

# The Norgarden March Activity Calendar 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>St. David's Day</b>  1</p> <p>10am - Worship Service </p>	<p>10am - Exercise Class  2</p> <p>12:30pm - 4pm Chair Massage &amp; Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 3</p> <p>2:15pm - Social Cribbage </p>	<p>11am - Chair Yoga 4 </p> <p>1pm - Bingo</p>	<p>11am - Exercise Class 5</p> <p>1:30pm - Crafts </p>	<p>10am- 12pm Knit and Chat  6</p> <p>1pm- TRIVIA </p>	<p>1pm - 2pm Table Games - Resident Led </p> <p>2pm - Entertainment by Jesse Brown</p>
<p><b>International Women's Day</b>  8</p> <p>10am - Worship Service </p>	<p>10am - Exercise Class  9</p> <p>12:30pm - 4pm Chair Massage &amp; Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling  10</p> <p>2:15pm - Social Cribbage </p> <p>3:30 pm - One Hour Scenic Bus Ride</p>	<p>11am - Chair Yoga 11 </p> <p>1pm - Bingo</p>	<p>10am- Grocery Shuttle 12 Return Pickup at 11:30am</p> <p>11am - Exercise Class</p> <p>1:30pm - Crafts </p> <p>5:15pm - Pub Night Theme Dinner</p>	<p>10am - 12pm Knit and Chat 13</p> <p>10:30am - Men's Group Outing to: Sidney Harbour Chinese Restaurant</p> <p>11am - Beltone Hearing Clinic</p> <p>1pm- TRIVIA </p>	<p>1pm - 2pm Table Games - Resident Led </p>
<p>10am - Worship Service 15 </p>	<p>10am - Exercise Class 16 </p> <p>12:30pm - 4pm Chair Massage &amp; Reiki with Joanna Donald</p> <p>2:15pm - Irish Dancers Performance</p>	<p><b>St. Patrick's Day</b>  17</p> <p>10am - Hillside Mall Return Pick up at 1:30pm</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p> <p>5:15pm - St. Patrick's Day Dinner</p>	<p>11am - Chair Yoga 18 </p> <p>1pm - Bingo</p>	<p>10:30am - J.O.Y Group 19 Outing to: Sidney Harbour Chinese Restaurant</p> <p>11am - Exercise Class</p> <p>1:30pm - Crafts </p> <p>2:30pm- Coffee Chat at Norgarden </p>	<p>10am- 12pm Knit and Chat 20</p> <p>1pm- TRIVIA </p> <p>2pm - P.A.T.S Visit with Stella &amp; Karen </p>	<p>1pm - 2pm Table Games - Resident Led </p>
<p>10am - Worship Service 22 </p>	<p>10am - Exercise Class 23 </p> <p>12:30pm - 4pm Chair Massage &amp; Reiki with Joanna Donald</p>	<p>10am- The Real Beacon Ave by Dean Mills  24</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p>	<p>2pm- Norgarden Resident Birthday 25 Tea Entertainment by Gypsy Rovers </p>	<p><b>Epilepsy Awareness Day</b> 26</p> <p>10am- Grocery Shuttle Return Pickup at 11:30am</p> <p>11am - Exercise Class</p> <p>1:30pm - Crafts </p>	<p>10am- 12pm Knit and Chat 27</p> <p>1pm- TRIVIA </p>	<p>1pm - 2pm Table Games - Resident Led </p>
<p>10am - Worship Service 29 </p>	<p>10am - Exercise Class 30 </p> <p>11:15am - Show &amp; Share</p> <p>12:30pm - 4pm Chair Massage &amp; Reiki with Joanna Donald</p>	<p>1pm - Carpet Bowling 31</p> <p>2:15pm - Social Cribbage</p>	<p> Teatime 2pm Daily   </p>			