



AUGUST 2025





WEST SHORE VILLAGE		Sin,	• • • •			<u> </u>			****			WEST SHORE VILLAGE	
Sunday 3	31			* T-						Friday	1	Saturday	2
•	MR)	Location Key		Si	ign-	n-Up Sheets		The Village Pub		•	MR)	10:00 Chair Weights - Lauren	(MR)
A 2 2	MR)			-				<u> Happy Hour</u>		• , , ,	(TS)	Nail Technician Bushra 10:00am - 3:	
2:00pm-4:00pm Pub Happy Hour (VP)		MR - Multipurpose Room TH - Theatre		A star beside an ac	ctivit	ity or outing on this calendar	,	Duan Maduardaya P. Fridaya		1:00pm - 2:30pm Knitting Crew (MR)		2:00 Movie Matinee:	(TH)
	(TH)	DR - Dining Room TS - Tuck Shop FL - Fireside Lounge VL - Village Lo		indicates sign up is		quired. The Activities binder is	•	Open Wednesdays & Fridays			MR)	"Ladies in Lavender"	(,
"Beaches"	, ,	HS - Hair Salon LL - Lodge Lob				evator in the main building.		3:30pm-5:30pm		3:30pm-5:30pm Pub Happy Hour (VP)		6:00 Board Games	(MR)
	MR)	VP - Village Pub VC - Village Co	Courty	yard				Sundays 2:00pm-4:00pm			MR)	board dames	(14114)
0.00 Board Games (1	viit,	CF - Cafe L - Library P - Back Patio								•	(TH)		
		r - Dack Fallo								"Ladies in Lavender"	,		
Sunday 8	3	Monday 4		Tuesday 5		Wednesday 6		Thursday	7		8	Saturday	9
		<u> </u>		•	0.1	S:55 Java Group	/ı \	Walmart/Westshore Mall	•	•		10:00 Exercise with Esther	(MR)
		, , ,				,	(L)	9:30am - 11:30am		, , ,	(TS)		
	MR)	1:00 Tuck Shop Open (TS		2:00 Blood Pressure Clinic (MR) 2:00 TED Talk: (TH)		0:00 Weighted Exercises (Livia) (MF	- 1		(84D)		(13)	Nail Technician Bushra 10:00am - 3:0	•
2:00pm-4:00pm Pub Happy Hour (VP)	/ T II\	1:00 Jacko (MR				::00 Tuck Shop Open (TS	,,,	10:00 Chair Exercises (Bailey)	(MR)	1:00pm - 2:30pm Knitting Crew (MR)		2:00 Movie Matinee:	(TH)
·	(TH)	BC Day Ice Cream Social		"Older people are happier" by Laura		:00 Bible Study	(L)	1:00 Rummikub	(MR)	·	MR)	"The Six Triple Eight"	(2.45)
"Ladies in Lavender"		2:00pm on the Village Patio		Carstensen		::00 Bingo (MF	K)	1:00 Pet Therapy with Miller	(MR)	3:30pm-5:30pm Pub Happy Hour (VP)		2:00 Sing-a-long Group	(MR)
6:00 Board Games (P	MR)	Entertainment By Cresenduo		3:00 Shuffleboard with Livia (MR)		Burger and Brew		Resident Calendar Planning Meeting		•	′	6:00 Board Games	(MR)
		6:00 Board Games (MR	IR) (6:00 Board Games (MR)		4:00pm - 6:00pm in the Village Pub	-	2:00pm in the Multi-Purpose Room		•	(TH)		
					6:0	:00 Board Games (MF	R)	6:00 Board Games	(MR)	"The Six Triple Eight"			
0.1	^	BC Day		T 1		TT 1 1 10		Monthly Fire Alarm Testing	1.4	D.1	-	0 . 1	1.0
Sunday 1	.0	Monday 11	L	Tuesday 12		Wednesday 13	3	Thursday	14	Friday 1	5	Saturday	16
N 0 0		10:00 Chair Zumba (Livia) (MR	IR) 1	10:00 SAIL Exercises (Livia) (MR)	8:	3:55 Java Group (I	(L)	10:00 Chair Exercises (Bailey)	(MR)	10:00 Chair Weights - Lauren (Video) (N	MR)	10:00 Exercise with Esther	(MR)
1:30 Open Painting (MR)	1:00 Tuck Shop Open (TS	rs)	Rock & Roll British Invasion Theme Day	10:	0:00 Chair Yoga (Livia) (MF	R)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (N	MR)	Nail Technician Bushra 10:00am - 3:0	•
2:00pm-4:00pm Pub Happy Hour (VP)		1:00 Jacko (MR	IR)	2:00pm in the Dining Room		Men's Club Outing	,	1:00 Pet Therapy with Miller	(MR)	1:00pm - 2:30pm Knitting Crew (MR)		2:00 Movie Matinee:	(TH)
2:00 Movie Matinee: ((TH)	Casual Chic Couture - Pop-Up Boutique		Entertainment by Vinyl Wave		Lunch at 4 Mile Pub		2:00 Music Bingo	(MR)	2:45 Exercise with Esther (N	MR)	"Home Team"	
"The Six Triple Eight"		1:00pm - 4:00pm in the Village Pub	:	3:00 TED Talk: (TH)		11:30am - 1:00pm		6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hour (VP)		2:00 Line Dancing with Donna	(MR)
6:00 Board Games (N	MR)	6:00 Board Games (MR	IR)	"Life's third act" by Jane Fonda	1:0	:00 Tuck Shop Open (Ts	rs)			6:00 Board Games (N	MR)	6:00 Board Games	(MR)
			-	British Pub Style Dinner	1:0	:00 Bingo (MF	R)			6:30 Movie Night:	(TH)		
			•	During Regular Dinner Seatings		3:30pm-5:30pm Pub Happy Hour (VP)				"Home Team"			
-					6:0	:00 Board Games (MF						Tell a Joke Day!	
