The Norgarden October Activity Calendar 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Trillium Teatime Daily at 2pm			National Seniors Day 11am - Chair Yoga 2pm - National Seniors Day Tea Entertainment by Vic G	10am - Grocery Shuttle 2 11am - Exercise Class 1:30pm - Crafts	10am- 12pm Knit and Chat 3 1pm-	1pm – 2pm Table 4 Games - Resident Led
10am - Worship Service 5	10am - Exercise Class 6 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 7 2:15pm – Social Cribbage	11am - Chair Yoga 8 CHAIR YOGA 1pm - Bingo	11am – J.O.Y Group Outing 9 to: Adriennes Tea Garden Restaurant 11am – Exercise Class 1:30pm – Crafts	10am- 12pm Knit and 10 Chat 1pm- IRIVIA	1pm – 2pm Table 11 Games - Resident Led 2pm – Entertainment by Brandy Moore
10am - Worship Service 12	Thanksgiving Day 10am - Exercise Class 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald 5:15pm - Thanksgiving Dinner	1pm - Carpet Bowling 14 2:15pm – Social Cribbage 3:30pm - One Hour Scenic Bus Ride	11am - Chair Yoga 15 1pm – Bingo	11am – Exercise Class 16 1:30pm – Crafts 2:30pm – Men's Coffee Chat	11am - Beltone Hearing 17 10am- 12pm Knit and Chat 1pm- LRLLLLA 2pm - P.A.T.S Visit with Stella	1pm – 2pm Table 18 Games - Resident Led
10am - Worship Service 19	10am - Exercise Class 20 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald 6pm-Girl Guides Cookie Sales – Choc Mint	10am- Dean Mills Guest Speaker Topic: Aviation History 1pm - Carpet Bowling 2:15pm - Social Cribbage	2pm- Norgarden Birthday 22 Tea Entertainment by Seabreeze	10am - Grocery Shuttle 11am - Exercise Class 1:30pm - Crafts	10am- 12pm Knit and 24 Chat 1pm-	1pm – 2pm Table 25 Games - Resident Led
10am - Worship Service 26	10am - Exercise Class 27 11:15am – Show & Share 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	10am – Mayfair Mall 28 Return Pick up at 1:30pm 1pm - Carpet Bowling 2:15pm – Social Cribbage	11am - Chair Yoga 29 1pm – Bingo	10:30am- Men's Group Outing to: Mary's Bleue Moon Café 11am – Exercise Class 1:30pm – Crafts	Halloween 10am- 12pm Knit and Chat 1pm- IRIVIA 5:15pm - Wizards and Witches Theme Dinner	