

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program are subject to change Board Games at 6:30 pm everynight Coffee Corner at 2:45 pm everyday	Happy Canada Day	1 9:45 Garden Walks 2 & 3 10:30 Church Service- P.Dave - 1 1:30 Canada Day Social - 1 3:00 Canada Day Trivia - 2 3:00 Canada D. Reminiscing - 3 4:00 Piano with Sue - 1	2 9:45 Garden Walks 2 & 3 10:30 Music with Werner - 1 1:30 Bingo - 1 3:00 Keep Away Game - 3 3:00 Hangman - 2	3 9:45 Garden Walks 2 & 3 10:30 Mall/ Lunch Outing-Seven Oaks Shopping Centre 11:00 Music & The Art's - 2 1:30 Group Crossword - 1 2:30 Group Poetry - 3 3:00 Group Poetry - 2 4:00 1:1 Visits 2&3	4 10:00 Garden Walks 2&3 11:00 Muscles in Motion - 1 1:30 Song Alphabet - 1 2:30 Make Music - 2 3:30 Friendly Visits - 3	5 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Change - A- Letter - 1 2:30 Horseshoes - 2 3:30 Friendly Visits - 3
6 10:00 Garden Walks - 2 & 3 11:00 Care Fit - 1 2:00 Church Service P. Randy - 1 3:00 Friendly Visits - 3	7 10:00 Garden Walks- 2 & 3 11:00 Reading Group with Bev - 2 1:30 Praise Singers - 1 3:00 Reminiscing - 3	8 10:00 Stretch it Out - 1 10:00 Garden Walks 2 & 3 11:00 Hangman - 3 11:00 This Month in History - 2 1:30 St.Ann's C. Service - 1 3:00 Calendar Planning- A 4:00 Piano with Sue - 1	9 10:00 Care Fit - 1 10:00 Garden Walks 2 & 3 11:00 Food Alphabet - 2 11:00 This Month in the History - 3 1:30 Bingo - 1 3:00 T.Top Beachball Game - 2 3:00 Sing A-long - 3 4:00 1:1 Visits 2&3	10 10:00 Move to the Music - 1 10:00 Garden Walks 2 & 3 11:00 Hand Spa - 2 11:00 Card Bingo - 2 1:30 Hangman - 1 2:00 Music with Lubov -3 3:00 Table T. Beachball Game - 3 4:00 1:1 Visits 2&3	11 10:00 Garden Walks 2&3 11:00 Muscles in Motion - 1 1:30 Name that Tune - 1 2:30 Sing A-Long - 2 3:30 Friendly Visits - 3	12 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Mad Gab - 1 2:30 Ring Toss - 2 3:30 Friendly Visits - 3
13 10:00 Garden Walks - 2 & 3 11:00 Care Fit - 1 1:30 Hymn Sing - 1 3:00 Friendly Visits - 3	14 10:00 Garden Walks- 2 & 3 11:00 Care Fit - 1 1:30 Reading Group w/ Bev - 2 3:00 Sing A-long - 3	15 10:00 Stretch it Out - 1 10:00 Garden Walks 2&3 11:00 Hand Spa - 2 11:00 Food Alphabet - 3 1:30 Camping Social - 1 3:00 Make Music - 3 3:00 Sing A-Long - 2 4:00 Piano with Sue - 1	16 10:00 Exercise - 1 10:00 Garden Walks 2 & 3 11:00 T.Top Hockey Game - 3 11:00 Mental Aerobics - 2 1:30 Bingo - 1 3:00 Active Games - 2 3:00 Sing A-long - 3 4:00 1:1 Visits 2&3	17 9:30 Garden Walks 2 & 3 10:00 Hearing Aid Clinic - A 11:00 Card Bingo - 3 11:15 Food Committee - 1 1:30 B-day Social M. w/ Precious - 1 3:00 Hymn Sing with F&R - 1 4:00 1:1 Visits 2&3	18 10:00 Garden Walks 2&3 11:00 Muscles in Motion - 1 1:30 Senior Safety Presentation by Melissa Bautista - 1 2:30 Bean Bag Toss - 2 3:30 Friendly Visits - 3	19 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 52 Questions - 1 2:30 Reminiscing - 2 3:30 Friendly Visits - 3
20 10:00 Garden Walks - 2 & 3 11:00 Care Fit - 1 2:00 Church Service P. Randy - 1 3:00 Friendly Visits - 3	21 10:00 Garden Walks- 2 & 3 11:00 Care Fit - 1 1:30 Reading Group w/ Bev - 2 3:00 Reminiscing - 3	22 10:00 Stretch it Out - 1 10:00 Garden Walks 2 & 3 11:00 Word Game - 3 11:00 Match Game - 2 1:30 Bus Outing- Scenic Drive - 2:00 Bean Bag Toss - 1 4:00 Piano with Sue - 1	23 9:45 Garden Walk 2 & 3 10:30 Bingo - 1 2:00 St. Matthew's Service - 1 3:30 Match Game - 3 3:30 Sing A-Long - 2	24 10:00 Move to the Music - 1 10:00 Garden Walks 2 & 3 11:00 Dice Game - 2 11:00 Music & The Art's - 3 1:30 Dice Game - 1 2:00 Music with Lubov - 2 3:00 On this Day - 3 4:00 1:1 Visits 2&3	25 10:00 Garden Walks 2&3 11:00 Muscles in Motion - 1 1:30 Origin from Expressions - 1 2:30 Word Game - 2 3:30 Friendly Visits - 3	26 10:00 Garden Walks 2 &3 11:00 Move to the Music - 1 1:30 Find a Word - 1 2:30 Trivia - 2 3:30 Friendly Visits - 3
27 10:00 Garden Walks - 2 & 3 11:00 Care Fit - 1 1:30 Hymn Sing - 1 3:00 Friendly Visits - 3	28 10:00 Garden Walks- 2 & 3 11:00 Care Fit - 1 1:30 Reading Group w/ Bev - 2 3:00 Sing A-long - 3	29 10:00 Stretch it Out - 1 10:00 Garden Walks 2& 3 11:00 Bean Bag Toss - 3 11:00 Reminiscing - 2 1:30 Hand Spa - 1 3:00 Active Games - 2 3:00 Devotions - 3 4:00 Piano with Sue - 1	30 10:00 Exercise - 1 10:00 Garden Walks 2 & 3 11:00 Devotions - 2 11:00 Trivia - 3 1:30 Bingo - 1 3:00 Bean Bag Toss - 2 3:00 Sing A-long - 3 4:00 1:1 Visits 2&3	31 10:00 Move to the Music - 1 10:00 Garden Walks 2& 3 11:00 T. Top Hockey Game - 2 11:00 Word Game - 3 1:30 Ice Cream Social -All Flrs 4:00 1:1 Visits 2&3	9-12 Tues- 2nd Flr - 1:1 Walking / Exercise w/ Parveen 9-12 Wed - 3rd Flr - 1:1 Walking / Exercise w/ Parveen 9-3 Thurs- 22d & 3rd Flr 1:1 Walking / Exercise w/ Parveen	
				 Happy Canada Day!		