

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program are subject to change 6:30 pm -1st Floor Daily Board Games 2:45 pm - Daily Coffee Corner		1- First Floor 3- Third Floor 2- Second Floor A- Annex	9-12 Tues - 2nd Flr - 1:1 Walking/ Exercise with Parveen 9-12 Wed- 3rd Flr- 1:1 Walking / Exercise with Parveen 9-3 Thurs- 2&3 Flr- 1:1 Walking / Exercise with Parveen		1 10:00 Garden Walks -2 & 3 11:00 Muscles in Motion - 1 1:30 Card Game - 2 2:30 Card Bingo - 3 3:30 Friendly Visits - 3	2 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Group Crossword - 1 2:30 Hangman - 2 3:30 Friendly Visits - 3
3 10:00 Garden Walks - 2 & 3 11:00 Exercise - 1 2:00 Church S. Pastor Randy - 1 3:00 Friendly Visits - 3 	4 Happy British Columbia Day 10:00 Garden Walks- 2 & 3 11:00 Reading Group w/ Bev - 2 1:30 Praise Singers - 1 3:00 Hangman - 3	5 9:45 Garden Walks 2 &3 10:30 Church Service- P.Dave - 1 1:30 Hand Spa - 2 3:00 Hand Spa - 3 4:00 Piano with Sue - 1 	6 9:45 Garden Walks 10:30 Music with Werner - 1 1:30 Bingo - 1 3:00 Active Games - 3 3:00 Group Poetry - 2 3:00 Family Council Meeting -A	7 9:45 Garden Walks 2 & 3 10:30 Lunch & Tour / Mennonite Museum 11:00 Stretch it Out - 1 1:30 Horseshoes - 2 2:30 On this Day - 3 3:00 Sing A-Long - 1 4:00 1:1 Visits 2&3	8 10:00 Garden Walks -2 & 3 11:00 Muscles in Motion - 1 1:30 Match Game - 2 2:30 Group Poetry - 3 3:30 Friendly Visits - 3	9 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 52 Questions - 1 2:30 Food Alphabet - 2 3:30 Friendly Visits - 3
10 10:00 Garden Walks - 2 & 3 11:00 Exercise - 1 1:30 Hymn Sing - 1 3:00 Friendly Visits - 3	11 10:00 Garden Walks- 2 & 3 11:00 Exercise - 1 1:30 Reading Group w/ Bev - 2 3:00 Food Alphabet - 3	12 10:00 Stretch it Out - 1 10:00 Garden Walks 2 & 3 11:00 Active Games - 2 11:00 Make Music - 3 1:30 St. Ann's C. Service - 1 3:00 Calendar Planning- A 4:00 Piano with Sue - 1 	13 10:00 Exercise - 1 10:00 Garden Walks 2 & 3 11:00 Hand Spa - 1 1:30 Bingo - 1 3:00 Devotions - 2 3:00 Sing A-long - 3 4:00 1:1 Visits 2&3	14 10:00 Move to the Music - 1 10:00 Garden Walks 2& 3 11:00 Balloon Toss - 2 11:15 Resident Council Meeting - 1 1:30 Ice Cream Social All Flrs 4:00 1:1 Visits 2&3	15 10:00 Garden Walks -2 & 3 11:00 Muscles in Motion - 1 1:30 B-day Social - 1 Music By Jana 3:30 Friendly Visits - 3 	16 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Change -A-Letter - 1 2:30 Dice Game - 2 3:30 Friendly Visits - 3
17 10:00 Garden Walks - 2 & 3 11:00 Exercise - 1 2:00 Church S. Pastor Randy - 1 3:00 Friendly Visits - 3 	18 10:00 Garden Walks- 2 & 3 11:00 Exercise - 1 1:30 Reading Group w/ Bev - 2 3:00 Hawaiian Trivia - 3	19 10:00 Stretch it Out - 1 10:00 Garden Walks 2 & 3 11:00 Helping Hands - 3 11:00 Music & The Art's - 2 1:30 Hawaiian's Craft - 1 3:00 Ring Toss - 2 3:00 Sing A-long - 3 4:00 Piano with Sue - 1	20 10:00 Exercise - 1 10:00 Garden Walks 2 & 3 11:00 Horseshoes - 3 11:00 Trivia - 2 1:30 Bingo - 1 3:00 Active Games - 2 3:00 Devotions - 3 4:00 1:1 Visits 2&3	21 10:00 Move to the Music - 1 10:00 Garden Walks 2 & 3 11:00 Balloon Toss - 3 11:00 Match Game - 2 1:30 Bocce - 1 2:00 Music with Lubov - 3 3:00 Bean Bag Toss - 2 4:00 Hymn Sing with F&R - 1	22 10:00 Garden Walk- 3 11:00 Muscles in Motion - 1 11:30 - 3:30 Staff Appreciation Day Hawiiian Theme 2:30 1:1 Visits - 2 3:30 Friendly Visits - 3	23 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Find -A-Word - 1 2:30 Table Top Hockey - 2 3:30 Friendly Visits - 3
24 10:00 Garden Walks - 2 & 3 11:00 Exercise - 1 1:30 Hymn Sing - 1 3:00 Friendly Visits - 3	25 10:00 Garden Walks- 2 & 3 11:00 Exercise - 1 1:30 Reading Group w/ Bev - 2 8:00 Reminiscing - 3	26 10:00 Stretch it Out - 1 10:00 Garden Walks 2 & 3 11:00 Dice Game - 3 11:00 Trivia - 2 1:30 Bus Outing 2:00 Art's and Craft's - 3 3:00 Helping Hands - 2 4:00 Piano with Sue - 1	27 9:30 Garden Walks 2&3 10:30 Bingo - 1 2:00 St. Matthew's C. Service - 1 3:15 Sing A-Long - 2 3:30 Table T. Beach Ball - 3 	28 10:00 Move to the Music - 1 10:00 Garden Walks 2 & 3 - 11:00 Active Games - 3 11:00 Sing A-Long - 2 1:30 Golf - 1 3:00 Make Music - 2 3:00 Word Game - 3 4:00 1:1 Visits 2&3	29 10:00 Garden Walks -2 & 3 11:00 Muscles in Motion - 1 1:30 Ring Toss - 3 2:30 Dice Game - 2 3:30 Friendly Visits - 3	30 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Hangman - 1 2:30 Table Top Beachball - 2 3:30 Friendly Visits - 3
31 10:00 Garden Walks - 2 & 3 11:00 Exercise - 1 1:30 Hymn Sing - 1 3:00 Friendly Visits - 3						