

January 2026

ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Chair Exercise 10:00am Bowling 10:30am New Year's Resolutions & Hot Chocolate 1:30pm New Year's BINGO 3:00pm Group Boardgames	2 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss 1:30pm Live Music with Casey 3:00pm Brain Games Hairdresser's Visit	3 9:30am Chair Exercise 10:00am Ring Toss 10:30am Nails & Massage 1:30pm Brain Games: Trivia 3:00pm One on One
4 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour	5 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World 1:30pm Music with Michael Majocha 2:30pm Snacks Social & Documentary	6 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Darts & Chat 3:00pm Movie Hour: Malcolm's Pick	7 9:30am Chair Exercise 10:00am Balloon Badminton 1:00pm Winter Ceative Art 2:00pm Helping Hands 3:00pm Hot Cocoa & Reading Hour	8 9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Group Boardgames	9 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss 1:30pm Live Music with "Two Among Friends" 3:00pm Brain Games	10 9:30am Chair Exercise 10:00am Ring Toss 10:30am Nails & Massage 1:30pm Jeopardy 3:00pm One on One
11 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour	12 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Michael Majocha 2:30pm Snacks Social & Documentary	13 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Fishing 3:00pm Movie Hour: Ernest's Pick	14 9:30am Chair Exercise 10:00am Balloon Badminton 2:00pm Helping Hands 3:00pm Hot Cocoa & Reading Hour	15 9:30am Chair Exercise 10:00am Baking: Banana Muffins 1:30pm Bingo 3:00pm Group Boardgames	16 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss 1:30pm Music: Live Entertainment "The King Mixers" 3:00pm Brain Games	17 9:30am Chair Exercise 10:00am Ring Toss 10:30am Nails & Massage 1:30pm Brain Games: Trivia 3:00pm One on One
18 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour	19 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Bart Hoen 2:30pm Snacks Social & Documentary	20 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Golfing 3:00pm Movie Hour: Pam's Pick	21 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 2:00pm Helping Hands 3:00pm Hot Cocoa & Reading Hour	22 9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Group Boardgames	23 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss 1:00pm Pub Afternoon 1:30pm Live Music with "It's Them Again" 3:00pm Brain Games Happy Birthday Ernest!	24 9:30am Chair Exercise 10:00am Ring Toss 10:30am Nails & Massage 1:30pm Jeopardy 3:00pm One on One
25 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour	26 9:00am Storytime & Conversation 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Eugene 2:30pm Snacks Social & Documentary	27 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Winter Crafts 3:00pm Movie Hour: Mildred's Pick	28 9:30am Chair Exercise 10:00am Balloon Badminton 2:00pm Helping Hands 3:00pm Hot Cocoa & Reading Hour	29 9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Group Boardgames Happy Birthday Pam!	30 9:00am Storytime & Conversation 9:30am Chair Exercise 10:00am Bean Bag Toss 1:30pm Happy Hour Live Music 2:00pm Winter Cocoa Stop 3:00pm Brain Games	31 9:30am Chair Exercise 10:00am Ring Toss 10:30am Nails & Massage 1:30pm Brain Games: Trivia 3:00pm One on One

