## The Peninsula September Activity Calendar 2025



						BOUTIQUE SENIOR LIVING	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Labor Day 1  11am – Shuffleboard  1:30pm - Tai Chi	10am - Exercise with 2 Andrea	10am - Chair Yoga 3  CHAIR YOGA  1:30pm - Bingo	10am - Grocery Shuttle 4 1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm - Scrabble	10am- Senior Sing-Along 11am - Active Minds 1:30pm - Exercise with Deron 2:30pm - Dominoes	1:30pm - Movie Matinee Title - Netflix Title: Mrs. Harris Goes to Paris	
10:30am - Worship 7 Service 1:30pm - Movie Matinee Netflix Title: <i>Maid</i> 9 & 10	10am - Tai Chi 11am – Shuffleboard 1:30pm- Dean Mills Guest Speaker Topic: Island People	10am - Exercise with 9 Andrea  2pm- Music with Maudie	10am - Chair Yoga 10 1:30pm – Bingo	1pm - Chair Zumba 2pm - Entertainment by Paul & Nelson Banks 2pm - Knit & Chat 2:30pm - Men's Coffee Chat at Norgarden 3:30pm - Scrabble 5pm - Wild West B.B.Q	10am- Senior Sing-Along 12 10am - Beltone Hearing 11am - Active Minds 1:30pm - Exercise with Deron 2:30pm - Dominoes	1:30pm - Movie Matinee 13 Title - Netflix Title: RV Comedy- Robin Willians	
10:30am - Worship 4 Service 1:30pm – Feature DVD Andrea Bocelli – 2016 on Loan from George Madren	11am – Shuffleboard 15 1pm – Cordova Bay Ukuleles Performance 1:30pm - Tai Chi	10am - Exercise with Andrea 2pm- Peninsula Birthday Tea Entertainment by The Gypsy Rovers	10am - Chair Yoga 17  CHAIR YOGA  1:30pm - Bingo	11am – J.O.Y Group 18 Outing to: The Pub at Brentwood Bay Resort 1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm – Scrabble	10am- Senior Sing-Along 11am - Active Minds 1:30pm - Exercise with Deron 2:30pm- Bob Williamson on Piano 2:30pm - Dominoes	1:30pm - Movie Matinee 20 Title – Netflix Title: Mamma Mia!	
10:30am - Worship 21 Service 1:30pm - Feature DVD Andre Rieu & The Johann Strauss Orchestra on loan from Georger Madren	9am – Heart Lake Farm Visit 11am – Shuffleboard 1:30pm - Tai Chi	10am - Exercise with 23 Andrea  3pm - One Hour Scenic Bus Ride	10am - Grocery Shuttle 10am - Chair Yoga 1:30pm – Bingo	11am - Gents Group Outing 25 to the Pub at Brentwood Bay Resort 1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm - Scrabble 5pm - Oktoberfest Theme Dinner	10am- Senior Sing-Along 11am - Active Minds 1:30pm - Exercise with Deron 1:30pm- P.A.T.S Visit 2:30pm - Dominoes	1:30pm- Movie Matinee 27 DVD <i>Quigley Down</i> <i>Under</i> – Tom Selleck	
10:30am - Worship 28 Service  1:30pm- Movie Matinee DVD <i>The Help</i>	11am – Shuffleboard 29 1pm – 4pm Casual Chic Couture Pop Up Clothing	Truth and Reconciliation Day 10:30am - Hillside Mall Return Pick up at 1:30pm 10am - Exercise	The Peninsula Self-Serve Fireside Coffee Bar Open Daily from 11am - 3pm				

**Trillium** 

Cookies Available at 1pm

1:30pm - Tai Chi

with Andrea