

October 2025



ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 3:00pm Reading Hour	2 9:30am Chair Exercise 10:15am Fall Crafts & Hot Chocolate 1:30pm Bingo 3:00pm Group Boardgames	3 9:30am Chair Exercise 10:00am Bean Bag Toss 1:15pm Bus Outing 2:00pm Happy Hour Live Music Eugene 3:00pm Brain Games	4 9:30am Chair Exercise 10:00am Nails & Massage 1:30pm Jeopardy 3:00pm One on One
5 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	6 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Michael Majocha 2:30pm Snacks Social & Documentary	7 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 3:00pm Fall Walks	8 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Memory Game 3:00pm Halloween Reading Club	9 9:30am Chair Exercise 10:00am Pumpkin Decorating 1:30pm Bingo 3:00pm Group Boardgames	10 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour Live Music with Gary 3:00pm Brain Games	11 9:30am Chair Exercise 10:00am Nails & Massage 2:00pm Brain Games: Trivia 3:00pm One on One
12 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	13 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary 	14 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 3:00pm Fall Walks	15 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 3:00pm Reading Hour	16 9:30am Chair Exercise 10:00am Cooking Session: Pumpkin Bread 1:30pm Bingo 3:00pm Group Boardgames	17 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour Live Music with Victor Pasta 3:00pm Brain Games	18 9:30am Chair Exercise 10:00am Nails & Massage 1:30pm Jeopardy 3:00pm One on One
19 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	20 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Bart 2:30pm Snacks Social & Documentary	21 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:15pm Bus Outing	22 9:30am Chair Exercise 10:00am Balloon Badminton 2:00pm Live Music Entertainment "It's Them Again" 3:00pm Reading Hour	23 9:30am Chair Exercise 10:00am Pumpking Carving 1:30pm Bingo 3:00pm Group Boardgames	24 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour Live Music with Stephanie 3:00pm Brain Games	25 9:30am Chair Exercise 10:00am Nails & Massage 2:00pm Brain Games: Trivia 3:00pm One on One
26 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn 	27 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Gary 2:30pm Snacks Social & Documentary	28 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Pumpkin Spice Lattes & Halloween Story Times 3:00pm Fall Walks	29 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 3:00pm Reading Hour	30 9:30am Chair Exercise 10:00am Halloween Cookie Making 1:30pm Halloween Bingo 3:00pm Group Boardgames	31 9:00am Halloween Costumes 10:00am Halloween Parade with James Bay School 2:00pm Happy Hour & Live Music "Two Among Friends" 3:00pm Brain Games 	