

February 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 3:30pm 1-1 Companionship Visits
2 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Decorating Home 3:00pm Movie Matinee 3:30pm 1-1 Companionship Visits	3 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Beauty Hour 1:30pm Live Music with Mark 3:00pm Classic Art Quiz 3:30pm 1-1 Companionship Visits	4 8:45am 1-1 Companionship Visits 9:30am Bean Bag Toss 10:30am Drumming Circle 1:30pm Bingo 2:30pm Zumba with Colleen 3:30pm 1-1 Companionship Visits	5 8:45am 1-1 Companionship Visits 9:30am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Jigsaw puzzles 3:30pm 1-1 Companionship Visits	6 8:45am 1-1 Companionship Visits 9:30am Snakes and Ladders 10:30am Seated Yoga With Anna 1:30pm Name the Song and Sing Along 3:00pm Finish the Phrase 3:30pm 1-1 Companionship Visits	7 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	8 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 3:30pm 1-1 Companionship Visits
9 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Arts and Crafts 2:30pm Music Sing Along 3:30pm 1-1 Companionship Visits	10 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Valentine's Day Quiz 1:30pm Cupid's Arrow Mocktails 3:00pm General Trivia 3:30pm 1-1 Companionship Visits	11 8:45am 1-1 Companionship Visits 9:30am Bowling 10:30am Valentine Charades 1:30pm Decorating Heart Shaped Cookies 3:00pm Reading Romantic Poems 3:30pm 1-1 Companionship Visits	12 8:45am 1-1 Companionship Visits 9:15am Walking Group 10:15am Armchair Travel to France 1:30pm Live Music with Ian 3:00pm Flower Arranging 3:30pm 1-1 Companionship Visits	13 Valentine's Day Party 8:45am 1-1 Companionship Visits 9:30am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music Happy Hour with Eugene 2:30pm Love Songs and Love Advice 3:30pm 1-1 Companionship Visits	14 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	15 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 3:30pm 1-1 Companionship Visits 
16 Family Day 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Story Telling and Reminiscence 3:00pm Movie Matinee 3:30pm 1-1 Companionship Visits	17 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Beauty Hour 1:30pm Name the Love Song Quiz 2:30pm Mindful Coloring 3:30pm 1-1 Companionship Visits	18 8:45am 1-1 Companionship Visits 9:30am Bean Bag Toss 10:30am Drumming Circle 1:30pm Bingo 2:30pm Zumba with Colleen 3:30pm 1-1 Companionship Visits	19 8:45am 1-1 Companionship Visits 9:30am Reading Group 10:30am Seated Yoga With Anna 12:00pm Diner's Club 1:30pm Live Music with Ian 3:00pm Jigsaw Puzzles 3:30pm 1-1 Companionship Visits	20 8:45am 1-1 Companionship Visits 9:30am Uno/ Card games 10:30am Chair Volleyball 1:30pm Live Music with Eugene 3:00pm Jenga 3:30pm 1-1 Companionship Visits	21 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	22 8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 10:00am Spiritual Service 11:00am Board Games 3:30pm 1-1 Companionship Visits
23 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Live Music with Mark 3:00pm Finish the Phrase 3:30pm 1-1 Companionship Visits	24 8:45am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Collage and Scrapbooking 1:30pm Bingo 3:00pm Trivia 3:30pm 1-1 Companionship Visits	25 Pink Shirt Day 8:45am 1-1 Companionship Visits 9:30am Bowling 10:30am Sensory Hour 1:30pm Bingo 3:00pm Afternoon Tea 3:30pm 1-1 Companionship Visits	26 8:45am 1-1 Companionship Visits 9:15am Walking Group 10:30am Ball toss 1:30pm Live Music with Ian 3:00pm Birthday Cake Celebration 3:30pm 1-1 Companionship Visits	27 8:45am 1-1 Companionship Visits 9:30am Matching Games 10:30am Seated Yoga With Anna 2:00pm Fashion Show 3:00pm Category Games 3:30pm 1-1 Companionship Visits	28 8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	