



<div><b>Location Key</b></div> <div>MR - Multipurpose Room    TH - Theatre DR - Dining Room    TS - Tuck Shop FL - Fireside Lounge    VL - Village Lobby P - Back Patio    LL - Lodge Lobby VP - Village Pub    VC - Village Courtyard CF - Cafe    L - Library</div>		<div><b>Sign-Up Sheets</b></div> <div>A star beside an activity or outing on this calendar indicate: <u>sign-up is required</u>. The Activities binder is located by Village elevator in the main building.</div>		<div><b>The Village Pub Happy Hour</b></div> <div>Open every Wednesdays &amp; Fridays 3:30pm-5:30pm Sundays 2:00pm - 4:00pm</div> <div></div>		<div><b>Wednesday 1</b></div> <div>9:30 Java Group (L) 9:30 Chair Yoga (Bailey) (MR) 10:00 Music Appreciation (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) <b>Seniors Day Special Pub Happy Hour</b> <b>3:30pm - 5:30pm (VP)</b> <b>with Complimentary Hors D'oeuvres</b> 6:00 Board Games (MR) <b>National Seniors Day</b></div>		<div><b>Thursday 2</b></div> <div>9:30 Chair Exercises (Bailey) (MR) 10:00 Balloon Volleyball (MR) 1:00 Rummikub (L) 1:00 Pet Therapy with Miller (MR) <b>Resident Calendar Planning Meeting</b> <b>2:00pm in the Multi-Purpose Room</b> <b>Victoria Hospitals Foundation Visit</b> <b>3:00pm in the Multi-Purpose Room</b> 6:00 Board Games (MR) <b>Monthly Fire Alarm Testing</b></div>		<div><b>Friday 3</b></div> <div>9:30 Stand &amp; Fit - Josh (MR) 10:00 Hangman (MR) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 2:45 Exercise with Esther (MR) 6:00 Board Games (MR) 6:30 Movie Night: (TH) <b>"The Long Game"</b> <b>Write a message on the board</b> <b>World Smile Day</b></div>		<div><b>Saturday 4</b></div> <div>10:00 Exercise with Esther (MR) <b>Nail Technician Bushra 10:00am - 3:00pm</b> 2:00 Movie Matinee: (TH) <b>"The Long Game"</b> <b>2:00 Line Dancing with Donna</b> (MR) 6:00 Board Games (MR)</div>	
<div><b>Sunday 5</b></div> <div>10:00 Mobility Exercises (Livia) (MR) 2:00 Movie Matinee: (TH) <b>"The Long Game"</b> 2:00 Music with Mervin (MR) <b>2:00pm - 4:00pm Pub Happy Hour</b> 6:00 Board Games (MR)</div>		<div><b>Monday 6</b></div> <div>9:30 Ball &amp; Band Exercises (Livia) (MR) 10:00 Weekly Chronicals (MR) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) 2:30 Galloping Goose Walk (VL) 6:00 Board Games (MR)  <b>Active Aging Week Challenge Launch Day</b> <b>Active Aging Week</b></div>		<div><b>Tuesday 7</b></div> <div>9:30 Chair Exercises (Bailey) (MR) 10:00 Hangman (MR) <b>Oktoberfest</b> 2:00pm in the Dining Room Entertainment by Joyz &amp; The Boyz <b>Oktoberfest Happy Hour</b> 3:30pm - 5:30pm (VP) German Dinner Regular Seatings 6:00 Board Games (MR)</div>		<div><b>Wednesday 8</b></div> <div>9:30 Java Group (L) 9:30 Chair Weights (Bailey) (MR) 10:00 Music Appreciation (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) 2:30 Darts with Jojan (VP) <b>3:30pm-5:30pm Pub Happy Hour</b> 6:00 Board Games (MR)</div>		<div><b>Thursday 9</b></div> <div>9:30 Chair Exercises (Bailey) (MR) 10:00 Balloon Volleyball (MR) 1:00 Rummikub (L) 1:00 