Sunday 1	7	Monday 18	3	Tuesday 19		Wednesday 20)	Thursday	21	•	22	Saturday	23
10:00 Mobility Exercises (Livia) (N	MR)	10:00 Ball & Band Exercises (Livia) (MR	· 1	, , ,	8:	3:55 Java Group	(L)	10:00 Chair Exercises (Bailey)	(MR)	Walmart/Westshore Mall	. :	10:00 Exercise with Esther	(MR)
Beaded Bracelet Making Craft	$\frac{1}{2}$	1:00 Tuck Shop Open (TS	rs) :	2:00 TED Talk: (TH)	10:	0:00 Weighted Exercises (Livia) (MF	R)	1:00 Rummikub	(MR)	9:30am - 11:30am		Nail Technician Bushra 10:00am - 3:0	00pm
2:00pm in the Multi-Purpose Room	\sim	1:00 Jacko (MR	IR)	"Try something new for 30 days" by Matt	1:0	:00 Tuck Shop Open (Ts	rs)	2:00 Pet Therapy with Miller	(MR)	10:00 Stand & Fit - Josh (Video) (N	MR)	2:00 Movie Matinee:	(TH)
2:00pm-4:00pm Pub Happy Hour (VP)		2:30 Jeopardy! (MR	IR)	Cutts	1:0	::00 Bible Study ((L)			1:00 Tuck Shop Open ((TS)	"The Tender Bar"	
2:00 Movie Matinee: ((TH)	6:00 Board Games (MR	IR)	Bilston Creek Lavender Farm Outing	1:0	::00 Bingo (MF	R)	2:00pm in the Dining Room		1:00pm - 2:30pm Knitting Crew (MR)		2:00 Line Dancing with Donna	(MR)
"Home Team"				2:00pm - 4:00pm	2:3	::30 Darts with Jojan (VI	'P)	with the Trounce Alley Quartet		2:45 Exercise with Esther (N	MR)	6:00 Board Games	(MR)
6:00 Board Games (N	MR)			6:00 Board Games (MR)		3:30pm-5:30pm Pub Happy Hour (VP)		6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hour (VP)			
					6:0	:00 Board Games (MF	R)			6:00 Board Games (N	MR)		
										6:30 Movie Night: ((TH)		
						Bacon Lovers Day				"The Tender Bar"			
Sunday 2	4	Monday 25	5	Tuesday 26		Wednesday 27	7	Thursday	28	Friday 2	29	Saturday	30
10:00 Mobility Exercises (Livia) (N	MR)	10:00 Chair Zumba (Livia) (MR	IR) 1	10:00 Chair Weights - Lauren (Video) (MR)	8:!	3:55 Java Group	(L)	10:00 Stand & Fit - Josh (Video)	(MR)	10:00 Chair Exercises (Bailey) (N	MR)	10:00 Exercise with Esther	(MR)
Hearing Aid Clinic & Seminar with Ajit		1:00 Tuck Shop Open (TS	rs)	Matticks Farm Outing	10:	0:00 Chair Yoga (Livia) (MF	R)	1:00 Rummikub	(L)	1:00 Tuck Shop Open ((TS)	Nail Technician Bushra 10:00am - 3:	00pm
2:00pm in the Multi-Purpose Room		1:00 Jacko (MR	IR)	10:00am - 2:00pm	1:0	:00 Tuck Shop Open (T	S)	1:00 Pet Therapy with Miller	(MR)	1:00pm - 2:30pm Knitting Crew (MR)		2:00 Movie Matinee:	(TH)
2:00pm-4:00pm Pub Happy Hour (VP)		Talk with PICK Colwood	:	3:00 TED Talk: (TH)	1:0	:00 Bingo (MF	R)	3:00 Fire Evacuation Talk with Cheryl	(MR)	2:45 Exercise with Esther (N	MR)	"Beaches"	
2:00 Movie Matinee: ((TH)	2:30pm in the Multi-Purpose Room	"-	The surprising science of happiness" by Dan		3:30pm-5:30pm Pub Happy Hour (VP)		6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hour (VP)		6:00 Board Games	(MR)
"The Tender Bar"		6:00 Board Games (MR		Gilbert		Fish and Chips Dinner		Campfire and S'mores	-	6:00 Board Games (N	MR)		
6:00 Board Games (F	MR)			6:00 Board Games (MR)		4:00pm - 6:00pm in the Village Pub		with Entertainment by Brandy Moore		6:30 Movie Night:	(TH)		
					6:0	i:00 Board Games (MF	R)	6:30pm - 7:30pm on the Patio		"Beaches"			