

May 2025



ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Brain Games	2 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Two Among Friends 3:00pm Group Boardgames	3 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Armchair Travel to Mexico
4 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	5 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Bart 2:30pm Snacks social & Documentary	6 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Gardening 2:30pm Walking Group	7 9:30am Chair Exercise 10:00am Balloon Badminton 11:00am Tissue Paper Art 1:30pm Reading Hour	8 9:30am Chair Exercise 10:00am Mother's Day Reminiscing 1:30pm Mother's Day Bingo 3:00pm Brain Games	9 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Mother's Day Tea Party 3:00pm Group Boardgames	10 9:30am Chair Exercise 10:00am Beauty Hour 1:30pm Brain Games: Trivia 3:00pm One on One
11 	12 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks social & Documentary	13 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:45pm Live Music with Michael Majocha Happy Birthday Roberto!	14 9:30am Chair Exercise 10:00am Balloon Badminton 11:00am Fresh Flower Arranging 1:15pm Visit Abkhazi Parks & Bus Drive 1:30pm Live Music with Casey	15 9:30am Chair Exercise 10:00am Cooking Hour: Summer Lemon Pie 1:30pm Bingo 3:00pm Brain Games	16 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Eugene 3:00pm Group Boardgames	17 10:00am Chair Exercise 11:00am Reading Club 1:30pm Bingo 2:30pm Jigsaw Puzzles
18 9:30am Church Service 10:00am Seated Yoga with Anna 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	19 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Bart 2:30pm Snacks social & Documentary	20 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	21 9:30am Chair Exercise 10:00am Balloon Badminton 11:00am Flower Painting 1:30pm Reading Hour	22 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Brain Games	23 9:30am Chair Exercise 10:00am Bean Bag Toss 11:00am Spring Visit James Bay School 2:00pm Birthday Party Celebration 3:00pm Group Boardgames	24 9:30am Chair Exercise 10:00am Beauty Hour 1:30pm Brain Games: Trivia 3:00pm One on One Happy Birthday Hazel & Pam!
25 9:30am Church Service 2:00pm Snacks Social & Movie Hour 3:00pm Movie and Popcorn	26 9:30am Chair Yoga 10:00am News Around the World 2:30pm Snacks social & Documentary	27 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:00pm Live Music with Sadie	28 9:30am Chair Exercise 10:00am Balloon Badminton 11:00am Fresh Flower Arranging 1:30pm Reading Hour	29 9:30am Chair Exercise 10:00am Noodle Hockey 1:30pm Bingo 3:00pm Brain Games	30 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Victor 3:00pm Group Boardgames	31 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Jeopardy 3:00pm One on One

