## December 2025



			VAC 1			ST. CHARLES MA	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15am 10:30an 1:30pm 3:00pm	Visits Seated Yoga With Anna Nail Care & Hand Massages Arts and Crafts	Visits 9:15am Seated Yoga With Anna 10:30am Active Games	8:30am 1-1 Companionship Visits 9:00am Active Games 10:30am Sensory Hour 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Beauty Hour 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 3:30pm Word Games 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits
9:15am 10:30an 1:30pm 3:00pm	Visits Seated Yoga With Anna Nail Care & Hand Massages Arts and Crafts	Visits 9:15am Seated Yoga With Anna 10:30am Active Games 1:30pm Bingo	8:30am 1-1 Companionship Visits 9:30am Active Games 10:30am Sensory Hour 1:30pm Bingo 2:30pm Zumba 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Beauty Hour 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Gingerbread House 3:00pm 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits
9:15am 10:30an 1:30pm 3:00pm	Visits Seated Yoga With Anna Nail Care & Hand Massages Christmas Carols	Visits 9:15am Seated Yoga With Anna 10:30am Active Games	8:30am 1-1 Companionship Visits 9:30am Active Games 10:30am Sensory Hour 1:30pm Bingo 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Reading Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Beauty Hour 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Live Music with Eugene 1-1 Companionship Visits 6:00pm Christmas light tour	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits
9:15am 10:30an 1:30pm 3:00pm	Visits Seated Yoga With Anna Nail Care & Hand Massages Arts and Crafts Movie Matinee 1-1 Companionship Visits	9:15am Seated Yoga With Anna 10:30am Active Games 1:30pm Gingerbread Cookies 3:00pm Trivia 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:30am Active Games 10:30am Sensory Hour 1:30pm Bingo 3:00pm Hot Chocolate Trolly 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Reading Group - Christmas Stories 10:30am Stockings 1:30pm Live Music with Ian 3:00pm Beauty Hour 3:30pm 1-1 Companionship Visits	26 8:30am 1-1 Companionship Visits 9:00am Board Game Cafe 10:30am Seated Yoga With Anna 1:30pm Reading Group 3:00pm Word Games 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton 2:00pm Mens Club 3:30pm 1-1 Companionship Visits	8:30am 1-1 Companionship Visits 9:15am Balloon Badminton 11:00am Board Games 1:30pm Bingo 3:30pm 1-1 Companionship Visits
9:15am 10:30an 1:30pm 3:00pm	Visits Seated Yoga With Anna Nail Care & Hand Massages Arts and Crafts	Visits 9:15am Seated Yoga With Anna 10:30am Active Games	8:30am 1-1 Companionship Visits 9:00am Active Games 10:30am Sensory Hour 1:30pm Bingo 3:30pm 1-1 Companionship Visits				