Trillium
WEST SHORE VILLAGE

NOVEMBER 2026

Trillium
WEST SHORE VILLAGE

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
10:00 Stand & Fit - Josh (Video) (MR) 2:00 Movie Matinee: (TH) "Moulin Rouge" 2:00pm-4:00pm Pub Happy Hour (VP) 2:00 Music with Mervin (MR) 6:15 Board Games (MR)	9:30 Chair Zumba (Livia) (MR) 10:00 Connections (NY Times) (MR) 1:30 Tuck Shop Open (TS) 1:30 Jacko (MR) Don't Forget to Remember Activity 3:00pm in the Multi-Purpose Room 6:15 Board Games (MR)	9:30 SAIL Exercises (Livia) (MR) 10:00 Word Jumble (MR) 1:30 Pet Therapy with Miller (MR) 2:00 Think Fast word Game (MR) 2:30 Balloon Badminton (MR) 2:00 Documentary: (TH) "Sinatra: All or Nothing at All Part 1" City Wide Scooters Free Walker Clinic 2:00pm in the Village Pub 6:15 Board Games (MR)	9:30 Java Group (L) 9:30 Tai Chi with David (MR) 10:00 Balloon Volleyball (MR) 1:30 Tuck Shop Open (TS) 1:30 Bingo (MR) 2:00 Blood Presure Clinic (MR) 3:30pm-5:30pm Pub Happy Hour (VP) 6:15 Board Games (MR)	Walmart/Westshore Mall 9:30am - 11:30am 9:30 Stand & Fit (Josh) (MR) 10:15 Bean Bag Toss (MR) 1:30 Rummikub (L) Henna with Shweta 6:30pm in the Fireside Lounge Diwali Dinner During Regular Dinner Seatings Diwali Dance Performance with Shweta 7:15pm in the Dining Room Monthly Fire Alarm Testing	9:30 Stand & Fit (Josh) (MR) 10:00 Current Events Discussion (L) 1:30 Tuck Shop Open (TS) 1:30 Knitting Crew (MR) 3:30 Music Bingo (VP) 3:30pm-5:30pm Pub Happy Hour (VP) 6:15 Board Games (MR) 6:30 Movie Night: (TH) "Thelma & Louise"	10:00 Stand & Fit (Josh) (MR) Nail Technician Bushra 10:00am - 3:00pm 2:30 Line Dancing with Donna (MR) 2:00 Movie Matinee: (TH) "Thelma & Louise" 6:15 Board Games (MR)
Sunday 8	**Monday 9**	**Tuesday 10**	**Wednesday 11**	**Thursday 12**	**Friday 13**	**Saturday 14**
10:00 Mobility Exercises (Livia) (MR) Dallas Road Walk Outing 1:30pm - 4:00pm 2:00 Movie Matinee: (TH) "Thelma & Louise" 2:00pm-4:00pm Pub Happy Hour (VP) 6:15 Board Games (MR)	9:30 Ball & Band Exercises (Livia) (MR) 10:00 Connections (NY Times) (MR) 1:30 Tuck Shop Open (TS) 1:30 Jacko (MR) Music with Whisky Jack 3:00pm in the Fireside Lounge 6:15 Board Games (MR) Diwali	9:30 Stand & Fit (Josh) (MR) 1:30 Bible Study (L) 2:30 Mexican Train with Livia (MR) 2:00 Documentary: (TH) "Sinatra: All or Nothing at All Part 2" 6:15 Board Games (MR)	9:30 Java Group - CANCELLED (L) 9:30 Exercise Cancelled for Set-up (MR) Remembrance Day Ceremony 10:45am-11:15am in the Multi-Purpose Room Pub Open at 11:30am for Refreshments 1:30 Tuck Shop Open (TS) 1:30 Bingo CANCELLED (MR) 6:15 Board Games (MR) Remembrance Day	9:30 Tai Chiwith David (MR) 10:15 Bowling (MR) Shaw Centre for the Salish Sea Outing 1:30pm - 4:00pm 1:30 Rummikub (L) 6:15 Board Games (MR)	9:30 Exercise with Esther (MR) 10:00 Current Events Discussion (L) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 3:30 Trivia (VP) 3:30pm-5:30pm Pub Happy Hour (VP) 6:00 Board Games (MR) 6:30 Movie Night: (TH) "Johnny English" World Kindness Day	10:00 Exercise with Esther (MR) Nail Technician Bushra 10:00am - 3:00pm 2:00 Movie Matinee: (TH) "Johnny English" Sing a long with Shirley & Pat 2:00pm in the Multi-Purpose Room 6:00 Board Games (MR)
Sunday 15	**Monday 16**	**Tuesday 17**	**Wednesday 18**	**Thursday 19**	**Friday 20**	**Saturday 21**
