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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10am - Worship Service  1	10am - Exercise Class 2  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 3 2:15pm – Social Cribbage 3pm- One Hour Scenic Bus Ride 	10am - Chair Yoga 4  1:30pm – Bingo	11am – Exercise Class 5 1:30pm – Crafts 	10am - 12pm - Knit and Chat 6  1pm - TRIVIA 	1pm – 2pm Table Games - Resident Led 7 
10am - Worship Service  8	10am - Exercise Class 9  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	10am – Mayfair Mall 10 Return Pick up at 1:30 1pm - Carpet Bowling  2:15pm – Social Cribbage	10am - Chair Yoga 11 1:30pm – Bingo  6:30pm Evening Entertainment by Jesse Brown	10am- Grocery Shuttle 12 Return Pickup at 11:30am 11am – Exercise Class 1:30pm – Crafts  2:30pm - Men's Coffee Chat at Norgarden 	10am - 12pm - Knit and Chat 13 11am – Beltone Hearing Clinic  1pm - TRIVIA 	1pm – 2pm Table Games - Resident Led 14 2pm - Afternoon Entertainment by Jesse Brown 
Father's Day  15 10am - Worship Service  5:15pm-Father's Day Theme Dinner	10am - Exercise Class 16  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	10am – Guest Speaker Dean Mills – Topic History of Sidney and North Saanich 17 1pm - Carpet Bowling 2:15pm – Social Cribbage	2pm- Norgarden Birthday Tea Entertainment by Seabreeze 18 	10:30pm – J.O.Y Group Outing to: West Coast Grill 19 11am – Exercise Class 1:30pm – Crafts 	10am - 12pm - Knit and Chat 20 10:30am – Men's Group Outing to: Mary's 1pm - TRIVIA 	1pm – 2pm Table Games - Resident Led 21 
10am - Worship Service  22	10am - Exercise Class 23  12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	1pm - Carpet Bowling 24  2:15pm – Social Cribbage	10am - Chair Yoga 25 1:30pm – Bingo 	10am- Grocery Shuttle 26 Return Pickup at 11:30am 11am – Exercise Class 1:30pm – Crafts 5pm- Sports Night Theme Dinner 	10am - 12pm - Knit and Chat 27  1pm - TRIVIA 	1pm – 2pm Table Games - Resident Led 28 
10am - Worship Service  29	10am - Exercise Class 30 11:15am – Show & Share 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	<div>   Teatime Daily at 2pm     </div>				