Pet Therapy with Miller (MR) <b>Goldstream Park Outing</b> 1:30pm - 3:30pm 6:00 Board Games (MR)</div>		<div><b>Friday 10</b></div> <div>9:30am-11:30am <b>Walmart/Westshore Mall</b> 10:00 Stand &amp; Fit - Josh (MR) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 2:45 Exercise with Esther (MR) <b>3:30pm-5:30pm Pub Happy Hour</b> 6:00 Board Games (MR) 6:30 Movie Night: (TH) <b>"The Lost Husband"</b></div>		<div><b>Saturday 11</b></div> <div>10:00 Exercise with Esther (MR) <b>Nail Technician Bushra 10:00am - 3:00pm</b> 2:00 Movie Matinee: (TH) <b>"The Lost Husband"</b> 2:00 Sing-a-Long Group 6:00 Board Games (MR)</div>	
<div><b>Sunday 12</b></div> <div>10:00 Chair Pilates - Lauren (Video) (MR) 1:30 Open Painting (MR) 2:00 Movie Matinee: (TH) <b>"The Lost Husband"</b> <b>2:00pm - 4:00pm Pub Happy Hour</b> 6:00 Board Games (MR) <b>Active Aging Week Challenge End</b></div>		<div><b>Monday 13</b></div> <div>9:30 Chair Zumba (Livia) (MR) 10:00 Weekly Chronicals (MR) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) <b>Music with Casey Ryder</b> 2:30pm in the Fireside Lounge <b>Traditional Thanksgiving Dinner</b> Regular Seatings 6:00 Board Games (MR)  <b>Thanksgiving</b></div>		<div><b>Tuesday 14</b></div> <div>9:30 SAIL (Livia) (MR) 10:00 Word Jumble (MR) 2:00 Blood Pressure Clinic 2:00 Documentary: (TH) <b>"Our Oceans - Indian Ocean"</b> 3:00 Jeopardy! (MR) 6:00 Board Games (MR)</div>		<div><b>Wednesday 15</b></div> <div>9:30 Java Group (L) 9:30 Chair Yoga (Bailey) (MR) 10:00 Music Appreciation (MR) <b>Vaccination Clinic Sign Up</b> 10:30am-12:30pm in the Fireside Lounge 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) <b>Burger and Brew</b> 4:00pm - 6:00pm in the Village Pub 6:00 Board Games (MR)</div>		<div><b>Thursday 16</b></div> <div>9:30 Chair Exercises (Bailey) (MR) <b>10:00am Earthquake Drill (FL)</b> <b>with the City of Colwood</b> 1:00 Rummikub (L) 1:00 Pet Therapy with Miller (MR) <b>Breast Cancer Awareness Seminar</b> <b>with the BC Cancer Foundation</b> 2:00pm in the Multi-Purpose Room 6:00 Board Games (MR)  <b>Shake Out BC - Earthquake Drill</b></div>		<div><b>Friday 17</b></div> <div>9:30 Stand &amp; Fit - Josh (MR) 10:00 Hangman (MR) 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 2:45 Exercise with Esther (MR) <b>3:30pm-5:30pm Pub Happy Hour</b> 3:30 Karaoke with Cheryl (MR) 6:00 Board Games (MR) 6:30 Movie Night: (TH) <b>"The Mummy"</b></div>		<div><b>Saturday 18</b></div> <div>10:00 Exercise with Esther (MR) <b>Nail Technician Bushra 10:00am - 3:00pm</b> 2:00 Movie Matinee: (TH) <b>"The Mummy"</b> 2:00 Line Dancing with Donna (MR) 6:00 Board Games (MR)</div>	
