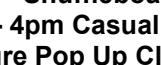
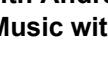
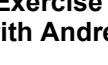


The Peninsula January Activity Calendar 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		The Peninsula Self-Serve Fireside Coffee Bar Open Daily from 11am - 3pm Cookies Available at 1pm		1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm - Scrabble	10am-Senior Sing-Along 11am- Active Minds 1:30pm - Exercise Class with Deron 2:30pm - Dominoes Resident Led	1:30pm - Movie Matinee 3 Netflix Title: Man on the Inside S2 – 1 & 2 	
10:30am - Worship Service  1:30pm – DVD Concert Series Andre' Rieu Live in Australia	4  11am – Shuffleboard GAME ON! 1:30pm - Tai Chi	5  11am – Shuffleboard 1:30pm - Tai Chi	6  10am - Exercise Class with Andrea	7  10am - Chair Yoga 2pm- Entertainment by Jesse Brown on Piano	8  10:30am – J.O.Y Group Outing to: Riva 1:30pm - Chair Zumba 2pm - Knit & Chat 2:30pm – Coffee Chat at Norgarden 3:30pm – Scrabble 5pm – Pub Night Theme Dinner	9  10am-Senior Sing-Along 11am- Active Minds 1:30pm - Exercise Class with Deron 2:30pm – Dominoes Resident Led	10  1:30pm - Movie Matinee Netflix Title: Man on the Inside S2 – 3 & 4
10:30am - Worship Service  1:30pm – Concert Series Andre Rieu The Homecoming Part #1	11  11am – Shuffleboard 1:30pm - Tai Chi	12  11am – Shuffleboard 1:30pm - Tai Chi	13  10am - Exercise Class with Andrea 14  10am - Chair Yoga 1:30pm – Bingo	15  10am- Grocery Shuttle Return Pickup at 11:30am 1:30pm - Chair Zumba 2pm - Knit & Chat 2:30pm – Bob Williamson on Piano 3:30pm – Scrabble	16  10am-Senior Sing-Along 11am- Active Minds 1:30pm - Exercise Class with Deron 1:30pm - P.A.T.S Visit with Stella & Karen 2:30pm – Dominoes Resident Led	17  1:30pm - Movie Matinee Netflix Title: Man on the Inside S2 – 5 & 6	
10:30am - Worship Service  1:30pm – Concert Series Andre Rieu The Homecoming Part #2	18  10am - Tai Chi 11am – Shuffleboard 1pm – 4pm Casual Chic Couture Pop Up Clothing 1:30pm – Guest Speaker Dean Mills – Domesticated Animals Past & Present	19  10am - Exercise Class with Andrea 2pm – Music with Maudie	20  10am - Chair Yoga 1:30pm – Bingo	21  1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm – Scrabble	22  1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm – Scrabble	23  10am- Exercise with Deron 11am- Active Minds 1:30pm – Robbie Burns Celebration - Bagpipes 2:30pm – Dominoes 5pm - Robbie Burns Theme Dinner	24  1:30pm - Movie Matinee Netflix Title: Man on the Inside S2 – 7 & 8
10:30am - Worship Service  1:30pm – Concert Series The Canadian Tenors Live at the Royal Conservatory of Music in Toronto	25  11am – Shuffleboard 1:30pm - Tai Chi	26  2pm – Craft Class Birdhouse Cork Charms Please sign up at the front desk to book your spot!	27  10am - Exercise Class with Andrea 28  10am - Chair Yoga 1:30pm – Bingo	29  10am- Grocery Shuttle Return Pickup at 11:30am 10am - Chair Zumba 1:30pm – PhysioCare at Home Presentation on Walking 2pm - Knit & Chat 3:30pm – Scrabble	30  10am-Senior Sing-Along 10:30am - Men's Group Outing to: Riva 11am- Active Minds 1:30pm - Exercise Class with Deron 2:30pm – Dominoes	31  1:30pm - Movie Matinee Netflix Title: Agatha Christie's Seven Dials	