exercise Class 1:30pm – Crafts	**27** 10am- 12pm Knit and Chat 1pm- TRIVIA	**28** 1pm – 2pm Table Games - Resident Led
29 10am - Worship Service 12pm-Resident Led Mahjong	**30** 10am - Exercise Class 11:15am - Show & Share 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	Trillium Teatime 2pm Daily				