<div><b>Sunday 19</b></div> <div>10:00 Mobility Exercises (Livia) (MR) 2:00 Movie Matinee: (TH) <b>"The Mummy"</b> 1:30pm - 4:00pm <b>Galey Farms - Pumpkinfest Outing</b> <b>2:00pm - 4:00pm Pub Happy Hour</b> 6:00 Board Games (MR)</div>		<div><b>Monday 20</b></div> <div>9:30 Ball &amp; Band Exercises (Livia) (MR) 10:00 Weekly Chronicals (MR) 1:00 Tuck Shop Open (TS) 1:00 Jacko - CANCELLED <b>Diwali Celebration with Shweta</b> 2:00pm in the Dining Room <b>Special Diwali Dinner</b> Regular Seatings 6:00 Board Games (MR)</div>		<div><b>Tuesday 21</b></div> <div>9:30 SAIL (Livia) Cancelled (MR) <b>Vaccination Clinic</b> 9:30am -12:00pm <b>In the Multi-Purpose Room</b> 2:00 Documentary: (TH) <b>"Our Oceans - Atlantic Ocean"</b> 2:00 Crossword (MR) 6:00 Board Games (MR)</div>		<div><b>Wednesday 22</b></div> <div>9:30 Java Group (L) 9:30 Chair Weights (Bailey) (MR) 10:00 Music Appreciation (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) <b>Fall Craft</b> 3:00pm in the Multi-Puprose Rom <b>3:30pm-5:30pm Pub Happy Hour</b> 6:00 Board Games (MR)</div>		<div><b>Thursday 23</b></div> <div>9:30am-11:30am <b>Walmart/Westshore Mall</b> 10:00 Stand &amp; Fit - Josh (MR) 1:00 Rummikub (L) 1:00 Pet Therapy with Miller (MR) <b>October Birthday Tea</b> 2:00pm-3:00pm <b>Canus Trio Performing</b> 6:00 Board Games (MR)</div>		<div><b>Friday 24</b></div> <div>9:30 Stand &amp; Fit - Josh (MR) <b>4 Mile Pub Lunch Outing</b> 10:45am - 12:45pm 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 2:45 Exercise with Esther (MR) <b>3:30pm-5:30pm Pub Happy Hour</b> 6:00 Board Games (MR) 6:30 Movie Night: (TH) <b>"The Map That Leads To You"</b></div>		<div><b>Saturday 25</b></div> <div>10:00 Exercise with Esther (MR) <b>Nail Technician Bushra 10:00am - 3:00pm</b> 2:00 Movie Matinee: (TH) <b>"The Map That Leads To You"</b> <b>Victoria Youth Music Outreach</b> 1:30pm in the Multi-Purpose Room 6:00 Board Games (MR)</div>	
<div><b>Sunday 26</b></div> <div>10:00 Mobility Exercises (Livia) (MR) <b>Silver City Movie Matinee Outing</b> 1:30pm - 3:30pm 2:00 Movie Matinee: (TH) <b>"The Map That Leads To You"</b> <b>2:00pm - 4:00pm Pub Happy Hour</b> <b>Hearing Aid Clinic with Ajit</b> 2:00pm in the Multi-Purpose Room</div>		<div><b>Monday 27</b></div> <div>9:30 Chair Zumba (Livia) (MR) 10:00 Weekly Chronicals (MR) 1:00 Tuck Shop Open (TS) 1:00 Jacko (MR) <b>Music with Chef Tim</b> 2:30pm in the Fireside Lounge 6:00 Board Games (MR)</div>		<div><b>Tuesday 28</b></div> <div>9:30 SAIL (Livia) (MR) 10:00 Word Jumble (MR) 2:00 Resident Meeting (DR) 3:00 Documentary: (TH) <b>"Our Oceans - Artic Ocean"</b> 6:00 Board Games (MR)</div>		<div><b>Wednesday 29</b></div> <div>9:30 Java Group (L) 9:30 Chair Yoga (Bailey) (MR) 10:00 Music Appreciation (MR) 1:00 Tuck Shop Open (TS) 1:00 Bingo (MR) <b>Spooky Happy Hour</b> 3:30pm - 5:30pm (VP) 6:00 Board Games (MR)</div>		<div><b>Thursday 30</b></div> <div>9:30 Stand &amp; Fit - Josh (MR) 1:00 Rummikub (L) 1:00 Pet Therapy with Miller (MR) <b>Pumpkin Carving</b> 2:00pm in the Multi-Purpose Room 6:00 Board Games (MR)</div>		<div><b>Friday 31</b></div> <div>10:00 Exercise with Esther (MR) <b>Vic Kids Trick or Treating</b> 10:30am in the fireside Lounge 1:00 Tuck Shop Open (TS) 1:00 Knitting Crew (MR) 1:30pm - 3:00pm <b>"Haunted Halloween Village"</b> <b>3:30pm-5:30pm Pub Happy Hour</b> <b>"The Addams Family" 6:30pm - 8:00pm (TH)</b> <b>Halloween</b></div>		<div></div>	