

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program are subject to change 2:45 pm Daily Coffee Corner - 1st Floor Lounge 6:30 pm Daily Board Games - 1st Floor Lobby			1 9:45 Friendly Visits 2 &3 10:30 Music with Werner - 1 1:30 Bingo - 1 3:00 1:1 Visits - 2&3 4:00 Piano with Sue - 1	2 10:00 Exercise - 1 10:00 Care Fit - 2 11:00 Word Game - 3 11:00 History of the Month - 2 1:30 Horse Racing - 1 3:00 Reminiscing - 3 3:00 Sing A-Long - 2 4:00 1:1 Visits -3	3 10:00 Exercise - 1 11:00 Table Top Hockey - 2 1:30 Hangman - 1 2:30 Mental Aerobics - 3 3:30 Friendly Visits - 3	4 10:00 Exercise - 1 11:00 Active Games - 2 1:30 Group Crossword - 1 2:30 Arm Chair Travel - 3 3:30 Friendly Visits - 3
5 10:00 Care Fit - 1 11:00 Hymn Sing - 2 2:00 Church Service- P. Randy - 1 3:00 Friendly Visits - 3 	6 10:00 Care Fit - 1 11:00 Reading Group - 2 1:30 Praise Singers - 1 3:00 1:1 Visits 2 & 3	7 9:45 Friendly Visits 2 &3 10:30 Church Service- P.Dave - 1 1:30 Arts & Crafts - 1 3:00 1:1 Visits 2 3:00 Helping Hands - 3 4:00 1:1 Visits 3 	8 10:00 Care Fit - 1 10:00 Move to the Music - 1 11:00 Hand Spa - 1 1:30 Bingo - 1 3:00 1:1 Visits - 2&3 4:00 Piano with Sue - 1	9 9:45 Friendly Visits 2&3 10:30 Salvation Army - 1 1:30 Target Game - 3 1:30 Hand Spa - 2 3:00 1:1 Visits - 2 3:00 Sing A-long - 3 4:00 1:1 Visits -3	10 10:00 Exercise - 1 11:00 Trivia - 2 1:30 Arm Chair Travel - 1 2:30 Ring Toss - 3 3:30 Friendly Visits - 3	11 10:00 Exercise - 1 11:00 Word Game - 2 1:30 Balloon Toss - 3 2:30 Hand Spa - 2 3:30 Friendly Visits - 3
12 10:00 Care Fit - 1 11:00 Hymn Sing - 3 1:30 Devotions - 1 3:00 Friendly Visits - 3	13 10:00 Care Fit - 1 11:00 Hand Spa - 3 1:45 Reading Group - 2 3:00 1:1 Visits 2 & 3 	14 10:00 Exercise - 1 10:00 Care Fit - 2 11:00 Active Games - 3 11:00 Card Bingo - 2 1:30 St. Ann's C. Mass - 1 3:00 Balloon Toss - 3 3:00 Sing A-Long - 2 4:00 1:1 Visits 3 	15 10:00 Care Fit - 1 11:00 Move to the Music -3 11:00 Word Game - 2 11:00 Hangman - 3 1:30 Bingo - 1 3:00 1:1 Visits - 2&3 4:00 Piano with Sue - 1	16 10:00 Move to the Music - 1 10:00 Care Fit - 2 11:00 Mental Aerobics - 2 11:15 Resident council - 1 1:30 B-Day Social Live Music by Precious - 1 4:00 Hymn Sing with F&R - 1	17 10:00 Exercise - 1 11:00 Sing A-Long - 2 2:30 Balloon Badminton - 1 3:30 Friendly Visits - 3	18 10:00 Exercise - 1 11:00 Move to the Music -3 1:30 Gentle Connection - 1 2:30 Bounce the Ball - 2 3:30 Friendly Visits - 3 Happy Care Aide Day HCA Your Rock !!!
19 10:00 Care Fit - 1 11:00 Hymn Sing - 3 2:00 Church Service- P. Randy - 1 3:00 Friendly Visits - 3 	20 Happy Diwali 10:00 Care Fit - 1 11:00 Balloon Toss - 3 1:45 Reading Group - 2 3:00 1:1 Visits 2 & 3 	21 10:00 Exercise - 1 10:00 Care Fit -2 11:00 Music & The Art's - 2 11:00 Sing A-long - 3 1:30 Bocce Ball - 1 2:30 Country & Gospel and Sing Along w/ Lil-2 3:00 Gentle Connection -3 4:00 1:1 Visits 3	22 9:45 Friendly Visits 2 & 3 10:30 Bingo - 1 2:00 St. Matthew's Service - 1 3:00 1:1 Visits - 2&3 4:00 Piano with Sue - 1 	23 10:00 Exercise - 1 10:00 Care Fit - 2 11:00 Bounce the Ball - 3 11:00 Name that Tune - 2 1:30 Scramble Words - 2 2:00 Music with Lubov - 3 3:00 Hymn Sing - 2 4:00 1:1 Visits -3	24 10:00 Exercise - 1 11:00 Pumpkin Carving - 1 1:30 Sing A-long - 3 2:30 Art's and Crafts - 2 3:30 Friendly Visits - 3 	25 10:00 Exercise - 1 11:00 Table Top Ball - 3 1:30 Intergenerational Programs / Minor Hockey Team Visit - 1 Creative Arts and Storytelling 4:00 1:1 Visits - 2&3
26 10:00 Care Fit - 1 11:00 Hymn Sing - 3 1:30 Devotions - 1 3:00 Friendly Visits - 3	27 10:00 Care Fit - 1 11:00 Music & The Art's - 3 1:45 Reading Group - 2 3:00 1:1 Visits 2 & 3	28 10:00 Exercise - 1 10:00 Care Fit - 2 11:00 Active Games - 3 11:00 Mental Aerobics - 2 1:30 Bus Outing 1:45 Change A Letter - 1 3:00 Sing A-Long - 2 4:00 1:1 Visits 3	29 10:00 Care Fit - 1 10:00 Move to the Music- 3 11:00 Trivia - 2 11:00 Mental Aerobics - 3 1:30 Bingo - 1 3:00 1:1 Visits - 2&3 4:00 Piano with Sue - 1	30 10:00 Exercise - 1 10:00 Care Fit - 2 11:00 Dice Game - 2 11:00 Art's and Craft's - 3 1:30 Baking Program -A 3:00 Hand Spa - 3 3:00 Let's Travel - 2 4:00 1:1 Visits -3	31 Happy Halloween 10:00 Exercise - 1 11:00 Music & The Art's - 2 2:00 Halloween Party Live Music by Jason M. Band - 1 4:00 Friendly Visits - 3 	9-12 Tuesday 2nd Floor 1:1 Walking & Exercise Program by Parveen 9-12 Wednesday 3rd Floor 1:1 Walking & Exercise Program by Parveen