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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 Teatime 2pm Daily 			11am – Exercise Class ¹	10am- 12pm Knit and Chat 1pm-  	1pm – 2pm Table Games - Resident Led ³ 2pm – Entertainment by Jesse Brown 
10am - Worship Service ⁴ 	10am - Exercise Class ⁵  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling ⁶  2:15pm – Social Cribbage	11am- Chair Yoga ⁷  1pm – Bingo	10:30am – J.O.Y Group Outing to: Riva ⁸ 11am – Exercise Class 1:30pm – Crafts  2:30pm- Coffee Chat 5:15pm-Pub Night Theme Dinner	10am- 12pm Knit and Chat ⁹ 1pm-  	1pm – 2pm Table Games - Resident Led ¹⁰ 
10am - Worship Service ¹¹ 	10am - Exercise Class ¹²  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling ¹³  2:15pm – Social Cribbage	2pm- Norgarden Resident Birthday Tea Entertainment by Vic G ¹⁴  	10am- Grocery Shuttle Return Pickup at 11:30am ¹⁵  11am – Exercise Class 1:30pm – Crafts	10am- 12pm Knit and Chat ¹⁶ 1pm-  2pm- P.A.T.S Visit 	1pm – 2pm Table Games - Resident Led ¹⁷ 
10am - Worship Service ¹⁸ 	10am - Exercise Class ¹⁹  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	10am- Domesticated Animals Past and Present by Dean Mills ²⁰ 1pm - Carpet Bowling 2:15pm – Social Cribbage 3:30pm - One Hour Scenic Bus Ride 	11am- Chair Yoga ²¹ 1pm – Bingo 	11am – Exercise Class ²² 1:30pm – Crafts 	10am- 12pm Knit and Chat ²³ 1pm-  2:30pm- Burns Celebration 5:15pm- Robbie Burns Dinner 	1pm – 2pm Table Games - Resident Led ²⁴ 
10am - Worship Service ²⁵ 	10am - Exercise Class ²⁶ 11:15am – Show & Share 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald 1pm- 4pm Emily Looker Pop Up Clothing	10am – Shopping at Hillside Mall ²⁷  1pm - Carpet Bowling 2:15pm – Social Cribbage	11am- Chair Yoga ²⁸  1pm – Bingo	10am- Grocery Shuttle Return Pickup at 11:30am ²⁹  11am – Exercise Class 1:30pm – Crafts 2:30pm – PhysioCare at Home – Presentation on Walking	10am- 12pm Knit and Chat ³⁰ 10:30am - Men's Group Outing to: Riva 1pm-  	1pm - 2pm Table Games - Resident Led ³¹ 