

# May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 8:45am 1-1 Companionship Visits 9:30am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:00pm Jigsaw Puzzles 3:30pm 1-1 Companionship Visits	<b>2</b> 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
<b>3</b> 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	<b>4</b> 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Painted Butterflies Arts 3:00pm Paper Planes Reminiscing Game 3:30pm 1-1 Companionship Visits	<b>5</b> Cinco de Mayo 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Cinco de Mayo Games and Socials 1:30pm Live Music with Mark 3:00pm Trivia 3:30pm 1-1 Companionship Visits	<b>6</b> 8:45am 1-1 Companionship Visits 9:30am Bean Bag Toss 10:30am Scavenger Collages 1:30pm Bingo 3:00pm Word Games 3:30pm 1-1 Companionship Visits	<b>7</b> 8:45am 1-1 Companionship Visits 9:30am Sensory Storytelling 10:30am Active Games 1:30pm Live Music with Ian 3:00pm Fact or Fiction Canadian Edition 3:30pm 1-1 Companionship Visits	<b>8</b> 8:45am 1-1 Companionship Visits 9:30am Resident Council 10:30am Seated Yoga With Anna 1:30pm Foam Flower Creations 2:30pm Coloring for Mother's Day 3:30pm 1-1 Companionship Visits	<b>9</b> 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Bowling 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
<b>10</b> 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 10:30am Flower Pot Coloring - In 1:30pm Mother's Day Bingo 2:30pm Mother's Day Tea Party 3:30pm 1-1 Companionship Visits	<b>11</b> 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Play Dough Crafts 2:30pm Cookie Decorating 3:30pm 1-1 Companionship Visits	<b>12</b> Nurses Day 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Pin the Band Aid on the Injury 1:30pm Bingo 2:30pm Nurse Trivia and Jokes 3:30pm 1-1 Companionship Visits	<b>13</b> 8:45am 1-1 Companionship Visits 9:30am Aromatherapy 10:30am Have You Ever-Penny In, Penny out Game 1:30pm How To Start A Garden Club 3:00pm Flower Arranging 3:30pm 1-1 Companionship Visits	<b>14</b> 8:45am 1-1 Companionship Visits 9:30am Walking Group 10:30am Drumming Circle 1:30pm Live Music with Ian 3:00pm Solve the Riddle 3:30pm 1-1 Companionship Visits	<b>15</b> 8:45am 1-1 Companionship Visits 9:30am Conversation Starter Game 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:00pm Guess the Job Quiz 3:30pm 1-1 Companionship Visits	<b>16</b> 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
<b>17</b> 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	<b>18</b> Victoria Day! 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Virtual Museum Tours 1:30pm Live Music with Mark Happy Hour 3:00pm Victoria Day Quiz 3:30pm 1-1 Companionship Visits	<b>19</b> 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Beauty Hour 1:30pm Bingo 3:00pm Movies and Popcorns 3:30pm 1-1 Companionship Visits	<b>20</b> World Bee Day 8:45am 1-1 Companionship Visits 9:30am Bean Bag Toss 10:30am Puppy Faces What are they Thinking 1:30pm Beacon Hill Park Tour 3:00pm Bee Word Challenge 3:30pm 1-1 Companionship Visits	<b>21</b> National Strawberries and Cream Day 8:45am 1-1 Companionship Visits 9:30am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 2:30pm Trivia 3:30pm 1-1 Companionship Visits	<b>22</b> 8:45am 1-1 Companionship Visits 9:30am Light Therapy 10:30am Seated Yoga With Anna 1:30pm Cupcake Flower Collage 2:30pm Word Games 3:30pm 1-1 Companionship Visits	<b>23</b> 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Bowling 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
<b>24</b> 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	<b>25</b> 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Gardening 3:00pm ABC Word Games 3:30pm 1-1 Companionship Visits	<b>26</b> 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Beauty Hour 1:30pm Bingo 2:30pm Mandalas Mindfulness, Creativity and Fun 3:30pm 1-1 Companionship Visits	<b>27</b> National Popsicle Day 8:45am 1-1 Companionship Visits 9:30am Bowling 10:30am Multi-sensory stations 1:30pm Music Bingo 2:30pm Trivia 3:30pm 1-1 Companionship Visits	<b>28</b> 8:45am 1-1 Companionship Visits 9:30am Walking Group 10:30am Exploring Feelings Through Colour 1:30pm Live Music with Ian 3:00pm Birthday Cake Celebration 3:30pm 1-1 Companionship Visits	<b>29</b> 8:45am 1-1 Companionship Visits 9:30am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:00pm Doll Therapy 3:30pm 1-1 Companionship Visits	<b>30</b> 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
<b>31</b> 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits						