



## October 2025

Wednesday

9:30 Java Group

6:00 Board Games

9:30 Chair Yoga (Bailey)





# 188

#### **Location Key**

MR - Multipurpose Room TH - Theatre DR - Dining Room TS - Tuck Shop FL - Fireside Lounge

VL - Village Lobby P - Back Patio LL - Lodge Lobby VP - Village Pub VC - Village Courtyard

L - Library

CF - Cafe

### Sign-Up Sheets

A star beside an activity or outing on this calendar indicate: sign-up is required. The Activities binder is located by Village elevator in

the main building.

(MR)

(MR) 10:00 Hangman

#### **The Village Pub Happy Hour**

Open every Wednesdays & Fridays 3:30pm-5:30pm Sundays 2:00pm - 4:00pm

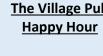
Tuesday

9:30 Chair Exercises (Bailey)



(MR)

(MR)



10:00 Music Appreciation 1:00 Tuck Shop Open 1:00 Bingo Seniors Day Special Pub Happy Hor 3:30pm - 5:30pm (VP) with Complimentary Hors D'oeuver

(L)	9:30	Chair Exercises (Bailey)	(MR)	
(MR)	10:00	Balloon Volleyball	(MR)	
(MR)	1:00	Rummikub	(L)	
(TS)	1:00	Pet Therapy with Miller	(MR)	
(MR)	Res	sident Calendar Planning Meeti	ng	
ur	2:00pm in the Multi-Purpose Room			
	Victoria Hospitals Foundation Visit			
res	3:	00pm in the Multi-Purpose Roo	m	
(MR)	6:00	Board Games	(MR)	
	FIRE			

Thursday

MR)	9:30 Stand & Fit - Josh	(MR)	<b>10:00</b> Exercise with Esther
MR)	<b>10:00</b> Hangman	(MR)	Nail Technician Bushra 10:0
(L)	1:00 Tuck Shop Open	(TS)	2:00 Movie Matinee:
MR)	1:00 Knitting Crew	(MR)	"The Long Gam
	2:45 Exercise with Esther	(MR)	2:00 Line Dancing with Do
	3:30pm-5:30pm Pub Happy Hour		6:00 Board Games
	6:00 Board Games	(MR)	
	6:30 Movie Night:	(TH)	
MR)	"The Long Game"		

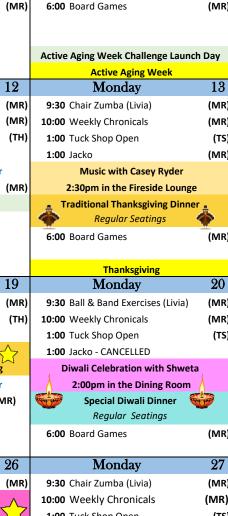
Friday

S)	2:00 Movie Matinee:	(TH)
₹)	"The Long Game"	
₹)	2:00 Line Dancing with Donna	(MR)
	6:00 Board Games	(MR)
₹)		

Nail Technician Bushra 10:00am - 3:00pm

(MR)

		Library	
	C day	<u> </u>	Mondou
	Sunday	5	Monday
10:00	Mobility Exercises (Livia	, ,	, ,
2:00	Movie Matinee:	(TH)	10:00 Weekly Chronicals
	"The Long Game	a" Å	1:00 Tuck Shop Open
2:00	Music with Mervin	<sup>())</sup> (MR)	<b>1:00</b> Jacko
	2:00pm - 4:00pm Pub Ha	ppy Hour	2:30 Galloping Goose Walk
6:00	Board Games	(MR)	6:00 Board Games
			Active Aging Week Challenge Laund
			Active Aging Week
	Sunday	12	Monday
10:00	Chair Pilates - Lauren (V	ideo) (MR)	
	,	(iiii)	9:30 Chair Zumba (Livia)
1:30	Open Painting	(MR)	, ,
	Open Painting Movie Matinee:	, , ,	10:00 Weekly Chronicals
	. 0	(MR) (TH)	10:00 Weekly Chronicals
2:00	Movie Matinee:	(MR) (TH)	10:00 Weekly Chronicals 1:00 Tuck Shop Open
2:00	Movie Matinee: "The Lost Husban	(MR) (TH)	10:00 Weekly Chronicals 1:00 Tuck Shop Open 1:00 Jacko  Music with Casey Ryder
2:00 6:00	Movie Matinee:  "The Lost Husban 2:00pm - 4:00pm Pub Ha	(MR) (TH) appy Hour (MR)	10:00 Weekly Chronicals 1:00 Tuck Shop Open 1:00 Jacko  Music with Casey Ryder
2:00 6:00	Movie Matinee:  "The Lost Husban 2:00pm - 4:00pm Pub Ha Board Games	(MR) (TH) appy Hour (MR)	10:00 Weekly Chronicals 1:00 Tuck Shop Open 1:00 Jacko  Music with Casey Ryder 2:30pm in the Fireside Loung
2:00 6:00	Movie Matinee:  "The Lost Husban 2:00pm - 4:00pm Pub Ha Board Games	(MR) (TH) appy Hour (MR)	10:00 Weekly Chronicals 1:00 Tuck Shop Open 1:00 Jacko  Music with Casey Ryder 2:30pm in the Fireside Loung



(TS)		Oktoberfest		
			(A)	10:00 Music Appreciation
(MR)	2:0	Opm in the Dining Ro	om 😽	1:00 Tuck Shop Open
(VL)	Enterta	ainment by Joyz & Tl	ne Boyz	<b>1:00</b> Bingo
(MR)	Ol	ctoberfest Happy Ho	ur	2:30 Darts with Jojan
		3:30pm - 5:30pm (VP	)	3:30pm-5:30pm Pub
		<b>German Dinner</b>		6:00 Board Games
Day		Regular Seatings		
	<b>6:00</b> Boa	rd Games	(MR)	
13		Tuesday	14	Wednesday
(MR)	9:30 SAIL	. (Livia)	(MR)	9:30 Java Group
(MR)	<b>10:00</b> Wor	d Jumble	(MR)	9:30 Chair Yoga (Bailey)
(TS)	2:00 Bloc	od Pressure Clinic	(MR)	10:00 Music Appreciation
(MR)	<b>2:00</b> Doc	umentary:	(TH)	Vaccination Clinic
	"Ou	r Oceans - Indian Oc	ean"	10:30am-12:30pm in the
	3:00 Jeop	oardy!	(MR)	1:00 Tuck Shop Open
盡	<b>6:00</b> Boa	rd Games	(MR)	<b>1:00</b> Bingo
				Burger and Br
(MR)				4:00pm - 6:00pm in the
(,				
(,				6:00 Board Games
. ,				
20		Tuesday	21	6:00 Board Games  Wednesday
. ,	<b>9:30</b> SAIL	Tuesday	21 (MR)	
20	9:30 SAIL	•		Wednesday
20 (MR)	<b>9:30</b> SAIL	(Livia) Cancelled		Wednesday 9:30 Java Group
20 (MR) (MR)		(Livia) Cancelled  Vaccination Clinic	(MR)	Wednesday 9:30 Java Group 9:30 Chair Weights (Bailey
20 (MR) (MR)	In t	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm	(MR)	Wednesday  9:30 Java Group  9:30 Chair Weights (Bailey  10:00 Music Appreciation
20 (MR) (MR)	In t 2:00 Doc	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm he Multi-Purpose Ro	(MR) oom (TH) :ean"	Wednesday 9:30 Java Group 9:30 Chair Weights (Bailey 10:00 Music Appreciation 1:00 Tuck Shop Open
20 (MR) (MR)	In t 2:00 Doc	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm he Multi-Purpose Ro umentary: Oceans - Atlantic Oc	(MR) oom (TH)	Wednesday 9:30 Java Group 9:30 Chair Weights (Bailey 10:00 Music Appreciation 1:00 Tuck Shop Open 1:00 Bingo
20 (MR) (MR)	In t 2:00 Doc "Our	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm the Multi-Purpose Roumentary: Oceans - Atlantic Oceans	(MR) oom (TH) :ean"	Wednesday 9:30 Java Group 9:30 Chair Weights (Bailey 10:00 Music Appreciation 1:00 Tuck Shop Open 1:00 Bingo Fall Craft
20 (MR) (MR)	In t 2:00 Doc "Our 2:00 Cros	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm the Multi-Purpose Roumentary: Oceans - Atlantic Oceans	(MR) oom (TH) ean" (MR)	9:30 Java Group 9:30 Chair Weights (Bailey 10:00 Music Appreciation 1:00 Tuck Shop Open 1:00 Bingo Fall Craft 3:00pm in the Multi-P
20 (MR) (MR) (TS)	In t 2:00 Doc "Our 2:00 Cros	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm he Multi-Purpose Roumentary: Oceans - Atlantic Oc	oom (TH) ean" (MR)	Wednesday 9:30 Java Group 9:30 Chair Weights (Bailey 10:00 Music Appreciation 1:00 Tuck Shop Open 1:00 Bingo Fall Craft 3:00pm in the Multi-P 3:30pm-5:30pm Pub I 6:00 Board Games
20 (MR) (MR) (TS)	In t 2:00 Doc "Our 2:00 Cros	(Livia) Cancelled Vaccination Clinic 9:30am -12:00pm the Multi-Purpose Roumentary: Oceans - Atlantic Oceans	(MR) oom (TH) ean" (MR)	Wednesday 9:30 Java Group 9:30 Chair Weights (Bailey 10:00 Music Appreciation 1:00 Tuck Shop Open 1:00 Bingo Fall Craft 3:00pm in the Multi-P 3:30pm-5:30pm Pub

Giod Board Cames	(,	
National Seniors Day		
Wednesday	8	
9:30 Java Group	(L)	
9:30 Chair Weights (Bailey)	(MR)	
10:00 Music Appreciation	(MR)	
1:00 Tuck Shop Open	(TS)	
<b>1:00</b> Bingo	(MR)	
2:30 Darts with Jojan	(VP)	
3:30pm-5:30pm Pub Happy Hour		
<b>6:00</b> Board Games	(MR)	
Wednesday	15	
9:30 Java Group	(L)	

**Vaccination Clinic Sign Up** 10:30am-12:30pm in the Fireside Lounge

**Burger and Brew** 4:00pm - 6:00pm in the Village Pub

3:00pm in the Multi-Puprose Rom

9:30 Chair Weights (Bailey)

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	PLARM	Monthly Fire Alarm Testing	g	
8		Thursday	9	
(L)	9:30	Chair Exercises (Bailey)	(MR)	
MR)	10:00	Balloon Volleyball	(MR)	
MR)	1:00	Rummikub	(L)	1
(TS)	1:00	Pet Therapy with Miller	(MR)	
VIR)		Goldstream Park Outing		
VP)		1:30pm - 3:30pm		
	6:00	Board Games	(MR)	
MR)				

write a message on the board			
World Smile Day			
Friday	10	Saturday	11
9:30am-11:30am	$\leftarrow$	10:00 Exercise with Esther	(MR)
Walmart/Westshore Mall	$\sim$	Nail Technician Bushra 10:00am - 3	:00pm
<b>0:00</b> Stand & Fit - Josh	(MR)	2:00 Movie Matinee:	(TH)
L:00 Tuck Shop Open	(TS)	"The Lost Husband"	
1:00 Knitting Crew	(MR)	2:00 Sing-a-Long Group	(MR)
2:45 Exercise with Esther	(MR)	<b>6:00</b> Board Games	(MR)
3:30pm-5:30pm Pub Happy Hou	ır		
6:00 Board Games	(MR)		

(IVIK)	1.00 Kullillikub	(L)	10:00 Stand & Fit - Josh	(IVIK)	2.00 Movie Matiliee.	(11)
(TS)	1:00 Pet Therapy with Miller	(MR)	1:00 Tuck Shop Open	(TS)	"The Lost Husband"	
(MR)	Goldstream Park Outing		1:00 Knitting Crew	(MR)	2:00 Sing-a-Long Group	(MR)
(VP)	1:30pm - 3:30pm	$\square$	2:45 Exercise with Esther	(MR)	6:00 Board Games	(MR)
r	<b>6:00</b> Board Games	(MR)	3:30pm-5:30pm Pub Happy Ho	our		
(MR)			6:00 Board Games	(MR)		
			6:30 Movie Night:	(TH)		
			"The Lost Husband"			
15	Thursday	16	Friday	17	Saturday	18
(L)	9:30 Chair Exercises (Bailey)	(MR)	9:30 Stand & Fit - Josh	(MR)	10:00 Exercise with Esther	(MR)
(MR)	10:00am Earthquake Drill (F	L)	<b>10:00</b> Hangman	(MR)	Nail Technician Bushra 10:00am	- 3:00pm
(MR)	with the City of Colwood		1:00 Tuck Shop Open	(TS)	2:00 Movie Matinee:	(TH)
	1:00 Rummikub	(L)	1:00 Knitting Crew	(MR)	"The Mummy"	
unge	1:00 Pet Therapy with Miller	(MR)	2:45 Exercise with Esther	(MR)	2:00 Line Dancing with Donna	(MR)
(TS)	Breast Cancer Awareness Semi	nar	3:30pm-5:30pm Pub Happy Ho	our	6:00 Board Games	(MR)
(MR)	with the BC Cancer Foundation	on	3:30 Karaoke with Cheryl	(MR)		
	2:00pm in the Multi-Purpose Ro	oom	6:00 Board Games	(MR)		
<b>V</b>	Zioopiii iii tiic iviaiti i ai pose itt			(,		
b 🌡	<b>6:00</b> Board Games	(MR)	<b>6:30</b> Movie Night:	(TH)		
b 🌡 (MR)	•			. ,		
Sec. 1	•	(MR)	6:30 Movie Night: "The Mummy"	(тн)		
Sec. 1	<b>6:00</b> Board Games	(MR)	<b>6:30</b> Movie Night:	. ,	Saturday	25
(MR)	6:00 Board Games  Shake Out BC - Earthquake D	(MR)	6:30 Movie Night: "The Mummy"	(тн)	Saturday 10:00 Exercise with Esther	25 (MR)
(MR)	6:00 Board Games  Shake Out BC - Earthquake D  Thursday	(MR)	6:30 Movie Night: "The Mummy" Friday	(тн)	•	(MR)
(MR)	6:00 Board Games  Shake Out BC - Earthquake D  Thursday 9:30am-11:30am	(MR)	6:30 Movie Night:  "The Mummy"  Friday  9:30 Stand & Fit - Josh	(тн)	10:00 Exercise with Esther	(MR)
(MR)	6:00 Board Games  Shake Out BC - Earthquake D  Thursday 9:30am-11:30am Walmart/Westshore Mall	(MR)	6:30 Movie Night:  "The Mummy"  Friday  9:30 Stand & Fit - Josh  4 Mile Pub Lunch Outing	(тн)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am	(MR) - 3:00pm (TH)
(MR)  22 (L) (MR)	6:00 Board Games  Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh	(MR)  rill  23  (MR)	6:30 Movie Night: "The Mummy"  Friday  9:30 Stand & Fit - Josh 4 Mile Pub Lunch Outing 10:45am - 12:45pm	(TH)  24  (MR)	10:00 Exercise with Esther Nail Technician Bushra 10:00am 2:00 Movie Matinee:	(MR) - 3:00pm (TH) ou"
(MR)  22 (L) (MR) (TS)	6:00 Board Games  Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh 1:00 Rummikub	rill 23  (MR)  (MR)	6:30 Movie Night: "The Mummy"  Friday  9:30 Stand & Fit - Josh  4 Mile Pub Lunch Outing 10:45am - 12:45pm  1:00 Tuck Shop Open	(TH)  24  (MR)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am  2:00 Movie Matinee:  "The Map That Leads To Yo	(MR) - 3:00pm (TH) ou" ach
(MR)  22 (L) (MR) (TS)	Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh 1:00 Rummikub 1:00 Pet Therapy with Miller	rill 23  (MR)  (MR)	6:30 Movie Night: "The Mummy"  Friday 9:30 Stand & Fit - Josh 4 Mile Pub Lunch Outing 10:45am - 12:45pm 1:00 Tuck Shop Open 1:00 Knitting Crew	(TH)  24 (MR)  (TS) (MR) (MR)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am 2:00 Movie Matinee:  "The Map That Leads To You Victoria Youth Music Outre	(MR) - 3:00pm (TH) ou" ach
(MR)  22 (L) (MR) (TS)	Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh 1:00 Rummikub 1:00 Pet Therapy with Miller October Birthday Tea	rill 23  (MR)  (MR)	6:30 Movie Night: "The Mummy"  Friday  9:30 Stand & Fit - Josh  4 Mile Pub Lunch Outing 10:45am - 12:45pm  1:00 Tuck Shop Open 1:00 Knitting Crew 2:45 Exercise with Esther	(TH)  24 (MR)  (TS) (MR) (MR)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am 2:00 Movie Matinee:  "The Map That Leads To You Victoria Youth Music Outre 1:30pm in the Multi-Purpose	(MR) - 3:00pm (TH) ou" ach Room
(MR)  22 (L) (MR) (TS)	Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh 1:00 Rummikub 1:00 Pet Therapy with Miller October Birthday Tea 2:00pm-3:00pm	rill 23  (MR)  (MR)	6:30 Movie Night: "The Mummy"  Friday  9:30 Stand & Fit - Josh  4 Mile Pub Lunch Outing 10:45am - 12:45pm  1:00 Tuck Shop Open 1:00 Knitting Crew 2:45 Exercise with Esther 3:30pm-5:30pm Pub Happy Ho	(TH)  24 (MR)  (TS) (MR) (MR)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am 2:00 Movie Matinee:  "The Map That Leads To You Victoria Youth Music Outre 1:30pm in the Multi-Purpose	(MR) - 3:00pm (TH) ou" ach Room
(MR)  22 (L) (MR)  (TS) (MR)	Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh 1:00 Rummikub 1:00 Pet Therapy with Miller October Birthday Tea 2:00pm-3:00pm Canus Trio Performing 6:00 Board Games	(MR)  23  (MR) (L)  (MR) (MR)	Friday  9:30 Stand & Fit - Josh  4 Mile Pub Lunch Outing 10:45am - 12:45pm  1:00 Tuck Shop Open 1:00 Knitting Crew 2:45 Exercise with Esther 3:30pm-5:30pm Pub Happy Ho	(TH)  24 (MR) (TS) (MR) (MR) (MR) (TH)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am 2:00 Movie Matinee:  "The Map That Leads To You Victoria Youth Music Outre 1:30pm in the Multi-Purpose	(MR) - 3:00pm (TH) ou" ach Room
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(MR)  22 (L) (MR)  (TS) (MR)	Shake Out BC - Earthquake D Thursday 9:30am-11:30am Walmart/Westshore Mall 10:00 Stand & Fit - Josh 1:00 Rummikub 1:00 Pet Therapy with Miller October Birthday Tea 2:00pm-3:00pm Canus Trio Performing 6:00 Board Games	(MR)  23  (MR) (L)  (MR) (MR)	Friday  9:30 Stand & Fit - Josh  4 Mile Pub Lunch Outing 10:45am - 12:45pm  1:00 Tuck Shop Open 1:00 Knitting Crew 2:45 Exercise with Esther 3:30pm-5:30pm Pub Happy Ho 6:00 Board Games 6:30 Movie Night: "The Map That Leads To You	(TH)  24 (MR) (TS) (MR) (MR) (MR) (TH)	10:00 Exercise with Esther  Nail Technician Bushra 10:00am 2:00 Movie Matinee:  "The Map That Leads To You Victoria Youth Music Outre 1:30pm in the Multi-Purpose	(MR) - 3:00pm (TH) ou" ach Room

