

September 2025

Sunday			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Labour Day</i> 10:00 Make-over Monday 11:00 Tai Chi 1:30 CONNECT 4 3:00 Sing-a-long	2 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	3 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Reflections 3:00 Virtual Concert	4 10:00 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks	5 10:00 Music Memory 11:00 Jive to Thrive 1:30 Darts 2:30 Happy Hour	6 2:30 Ice Cream Saturday 
7 11:00 Utube Church Service 			8 10:00 Make-over Monday 11:00 Tai Chi 1:30 CONNECT 4 3:00 Sing-a-long	9 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	10 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Reflections 3:00 Virtual Concert	11 10:00 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks	12 <i>National Video Game Day</i> 10:00 Music Memory 11:00 Jive to Thrive 1:30 Video Game Arcade 2:30 Happy Hour	13 2:30 Ice Cream Saturday 
14 11:00 Utube Church Service 			15 10:00 Make-over Monday 11:00 Tai Chi 1:30 CONNECT 4 3:00 Sing-a-long	16 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	17 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Reflections <i>Terry Fox Day</i>	18 10:00 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks	19 10:00 Music Memory 11:00 Jive to Thrive <i>Good Bye Summer BBQ with Kai</i>	20 2:30 Ice Cream Saturday 
21 11:00 Utube Church Service 			22 10:00 Make-over Monday 11:00 Tai Chi 1:30 CONNECT 4 3:00 Sing-a-long <i>First Day of Fall</i>	23 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	24 10:00 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Reflections 3:00 Virtual Concert <i>Happy Birthday Virginia</i>	25 10:00 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks <i>Happy Birthday Ellen</i>	26 10:00 Music Memory 11:00 Jive to Thrive 1:30 Darts 2:30 Happy Hour <i>Happy Birthday Ellen</i>	27 2:30 Ice Cream Saturday 
28 11:00 Utube Church Service 			29 10:00 Make-over Monday 11:00 Tai Chi 1:30 CONNECT 4 3:00 Sing-a-long	30 <i>Truth & Reconcilliation Day</i> 10:00 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment <i>2:30 Birthday Party - AR</i> <i>3:00 First Nation Dance on big Screen</i>				