

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment HAPPY CANADA DAY CELEBRATIONS & BBQ	2 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Glorious Gardeners <i>Build your own Sundae</i> 3:00 Virtual Concert	3 9:30 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks	4 9:30 Music Memory 11:00 Jive to Thrive 1:30 Sing-a-long 2:30 Happy Hour FREEZY FRIDAY	5 2:30 Ice Cream Saturday 
6 11:00 Utube Church Service	7 9:30 Make-over Monday 11:00 Tai Chi 1:30 Sing-a-long 3:00 Armchair travel <i>Happy Birthday Pat C.</i>	8 9:30 Puppet Therapy 10:00 PAINTING PALS 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	9 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Glorious Gardeners <i>Build your own Sundae</i> 3:00 retro tv shows	10 9:30 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks <i>Happy Birthday Ken D.</i>	11 9:30 Music Memory 11:00 Jive to Thrive <i>1:30 Water Balloon Wars with Staff</i> 2:30 Happy Hour FREEZY FRIDAY	12 2:30 Ice Cream Saturday 
13 11:00 Utube Church Service	14 9:30 Make-over Monday 11:00 Tai Chi 1:30 Sing-a-long 3:00 Word Games	15 9:30 Puppet Therapy 10:00 PAINTING PALS 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	16 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Glorious Gardeners <i>Build your own Sundae</i> 3:00 Virtual Concert	17 9:30 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks	18 9:30 Music Memory 11:00 Jive to Thrive 12:30 Hawaiiin Luau FREEZY FRIDAY	19 2:30 Ice Cream Saturday 
20 11:00 Utube Church Service	21 9:30 Make-over Monday 11:00 Tai Chi 1:30 Sing-a-long 3:00 Armchair travel	22 9:30 Puppet Therapy 10:00 PAINTING PALS 11:00 Yoga Stretch 1:30 Entertainment 3:00 Walks	23 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Glorious Gardeners <i>Build your own Sundae</i> 3:00 retro tv shows	24 9:30 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks	25 9:30 Music Memory 11:00 Jive to Thrive 1:30 Sing-a-long 2:30 Happy Hour FREEZY FRIDAY	26 <i>Lauren on Piano</i> 2:30 Ice Cream Saturday 
27 11:00 Utube Church Service	28 9:30 Make-over Monday 11:00 Tai Chi 1:30 Sing-a-long 3:00 Word Games	29 9:30 Puppet Therapy 10:00 PAINTING PALS 11:00 Yoga Stretch 1:30 Entertainment 2:30 Birthday Party - AR 3:00 Walks	30 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Glorious Gardeners <i>Build your own Sundae</i> 3:00 Virtual Concert	31 9:30 Reading in the garden 11:00 Workout with Weights 1:30 Hymn Sing 3:00 Walks		