Vic Kids Trick or Treating

10:30am in the fireside Lounge

1:30pm - 3:00pm

"Haunted Halloween Village'

3:30pm-5:30pm Pub Happy Hour "The Addams Family" 6:30pm - 8:00pm (Ti

(MR)

1:00 Tuck Shop Open

1:00 Knitting Crew

(MR)

(MR)



The state of the s		
10:00 Mobility Exercises (Livia)	(MR)	
Silver City Movie Matinee Outing		:
1:30pm - 3:30pm	W	
2:00 Movie Matinee:	(TH)	
IITha Barr That Landa Ta Varill		

"The Map That Leads To You' 2:00pm - 4:00pm Pub Happy Hour **Hearing Aid Clinic with Ajit** 2:00pm in the Multi-Purpose Room

Sunday

"The Mummy"

1:30pm - 4:00pm

Galey Farms - Pumpkinfest Outing

2:00pm - 4:00pm Pub Happy Hour

Sunday

10:00 Mobility Exercises (Livia)

2:00 Movie Matinee:

6:00 Board Games





3:30pm-5:30pm Pub Happy Hour		r	Canus Trio Performing	
<b>6:00</b> Board Games		(MR)	<b>6:00</b> Board Games	(1
	Wednesday	29	Thursday	S
9:30	Java Group	(L)	<b>9:30</b> Stand & Fit - Josh	(1
9:30 Chair Yoga (Bailey)		(MR)	1:00 Rummikub	
10:00 Music Appreciation		(MR)	1:00 Pet Therapy with Miller	(1
1:00 Tuck Shop Open		(TS)	Pumpkin Carving	5
1:00	Bingo	(MR)	2:00pm in the Multi-Purpose Room	m
	Spooky Happy Hour	Ť	6:00 Board Games	(1
(LD)	3:30pm - 5:30pm (VP)	100		
<b>6:00</b> Board Games		(MR)		