















# Norgarden July Activity Calendar 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>Canada Day</b> 1 10am- Bus Departs for Parade 11:30am - Canada Day Parade 1pm- Carpet Bowling 2:15pm – Social Cribbage 5:15pm- Canada Day Theme Dinner	<b>10:45am- Emergency Evacuation Drill</b> 2 1pm – Bingo	11am – Exercise Class 3 1:30pm – Crafts	10am- 12pm Knit and Chat 4 1pm- <b>TRIVIA</b> 2 - 2:30pm – Ice Cream Treats	1pm – 2pm Table Games - Resident Led 5 
		1pm - Carpet Bowling 8  2:15pm – Social Cribbage	11am - Chair Yoga 9 1pm – Bingo	10am- Grocery Shuttle 10 Return Pickup at 11:30am 11am – Exercise Class 1:30pm – Crafts	11am- Beltone Hearing 11  10am- 12pm Knit and Chat 1pm- <b>TRIVIA</b>	1pm – 2pm Table Games - Resident Led 12 
		10am – Guest Speaker Dean Mills – Topic: The Peoples of Saanich 15 1pm - Carpet Bowling 2:15pm – Social Cribbage	2pm- Norgarden Birthday Tea 16 Entertainment by KingmiXers Trio 	10:45pm – J.O.Y. Group Outing to: Spitfire Grill 17  11am – Exercise Class 1:30pm – Crafts 2:30pm-Men’s Coffee Chat	10am- 12pm Knit and Chat 18 10:45am – Men’s Group Outing to: Spitfire Grill 1pm- <b>TRIVIA</b> 2 - 2:30pm – Ice Cream Treats	2pm – Special Summer Entertainment by the Shenanigans Band 19 
		1pm - Carpet Bowling 22 2:15pm – Social Cribbage 3pm - One Hour Scenic Bus Ride 	11am - Chair Yoga 23 1pm – Bingo	11am- Exercise Class 24 2pm - Knit & Chat 1:30pm – Crafts 5:15pm- Tropical Luau Theme Dinner 	10am- 12pm Knit and Chat 25 1pm- <b>TRIVIA</b> 2:30pm – Hawaiian Dance Performance 	1pm – 2pm Table Games - Resident Led 26 
10am - Worship Service 27 	10am - Exercise Class 28  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 29 2:15pm – Social Cribbage 10am – Hillside Mall Return Pick up at 1:30pm 	9am- Bus Departing for Chemainus Theatre Ticket Holder Only 30  11am - Chair Yoga	10am- Grocery Shuttle 31 Return Pickup at 11:30am 11am- Exercise Class 1:30pm – Crafts	<div>  <div>           Teatime Daily at 2pm   </div> </div>	