

July 2025

ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	2 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 1:30pm Reading Hour	3 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	4 9:30am Chair Exercise 10:00am Active Game: Bean Bag Toss 2:00pm Happy Hour Live Music "The King Mixers" 3:00pm Brain Games	5 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Armchair Travel to France 3:00pm One on One
6 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	7 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Bart 2:30pm Snacks Social & Documentary	8 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	9 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Reading Hour 2:00pm Ice Cream Social (with treat) Happy Birthday Marie!	10 9:30am Chair Exercise 10:00am Pool Noodle Stamping 1:30pm Bingo Happy Birthday John!	11 9:30am Chair Exercise 10:00am Cooking Hour: Banana Bread 1:15pm Bus Outing: Beach Visit 2:00pm Happy Hour & Live Music "Two Among Friends"	12 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Jeopardy 3:00pm One on One
13 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	14 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Casey 2:30pm Snacks Social & Documentary	15 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	16 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 1:30pm Reading Hour	17 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	18 9:30am Chair Exercise 10:00am Bean Bag Toss 12:30pm BBQ LUNCH & Live Music with Stephanie 3:00pm Brain Games	19 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Brain Games: Trivia 3:00pm One on One Happy Birthday Lynn!
20 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	21 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Bart 2:30pm Snacks Social & Documentary	22 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	23 9:30am Chair Exercise 10:00am Balloon Badminton 1:00pm Tape Watercolor Art 1:30pm Reading Hour	24 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	25 9:30am Chair Exercise 10:00am Planting Seeds 2:00pm Birthday Party celebration & Live Music with Victor Pasta 3:00pm Brain Games	26 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Jeopardy 3:00pm One on One
27 9:30am Church Service 10:00am Chair Yoga 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	28 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks Social & Documentary	29 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:00pm Live Music "It's Them Again"	30 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Reading Hour 2:30pm Penny in, Penny out game	31 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Live Music with Sadie		

