August 2025

Trillium	

ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIM
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Chair Exercise 10:00am Welcome August/Reading Hour 2:00pm Happy Hour Live Music Eugene 3:00pm Group Boardgames	2 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 2:00pm Brain Games: Trivia 3:00pm One on One
3	4	5	6	7	8	9
9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Sadie 2:30pm Snacks Social & Documentary	9:30am Chair Exercise 10:00am Fruit Tasting & Discussion 1:30pm Gardening 2:00pm Short Stories & Jokes	9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Reading Hour 2:30pm Make Your Own Soda Floats Social	9:30am Chair Exercise 10:00am Mini Golf 1:30pm Bingo 3:00pm Brain Games	9:30am Chair Exercise 10:00am Summer Postcards Craft 2:00pm Happy Hour Live Music with Jessica Benini 3:00pm Group Boardgames	9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 2:00pm Brain Games: Jeopardy 3:00pm One on One
10	11	12	13	14	15	16
9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary	9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Card Games	9:30am Chair Exercise 10:00am Bowling 1:30pm Bingo 3:00pm Brain Games	9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music "Two Among Friends" 3:00pm Group Boardgames	9:30am Chair Exercise 10:00am Story telling/ Reminiscing 1:30pm Singing with Sadie 3:00pm One on One
17	18	19	20	21	22	23
9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Michael Majocha 2:30pm Snacks Social & Documentary	9:30am Chair Exercise 10:00am Indoor Bocce Game 1:15pm Bus Outing: Butterfly Gardens		9:30am Chair Exercise 10:00am Cooking Hour: Lemon Blueberry Bars 1:30pm Bingo 3:00pm Brain Games	9:30am Chair Exercise 10:00am Hand Art 2:00pm Happy Hour Live Music with Jessica Benini 3:00pm Group Boardgames	9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 2:00pm Brain Games: Trivia 3:00pm One on One
24	25	26	27	28	29	30
9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Casey 2:30pm Snacks Social & Documentary	9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Reading Hour 2:30pm One on One	9:30am Chair Exercise 10:00am Mini Golf 1:30pm Bingo 3:00pm Brain Games	9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour Live Music with Victor Pasta 3:00pm Group Boardgames	9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 2:00pm Brain Games: Jeopardy 3:00pm One on One
31 9:30am Church Service						
10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour						SUADI

