

The Norgarden June Activity Calendar 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	10am - Exercise Class 1 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 2 2:15pm - Social Cribbage	11am - Chair Yoga 3 1pm - Bingo	10am - Grocery Shuttle 4 Return Pickup at 11:30am 11am - Exercise Class 1:30pm - Crafts 2:30pm - Visit from Reverend Denise Doerksen	10am- 12pm Knit and Chat 5 1pm- TRIVIA	1pm - 2pm Table Games - Resident Led 6 		
10am - Worship Service - Virtual 7 1pm- Resident Led Mahjong	10am - Exercise Class 8 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 9 2:15pm - Social Cribbage 3:30pm - One Hour Scenic Bus Ride	11am - Chair Yoga 10 1pm - Bingo	11am - Exercise Class 11 1:30pm - Crafts 5:15pm - Sports Night Theme Dinner	10am- 12pm Knit and Chat 12 11am - Beltone Hearing 1pm- TRIVIA	10am Table Games - Resident Led 13 2pm - Entertainment by Brandy Moore		
10am - Worship Service - Virtual 14 1pm- Resident Led Mahjong - Private DR 2pm - Performance by the Island Echo Choir	10am - Exercise Class 15 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 16 2:15pm - Social Cribbage	2pm- Norgarden Birthday Tea Entertainment by The Gypsy Rovers	10:30am - J.O.Y Group 18 Outing to: White Spot 11am - Exercise Class 1:30pm - Crafts 2:30pm - Coffee Chat	10am - 12pm Knit and Chat 19 11am - Gents Group Outing to White Spot 1pm- TRIVIA 2pm - P.A.T.S Visit	1pm - 2pm Table Games - Resident Led 20 1:30pm - Netflix Movie Matinee at The Peninsula- Remarkably Bright Creatures		
Fathers Day 21 10am - Worship Service - Virtual 1pm- Resident Led Mahjong 5:15pm - Father's Day B.B.Q Theme Dinner	10am - Exercise Class 22 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 23 2:15pm - Performance by Sidney Song Circle	11am - Chair Yoga 24 1pm - Bingo	10am - Grocery Shuttle 25 Return Pickup at 11:30am 11am - Exercise Class 1:30pm - Crafts	10am- 12pm Knit and Chat 26 1pm- TRIVIA	1pm - 2pm Table Games - Resident Led 27 		
10am - Worship Service - Virtual 28 1pm- Resident Led Mahjong	10am - Exercise Class 29 11:15am - Show & Share 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald 1pm- Pop Up Casual Chic Clothing at Norgarden	10am- Dean Mills Guest Speaker 30 Topic: <i>A Deeper Dive into the Health of the Salish Sea</i> 10:am - Hillside Mall Return Pick up at 1:30pm 1pm - Carpet Bowling 2:15pm - Social Cribbage					Teatime 2pm Daily	