	The Norgarden May Activity Calendar 2025					Trillium BOUTIQUE SENIOR LIVING
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** Trillium		time Daily 2pm		11am – Exercise Class 1 1:30pm – Crafts	10am - 12pm - Knit 2 and Chat 1pm - TRIVIA	1pm – 2pm Table 3 Games - Resident Led
10:30am - Worship Service41:30 Bus to Peninsula Singers Concert Departs Ticket Holders Only	10am - Exercise Class 5 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald 5:15pm - Cinco de Mayo Theme Dinner	1pm - Carpet Bowling 6	11am – Bingo71pm - Chair YogaThank you for your understanding as we switch the times for these two classes for this day only. Kathleen	10am- Grocery Shuttle Return Pickup at 11:30am811am – Exercise Class11:30pm – Crafts	10am - 12pm - Knit 9 and Chat	1pm – 2pm Table 10 Games - Resident Led
Mothers Day 10:30am - Worship Service 5:15pm - Mother's Day Theme Dinner	10am - Exercise Class 12 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	10am - Norgarden Resident Meeting131pm - Carpet Bowling2:15pm – Social Cribbage	2pm-Norgarden 14 Birthday Tea Entertainment By Vic G	11am – Exercise Class 15 11am – Beltone Hearing Clinic 1:30pm – Crafts 2:30pm - Men's Coffee Chat at Norgarden	10am - 12pm - Knit 16 and Chat 1pm - TRIVIA	1pm – 2pm Table 17 Games - Resident Led
10:30am - Worship 18 Service	Victoria Day 10am - Exercise Class 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald 5:15pm Victoria Day Theme Dinner	10am – Guest Speaker 20 Dean Mills -Topic: History of Sidney and North Saanich 1pm - Carpet Bowling 2:15pm – Social Cribbage 3pm- One Hour Scenic Bus Ride	11am - Chair Yoga211pm- BingoImage: Comparison of the sector o	10:30pm – J.O.Y Group Outing to The Surly Mermaid 11am – Exercise Class 1:30pm – Crafts	10am - 12pm - Knit23and Chat10:30am - Men's GroupOuting to: Surly Mermaid1pm - IRIVIA2pm - PATS Visit withStella & Karen	1pm – 2pm Table 24 Games - Resident Led 2pm - Afternoon Entertainment by Stan Davies
10:30am - Worship 25 Service	10am - Exercise Class 26 12:30pm - 4pm Chair Massage & Reiki with Joanna Donald	10am – Hillside Mall Return Pick up at 1:30271pm - Carpet Bowling 2:15pm – Social Cribbage	11am - Chair Yoga 28	10am- Grocery Shuttle 29 Return Pickup at 11:30am 11am – Exercise Class 1:30pm – Crafts	10am - 12pm - Knit 30 and Chat 1pm - TRIVIA	1pm – 2pm Table 31 Games - Resident Led