

September 2025

Hart House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning Movie 1:30 Sing Along 2:30 Tea time Social Happy Labour Day	9:00 1-1 Visits 10:30 Bingo 1:30 Pong Game 2:30 Tea Time Social 3:00 Scrabble	10:00 Zumba Exercise with Colleen 1:30 Music Therapy with Alyssa 2:30 Tea Time Social	9:00 1-1 Visits 10:30 Balloon Toss 1:30 Word Game 2:30 Tea Time Social 3:00 Turtle Therapy	10:00 Seated Exercise 10:30 Bean Bag Toss 1:30 Bingo 2:30 Birthday Celebration Happy Birthday Myrtle!	10:30 Music with Bart 1:30 movie Matinee 2:30 Tea Time Social
Morning News & Views 1:30 Sing Along 2:30 Tea Time Social	9:00 1-1 Visits 10:30 Bingo 2:00 Music with Two Among Friends 3:00 Tea Time Social	10:00 Seated Exercise 10:30 Ball Toss 1:30 Floor Hockey 2:30 Tea Time Social 3:00 1-1 Visits	9:00 1-1 Visits 10:30 Bowling 1:30 Bean Bag Toss 2:30 Tea Time Social 3:00 Scrabble	10:00 Seated Exercise 10:30 Balloon Toss 1:30 Word Game 2:30 Tea Time Social 3:00 1-1 Visits	10:30 Bingo 1:30 Music Therapy with Alyssa 2:30 Tea Time Social 3:00 Turtle Therapy	10:30 Music with Bart 1:30 Movie Matinee 2:30 Tea Time Social
Morning News & Views 1:30 Sing Along 2:30 Tea Time Social	9:00 1-1 Visits 10:30 Bingo 1:30 Trivia 2:30 Tea Time Social 3:00 Scrabble	10:00 Seated Exercise 10:30 Ball Toss 1:30 Baking Club 2:30 Tea Time Social 3:00 Turtle Therapy	10:00 Zumba Exercise with Colleen 1:30 Cookie Decorating 2:30 Tea Time Social 3:00 1-1 Visits	9:00 1-1 Visits 10:30 Balloon Toss 1:30 Word Game 2:30 Tea Time Social 3:00 Scrabble	10:30 Bingo 1:30 Music Therapy with Alyssa 2:30 Tea Time Social 3:00 Turtle Therapy	10:30 Music with Bart 1:30 Movie Matinee 2:30 Tea Time Social
Morning News & Views 1:30 Sing Along 2:30 Tea Time Social	9:00 1-1 Visits 10:30 Bingo 1:30 Pong Game 2:30 Tea Time Social 3:00 Scrabble	10:00 1-1 Visits 10:30 Ball Toss 1:30 Floor Hockey 2:30 Tea Time Social 3:00 Turtle Therapy	10:00 Seated Exercise 10:30 Bowling 1:15 Bus Outing! 2:30 Tea Time Social 3:00 1-1 Visits	9:00 1-1 Visits 10:30 Balloon Toss 1:30 Word Game 2:30 Tea Time Social 3:00 Scrabble	10:00 Seated Exercise 10:30 Bean Bag Toss 1:30 Bingo 2:30 Tea Time Social 3:00 Turtle Therapy	10:30 Piano Concert with Jesse 1:30 Movie Matinee 2:30 Tea Time Social
Morning News & Views 1:30 Sing Along 2:30 Tea Time Social	9:00 1-1 Visits 10:30 Bingo 1:30 Balloon Toss 2:30 Tea Time Social 3:00 Scrabble	10:30 Music with Bart 1:30 Movie Matinee 2:30 Tea Time Social National Day for Truth and Reconciliation				 Trillium HART HOUSE

Activities Subject to Change