

# February 2026

ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30am Church Service <b>10:00am Seated Yoga with Anna</b> 2:00pm Snacks Social & Movie Hour	<b>2</b> 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary	<b>3</b> 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 3:00pm Movie Hour	<b>4</b> 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba <b>2:00pm DIY Heart Suncatcher</b> 3:00pm Fishing  Happy Birthday Thelma!	<b>5</b> 9:30am Chair Exercise <b>10:00am Heart Cookie Baking</b> 1:30pm Bingo 3:00pm Group Boardgames	<b>6</b> 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss <b>1:30pm Live Music Entertainment with Stephanie</b> 3:00pm Brain Games	<b>7</b> 9:30am Chair Exercise 10:00am Ring Toss 10:30am Hand Massage & Care <b>1:30pm Jeopardy</b> 3:00pm One on One
<b>8</b> 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour	<b>9</b> 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World <b>1:30pm Live Music with Bart</b> 2:30pm Snacks Social & Documentary	<b>10</b> 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 3:00pm Movie Hour	<b>11</b> 9:30am Chair Exercise 10:00am Balloon Badminton 2:00pm Hot Cocoa & Reading Hour 3:00pm Darts Competition  Foot Care Nurse Visit	<b>12</b> 9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Group Boardgames	<b>13</b> 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss <b>1:30pm Live Music Entertainment with Bob</b> <b>1:30pm Chocolate Dipping Party</b> 3:00pm Brain Games	<b>14</b> 9:30am Chair Exercise 10:00am Ring Toss 10:30am Hand Massage & Care <b>1:30pm Valentine's Day Crafts</b> 3:00pm One on One  Happy Birthday Mildred!
<b>15</b> 9:30am Church Service <b>10:00am Seated Yoga with Anna</b> 2:00pm Snacks Social & Movie Hour	<b>16</b> 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary	<b>17</b> 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 3:00pm Movie Hour	<b>18</b> 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 2:00pm Hot Cocoa & Reading Hour  Foot Care Nurse Visit	<b>19</b> 9:30am Chair Exercise <b>10:00am DIY Bath Bombs</b> 1:30pm Bingo 3:00pm Group Boardgames	<b>20</b> 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss 1:15pm Bus Outing <b>1:30pm Live Music with Joan</b> 3:00pm Brain Games	<b>21</b> 9:30am Chair Exercise 10:00am Ring Toss 10:30am Hand Massage & Care <b>1:30pm Jeopardy</b> 3:00pm One on One
<b>22</b> 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour	<b>23</b> 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World <b>1:30pm Live Music with Bart</b> 2:30pm Snacks Social & Documentary	<b>24</b> 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 3:00pm Movie Hour	<b>25</b> 9:30am Chair Exercise 10:00am Balloon Badminton 2:00pm Hot Cocoa & Reading Hour 3:00pm Darts Competition	<b>26</b> 9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Group Boardgames	<b>27</b> 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss <b>1:30pm Live Music Entertainment with Victor Pasta</b> 3:00pm Brain Games  Happy Birthday Janet!  Hairdresser's Visit	<b>28</b> 9:30am Chair Exercise 10:00am Ring Toss 10:30am Hand Massage & Care <b>1:30pm Brain Games: Trivia</b> 3:00pm One on One

