





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program are subject to change</p> <p>2:45 pm Daily Coffee Corner - 1st Floor Lounge</p> <p>6:30 pm Daily Board Games - 1st Floor Lobby</p>	<p>Happy Labour Day</p> <p>10:00 Care Fit - 1</p> <p>11:00 Reading Group - 2</p> <p>1:30 Praise Singers - 1</p> <p>3:00 Active Games - 3</p>	<p>10:00 Friendly Visits 2 & 3</p> <p>10:30 Church Service- P.Dave - 1</p> <p>1:30 Devotions - 2</p> <p>1:30 Trivia - 3</p> <p>2:30 Balloon Toss - 3</p> <p>2:30 Music & The Art's - 2</p> <p>3:00 1:1 Visits 2 -</p> <p>3:00 Reminiscing - 2</p> <p>4:00 Piano with Sue - 1</p>	<p>9:30 Friendly Visits 2 & 3</p> <p>10:30 Music with Werner - 1</p> <p>1:30 Bingo - 1</p> <p>3:00 Trivia - 3</p> <p>3:00 Sing A-Long - 2</p> <p>4:00 1:1 Visits 2&3</p>	<p>10:00 Stretch it Out - 1</p> <p>10:30 Lunch Outing -Jojo Fish & Chips Bana Restaurant</p> <p>11:00 Match Game - 2</p> <p>1:30 Hangman - 1</p> <p>2:30 Group Poetry - 2</p> <p>3:00 Group Poetry - 3</p> <p>4:00 1:1 Visits 2&3</p>	<p>10:00 Muscles in Motion - 1</p> <p>11:00 Sing A-Long - 2</p> <p>1:30 52 Questions - 1</p> <p>2:30 Table Top Hockey - 3</p> <p>3:30 Friendly Visits - 3</p>	<p>10:00 Move to the Music - 1</p> <p>11:00 Reminiscing - 3</p> <p>1:30 Change A Letter - 1</p> <p>2:30 Beach Ball Fun - 2</p> <p>3:30 Friendly Visits - 3</p>
<p>10:00 Care Fit - 1</p> <p>11:00 Hymn sing - 2</p> <p>2:00 Church Service- P. Randy - 1</p> <p>3:00 Friendly Visits - 3</p> 	<p>10:00 Care Fit - 1</p> <p>11:00 Name that Tune - 3</p> <p>1:30 Reading Group - 2</p> <p>3:00 1:1 Visits 2 & 3</p>	<p>10:00 Exercise - 1</p> <p>10:00 Helping Hands - 2</p> <p>11:00 Bean Bag Toss - 3</p> <p>11:00 Food Alphabet - 2</p> <p>1:30 St. Ann's Catholic Mass - 1</p> <p>3:00 Calendar Planning - A</p> <p>4:00 Piano with Sue - 1</p> 	<p>10:00 Care Fit - 1</p> <p>10:00 Exercise-2</p> <p>11:00 Balloon Toss - 3</p> <p>11:00 Mental Aerobics - 2</p> <p>1:30 Bingo - 1</p> <p>3:00 Match Game - 2</p> <p>3:00 Sing A-long - 3</p> <p>4:00 1:1 Visits 2&3</p>	<p>10:00 Friedly Visits 2&3</p> <p>10:30 Salvation Army - 1</p> <p>1:30 Active Game - 3</p> <p>1:30 Art's and Crafts - 2</p> <p>2:30 Mental Aerobics - 2</p> <p>2:30 Music & The Art's - 3</p> <p>3:00 Hymn sing - 2</p> <p>3:00 Sing A-long - 3</p> <p>4:00 1:1 Visits 2&3</p>	<p>10:00 Exercise - 1</p> <p>11:00 Bean Bag Toss - 2</p> <p>1:30 Hangman - 1</p> <p>2:30 Food Alphabet - 3</p> <p>3:30 Friendly Visits - 3</p>	<p>10:00 Exercise - 1</p> <p>11:00 Trivia - 2</p> <p>1:30 Group Crossword - 1</p> <p>2:30 Table Top Hockey - 2</p> <p>3:30 Friendly Visits - 3</p>