10:00 Mobility Exercises (Livia) (MR) Destination Shopping at Hillside Mall 11:00am - 2:00pm 1:30 Open Painting (MR) 2:00 Movie Matinee: (TH) "Johnny English" 2:00pm-4:00pm Pub Happy Hour (VP) 6:15 Board Games (MR)	9:30 Chair Zumba (Livia) (MR) 10:00 Connections (NY Times) (MR) 1:30 Tuck Shop Open (TS) 1:30 Jacko (MR) Music with Matthew Webster 3:00 in the Fireside Lounge 6:15 Board Games (MR)	9:30 SAIL Exercises (Livia) (MR) 10:00 Word Jumble (MR) 2:00 Resident Meeting (DR) 2:00 Documentary (TH) "Toys That Made Us: Star Wars" 6:15 Board Games (MR)	9:30 Java Group (L) 9:30 Weighted Exercises - CANCELLED (MR) Rogers Information Demo and Q & A 10:30am in the Multi-Purpose Room 1:30 Tuck Shop Open (TS) Rogers Information Demo and Q & A 1:30pm in the Multi-Purpose Room 6:15 Board Games (MR) 6:30 Bingo (MR)	9:30 Exercise with Esther (MR) 10:15 Latter Golf (MR) 1:30 Rummikub (L) November Birthday Tea 2:30pm in the Dining Room with Rob Curtis 6:15 Board Games (MR) International Mens Day	Walmart/Westshore Mall 9:30am - 11:30am 9:30 Stand & Fit (Josh) (MR) 1:30 Tuck Shop Open (TS) 1:30 Knitting Crew (MR) Burger and Brew 4:00pm - 5:30pm in the Village Pub 6:15 Board Games (MR) 6:30 Movie Night: (TH) "The Adam Project"	10:00 Exercise with Esther (MR) Nail Technician Bushra 10:00am - 3:00pm 1:30 Crib Club with Carole and Kayla (VP) 2:30 Line Dancing with Donna (MR) 2:00 Movie Matinee: (TH) "The Adam Project" 6:15 Board Games (MR)
Sunday 22	**Monday 23**	**Tuesday 24**	**Wednesday 25**	**Thursday 26**	**Friday 27**	**Saturday 28**
10:00 Mobility Exercises (Livia) (MR) Hearing Aid Clinic & Seminar with Ajit 2:00pm in the Multi-Purpose Room 2:00 Movie Matinee: (TH) "The Adam Project" 2:00pm-4:00pm Pub Happy Hour (VP) 6:15 Board Games (MR)	9:30 Ball & Band Exercises (Livia) (MR) 10:00 Connections (NY Times) (MR) 1:30 Tuck Shop Open (TS) 1:30 Jacko (MR) Sing a long with Leslie 3:00pm in the Multi-Purpose Room 6:15 Board Games (MR)	9:30 Chair Exercise (Kathleen) (MR) 10:00 Word Jumble (MR) 1:30 Bible Study (L) Christmas Card Making with Kathleen 2:00pm in the Multi-Purpose Room 3:00 Documentary: (TH) "Toys That Made Us: Barbie" 6:15 Board Games (MR)	9:30 Java Group (L) 9:30 Tai Chi with David (MR) 10:00 Balloon Volleyball (MR) 1:30 Tuck Shop Open (TS) 1:30 Bingo (MR) 3:00 Darts with Jojan (VP) 3:30pm-5:30pm Pub Happy Hour (VP) 6:15 Board Games (MR)	9:30 EXERCISE CANCELLED (MR) Community Outreach Breakfast Welcome Community Partnerships to West Shore Village! 1:30 Rummikub (L) 2:00 Paint By Step (MR) 6:15 Board Games (MR)	9:30 Exercise with Esther (MR) 10:00 Current Events Discussion (L) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 3:30 What am I? Game (VP) Early Dinner Seating 4:00PM Second Seating Tray Delivery Only Staff Appreciation Holiday Party 6:00 Board Games (MR) 6:30 Movie Night: (TH) "A Christmas Carol (1951)"	10:00 Exercise with Esther (MR) Nail Technician Bushra 10:00am - 3:00pm Victoria Youth Music Outreach 1:30pm in the Multi-Purpose Room 2:00 Movie Matinee: (TH) "A Christmas Carol (1951)" Resident Committee Meeting 3:00pm in the Multi-Purpose Room 6:00 Board Games (MR)
Sunday 29	**Monday 30**					
10:00 Mobility Exercises (Livia) (MR) Ablaze Chior 2:30pm in the Dining Room 2:00 Movie Matinee: (TH) "A Christmas Carol (1951)" 2:00pm-4:00pm Pub Happy Hour (VP) 6:15 Board Games (MR)	9:30 Chair Zumba (Livia) (MR) 10:00 Connections (NY Times) (MR) 1:30 Tuck Shop Open (TS) 1:30 Jacko (MR) Fall Prevention Seminar with Chloe from Core Connection Physio 2:00pm in the Multi-Purpose Room 6:15 Board Games (MR)					



Location Key

MR - Multipurpose Room	TH - Theatre
DR - Dining Room	TS - Tuck Shop
FL - Fireside Lounge	VL - Village Lobby
P - Back Patio	LL - Lodge Lobby
VP - Village Pub	VC - Village Courtyard
CF - Cafe	L - Library



Sign Up Sheets

You will see a star beside the activity or outing on this calendar if sign-up is required. Activities binder is located by Village ek[illegible]or.

Village Pub Happy Hour

Open every Wednesday & Friday at 3:30pm-5:30pm
Sunday 2:00pm-4:00pm