

January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Arts and Crafts 3:00pm Movie Matinee 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Active Games 1:30pm Bingo 3:00pm Birthday Party 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Active Games 10:30am Sensory Hour 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Puzzles and Reading 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm New Years Resolution Board 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:00pm Word Games 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
4	5	6	7	8	9	10
8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Arts and Crafts 3:00pm Music Sing Along 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Drumming Circle 1:30pm Bingo 3:00pm Trivia 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Chair Volleyball 10:30am Sensory Hour 1:30pm Live Music with Mark 3:00pm Reading Group 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 9:15am Beauty Hour 10:30am Active Games 1:30pm Bingo 3:00pm Reading Group 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 9:45am Resident Council 10:30am Seated Yoga With Anna 1:30pm Music Sing Along 3:00pm Word Games 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
11	12	13	14	15	16	17
8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Arts and Crafts 3:00pm Movie Matinee 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Beauty Hour 1:30pm Bingo 3:00pm Trivia 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Active Games 10:30am Sensory Hour 1:30pm Live Music with Mark 3:00pm Reading Group 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 9:15am Beauty Hour 10:30am Balloon Badminton 11:30am Diner's Club 1:30pm Live Music with Eugene 3:00pm Music Sing Along 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:00pm Word Games 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
18	19	20	21	22	23	24
8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Arts and Crafts 3:00pm Music Sing Along 3:30pm 1-1 Exercise	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Active Games 1:30pm Scenic Drive Tour 3:00pm Trivia 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Board Game Cafe 10:30am Sensory Hour 1:30pm Bingo 2:30pm Zumba 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Mark 3:00pm Movie Matinee 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Music Sing along 3:00pm Word Games 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits
25	26	27	28	29	30	31
8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Nail Care & Hand Massages 1:30pm Arts and Crafts 3:00pm Movie Matinee 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Seated Yoga With Anna 10:30am Beauty Hour 1:30pm Bingo 3:00pm Trivia 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Active Games 10:30am Sensory Hour 1:30pm Bingo 2:30pm Chair Zumba 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Trivia 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:00pm Birthday Cake Celebration 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits