

September 2025

ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 9:30am Chair Yoga 10:00am News Around the World 1:30pm Music with Bart 2:30pm Snacks Social & Documentary	1 9:30am Chair Yoga 10:00am News Around the World 1:30pm Music with Bart 2:30pm Snacks Social & Documentary	2 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	3 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 2:30pm Reading Hour	4 9:30am Chair Exercise 10:00am Leaf Printing 1:30pm Bingo 3:00pm Brain Games	5 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music "Two Among Friends" 3:00pm Group Boardgames	6 9:30am Chair Exercise 10:00am Beauty Hour 1:30pm Jeopardy 3:00pm One on One
7 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	8 9:30am Chair Yoga 10:00am News Around the World 1:30pm Music with Bart 2:30pm Snacks Social & Documentary	9 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	10 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Coin IN, Coin OUT 2:30pm Reading Hour	11 9:30am Chair Exercise 10:00am Cooking Session: Pumpkin Muffins 1:30pm Bingo 3:00pm Brain Games	12 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Jack 3:00pm Group Boardgames	13 9:30am Chair Exercise 10:00am Beauty Hour 2:00pm Brain Games: Trivia 3:00pm One on One
14 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	15 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary	16 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	17 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 2:30pm Reading Hour Happy Birthday Denise! 	18 9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Brain Games	19 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour Live Music Eugene 3:00pm Group Boardgames	20 9:30am Chair Exercise 10:00am Beauty Hour 1:30pm Jeopardy 3:00pm One on One
21 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	22 9:30am Chair Yoga 10:00am News Around the World 1:30pm Music with Bart 2:30pm Snacks Social & Documentary	23 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	24 9:30am Chair Exercise 10:00am Balloon Badminton 1:15pm Scenic Bus Drive	25 9:30am Chair Exercise 10:00am Bowling 2:00pm Pub Afternoon	26 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Stephanie 3:00pm Group Boardgames	27 9:30am Chair Exercise 10:00am Beauty Hour 1:30pm Bingo 3:00pm One on One
28 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	29 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary	30 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:00pm Live Music Entertainment "It's Them Again"				