<p>10:00 Care Fit - 1</p> <p>11:00 Helping Hands - 2</p> <p>1:30 Hymn Sing - 1</p> <p>3:00 Active Games - 3</p>	<p>10:00 Care Fit - 1</p> <p>11:00 Hangman - 3</p> <p>1:30 Reading Group - 2</p> <p>3:00 1:1 Visits 2 & 3</p>	<p>10:00 Exercise - 1</p> <p>10:00 Mental Aerobics - 2</p> <p>11:00 Active Games - 3</p> <p>11:00 Magazine War - 2</p> <p>1:30 Name that Tune - 2</p> <p>1:30 On this Day - 3</p> <p>2:30 Horseshoes - 2</p> <p>2:30 Sing A-long - 3</p> <p>3:00 1:1 Visits 3</p> <p>3:00 Friendly Visits - 2</p> <p>4:00 Piano with Sue - 1</p>	<p>10:00 Care Fit - 1</p> <p>10:00 Exercise -3 -</p> <p>11:00 Ring Toss - 2</p> <p>11:00 Mental Aerobics - 3</p> <p>1:30 Bingo - 1</p> <p>3:00 Hymn Sing - 3</p> <p>3:00 Sing A-Long - 2</p> <p>4:00 1:1 Visits 2&3</p>	<p>10:00 Hearing Aid Clinic -A - 1</p> <p>11:00 Active Games - 2</p> <p>11:15 Food Committee - 1</p> <p>1:30 B-day Social Music by Precious - 1</p> <p>4:00 Hymn Sing with F&R - 1</p>	<p>10:00 Exercise - 1</p> <p>11:00 Trivia - 2</p> <p>1:30 Armchair Travel - 1</p> <p>2:30 Balloon Badminton - 3</p> <p>3:30 Friendly Visits - 3</p>	<p>10:00 Exercise - 1</p> <p>11:00 Seasonal Slideshow -3</p> <p>1:30 Guess the Price - 1</p> <p>2:30 Table Top Hockey - 2</p> <p>3:30 Friendly Visits - 3</p>
<p>10:00 Care Fit - 1</p> <p>11:00 Hymn Sing - 3</p> <p>2:00 Church Service- P. Randy - 1</p> <p>3:00 Sing A-Long - 2</p> 	<p>10:00 Care Fit - 1</p> <p>11:00 Sing A-long - 3</p> <p>1:30 Reading Group - 2</p> <p>3:00 1:1 Visits 2 & 3</p>	<p>10:00 Exercise - 1</p> <p>10:00 Carefit - 2</p> <p>11:00 Table T. Beach Ball - 3</p> <p>11:00 Hand Spa - 2</p> <p>1:30 Bus Outing- Scenic Drive</p> <p>1:45 Group Crossword - 1</p> <p>3:00 Active Games - 3</p> <p>4:00 Piano with Sue - 1</p>	<p>10:00 Friendly Visits 2 & 3</p> <p>10:30 Bingo - 1</p> <p>2:00 St. Matthew's C. Service - 1</p> <p>3:30 Active Games - 3</p> <p>3:30 Friendly Visits - 2</p> 	<p>10:00 Care Fit - 1</p> <p>10:00 Exercise -3 -</p> <p>11:00 Mental Aerobics - 2</p> <p>11:00 Trivia - 3</p> <p>1:30 Group Crossword - 1</p> <p>2:00 Music with Lubov - 2</p> <p>2:30 Sing A-long - 3</p> <p>3:00 Friendly Visits - 2</p> <p>4:00 1:1 Visits 2&3</p>	<p>10:00 Exercise - 1</p> <p>11:00 On this Day - 3</p> <p>1:30 Name that Tune - 1</p> <p>2:30 Word Game - 2</p> <p>3:30 Friendly Visits - 3</p>	<p>10:00 Exercise - 1</p> <p>11:00 Reminiscing - 3</p> <p>1:30 Hangman - 1</p> <p>2:30 Active Games - 2</p> <p>3:30 Friendly Visits - 3</p>
<p>10:00 Care Fit - 1</p> <p>11:00 Mental Aerobics - 2</p> <p>1:30 Hymn Sing - 1</p> <p>3:00 Friendly Visits - 3</p>	<p>10:00 Care Fit - 1</p> <p>11:00 Magazine War - 3</p> <p>1:30 Reading Group - 2</p> <p>3:00 1:1 Visits 2 & 3</p>	<p>National Truth & Rec</p> <p>10:00 Exercise - 1</p> <p>10:00 Carefit -3</p> <p>11:00 Ring Toss - 2</p> <p>11:00 On this Day - 3</p> <p>1:30 Happy Gang Singers - 1</p> <p>3:00 1:1 Visits - 2</p> <p>3:00 Friendly Visits - 3</p> <p>4:00 Piano with Sue - 1</p>		<p>9-12 Tuesday 2nd Floor 1:1 Walking & Exercise</p> <p>9-12 Wednesday 3rd Floor 1:1 Walking & Exercise Program by Parveen</p>		