

February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Utube Church Service	2 10:00 News & Views 11:00 Tai Chi 1:30 Sing-a-long 3:00 MANICURES	3 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Reading circle	4 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Creative Crafts 3:00 Word Games	5 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 SEG (sensory engaging games) 3:00 Reflections	6 10:00 Music Memory 11:00 Jive to Thrive 1:30 Hymn Sing 2:30 Happy Hour	7 2:30 Hot Chocolate Saturday 
8 11:00 Utube Church Service	9 10:00 News & Views 11:00 Tai Chi 1:30 Sing-a-long 3:00 MANICURES	10 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Reading circle	11 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Creative Crafts 3:00 Trivia Happy Birthday Noriko & Elenore	12 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 SEG (sensory engaging games) 3:00 Virtual Concert	13 10:00 Music Memory 11:00 Jive to Thrive Valentines Party with Ka 2:30 Happy Hour 	14 2:30 Hot Chocolate Saturday 
15 11:00 Utube Church Service	16 Happy Family Day	17 10:00 Trip to China 11:00 Yoga Stretch 1:30 Entertainment 3:00 Dragon Dance Chinese New Year 	18 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Creative Crafts 3:00 Word Games	19 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 Entertainment 3:00 Reflections	20 10:00 Music Memory 11:00 Jive to Thrive 1:30 Hymn Sing 2:30 Happy Hour	21 2:30 Hot Chocolate Saturday Interational Mother Language Day 1:30 Daivin & Sherwin
22 11:00 Utube Church Service	23 10:00 News & Views 11:00 Tai Chi 1:30 Sing-a-long 3:00 MANICURES	24 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 2:30 Birthday Party - AR 3:00 Reading circle	25 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Creative Crafts 3:00 Trivia PINK SHIRT DAY	26 10:00 Relax with Chair Massage 11:00 Workout with Weights 1:30 SEG (sensory engaging games) 3:00 Virtual Concert	27 10:00 Music Memory 11:00 Jive to Thrive 1:30 Hymn Sing 2:30 Happy Hour	28 2:30 Hot Chocolate Saturday 