



# MAY 2025



## Location Key

AR - Activity Room  
L - Lounge  
DR - Dining Room  
P - Patio

## Sign-Up Sheets



A star beside an activity or outing on this calendar indicates sign-up is required. The Activities binder is located opposite the Front Desk on the side table.

				Thursday 1	Friday 2	Saturday 3
				9:30 Exercise Video: (AR) Cardio & Strength 2:30 Veterans Coffee (L) 6:30 Dessert & Documentaries: (L) "The Twister Caught in the Storm"	9:30 Exercise Video: (AR) Disco Music Workout 10:15 Nails & Spa by Bushra (AR) 2:30 Shuffleboard (AR) 3:30 Happy Hour (new time) (L) 7:00 Bingo (AR)	1:30 National Geographic Documentary: (L) "From Baja to Patagonia" 7:00 Popcorn & Movie: (L) "The Long Game"
Sunday 4	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10
1:00 Afternoon Matinee: (L) "The Two Pops"	9:30 Exercise Video: (AR) Full Body Stretch 10:30 Resident Council Meeting (AR) 2:00 Board Games (AR) Mexican Themed Dinner at Dinner Time in the Dining Room Cinco De Mayo	9:30 Exercise Video: (AR) Range of Motion Exercises	9:30 Exercise Video: (AR) Improve Mobility 10:00 Morning Coffee & Chat (L) Music performance by Larry McQuarrie at 3:00pm in the Lounge	9:30 Exercise Video: (AR) Cardio & Strength Shopping trip to Hillside Mall 9:30am-11:30am (Meet by the Front Desk at 9:15am) 2:30 Veterans Coffee (L) 6:30 Dessert & Documentaries- (L) "Audrey"	9:30 Exercise Video: (AR) Disco Music Workout 10:15 Nails & Spa by Bushra (AR) 2:30 Shuffleboard (AR) 3:30 Happy Hour (new time) (L) 7:00 Bingo (AR)	1:30 National Geographic Documentary: (L) "The Lost World of the Maya" 7:00 Popcorn & Movie: (L) "Mamma Mia"
Star Wars Day- May the 4th be with you						
Sunday 11	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17
Mother's Day Brunch with a Special Dessert Buffet at Lunchtime in the Dining Room 1:00 Afternoon Matinee: (L) "Mother's Day"	9:30 Exercise Video: (AR) Full Body Stretch 10:00 Morning Coffee & Chat (L) 2:00 Board Games (AR) International Nurses Day	9:30 Exercise Video: (AR) Range of Motion Exercises 1:30 Resident General Meeting (AR)	9:30 Exercise Video: (AR) Improve Mobility 10:00 Morning Coffee & Chat (L) Hypertension Seminar by Debra at 2:00pm in the Activity Room	9:30 Exercise Video: (AR) Cardio & Strength "Spring Cleaning" Donations Clothing Drive Drop Off 2:00pm-3:00pm in the Activity Room 2:30 Veterans Coffee (L) 6:30 Dessert & Documentaries (L) "Landcaster Above and Beyond"	9:30 Exercise Video: (AR) Disco Music Workout 10:15 Nails & Spa by Bushra (AR) 2:30 Shuffleboard (AR) 3:30 Happy Hour (new time) (L) 7:00 Bingo (AR)	1:30 National Geographic Documentary: (L) "Cleopatra's Lost Tomb" 7:00 Popcorn & Movie: (L) "Bank of Dave"
Mother's Day						
Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
Hearing Aid Seminar & Clinic by Ajit at 10:00am in the Activity Room 1:00 Afternoon Matinee: (L) "The Bee Movie"	9:30 Exercise Video: (AR) Full Body Stretch 10:00 Morning Coffee & Chat (L) 1:00 Special Documentary: (L) "Queen Victoria: Secrets of a Queen" (AR) 2:00 Board Games (AR) Victoria Day	9:30 Exercise Video: (AR) Range of Motion Exercises Resident Birthday Tea & Music performance by Vic Gnaedinger at 3:00pm in the Dining Room World Bee Day	9:30 Exercise Video: (AR) Improve Mobility 10:00 Morning Coffee & Chat (L) Gardening Club Meeting at 2:00pm on the Patio All residents are welcome to join!	9:30 Exercise Video: (AR) Cardio & Strength 2:30 Veterans Coffee (L) 6:30 Dessert & Documentaries (L) "Secrets of the Neanderthals"	9:30 Exercise Video: (AR) Disco Music Workout 10:15 Nails & Spa by Bushra (AR) 2:30 Shuffleboard (AR) 3:30 Happy Hour (new time) (L) 7:00 Bingo (AR)	Music performance by the Ablaze Choir at 2:00pm in the Activity Room 7:00 Popcorn & Movie: (L) "Blue Miracle"
World Hypertension Day						
Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31
1:00 Afternoon Matinee: (L) "Under the Tuscan Sun"	9:30 Exercise Video: (AR) Full Body Stretch 10:00 Morning Coffee & Chat (L) Flower Arranging Session by Rosalie at 2:00pm in the Activity Room sponsored by Thrifty Foods	9:30 Exercise Video: (AR) Range of Motion Exercises	9:30 Exercise Video: (AR) Improve Mobility 10:00 Morning Coffee & Chat (L) OPEN HOUSE: Tuscan Garden Party 3:00pm-5:00pm On the Main Level & Patio with music by Vinyl Wave at 4:00pm	9:30 Exercise Video: (AR) Cardio & Strength 2:30 Veterans Coffee (L) 6:30 Dessert & Documentaries- (L) "Seaspiracy"	9:30 Exercise Video: (AR) Disco Music Workout 10:15 Nails & Spa by Bushra (AR) 2:30 Shuffleboard (AR) 3:30 Happy Hour (new time) (L) 7:00 Bingo (AR)	1:30 National Geographic Documentary: (L) "Lost Worlds of the Mediterranean" 7:00 Popcorn & Movie: (L) "Interstellar"