

April 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
|  | <i>Sikh Heritage Month</i> | 1 9:30 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Reflections <i>April Fools Day</i> | 2 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts with Colleen 3:00 Sing-a-long | 3 9:30 Reading circle 11:00 Yoga Stretch 1:30 Sing-a-long 2:30 Happy Hour | 4 9:30 Music Memory 11:00 Jive to Thrive 1:30 Card games 3:00 Movie & Popcorn | 5 1:30 Virtual Concert 2:30 Coffee & Doughnuts day |
| 6 11:00 Utube Church Service  | 7 9:30 News & Views 11:00 Tai Chi 1:30 Armchair travel 2:00 Staff take a Resident for a Walk 3:00 Health Trivia World Health Day | 8 9:30 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Reflections | 9 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Trivia 3:00 Sing-a-long | 10 9:30 Reading circle 11:00 Yoga Stretch 1:30 Sing-a-long 2:30 Happy Hour | 11 9:30 Music Memory 11:00 Jive to Thrive 1:30 National Pet Day (bring your Pet to Work day) 3:00 Movie & Popcorn <i>Happy Birthday Kathleen</i> | 12 <i>Marty on Piano</i> 2:30 Coffee & Doughnuts day <i>Happy Birthdy Vern</i> |
| 13 11:00 Utube Church Service  | 14 9:30 News & Views 11:00 Tai Chi 1:30 Armchair travel 3:00 Health Trivia | 15 9:30 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Reflections | 16 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts with Colleen 3:00 Sing-a-long | 17 9:30 Reading circle 11:00 Yoga Stretch 1:30 Sing-a-long 2:30 Happy Hour | 18 9:30 Music Memory 11:00 Jive to Thrive 1:30 Card games 3:00 Movie & Popcorn <i>Good Friday</i> | 19 2:30 Coffee & Doughnuts day |
| 20 11:00 Utube Church Service <i>Happy Easter</i>  | 21 9:30 News & Views 11:00 Tai Chi 1:30 Armchair travel 3:00 Health Trivia <i>Easter Monday</i> | 22 9:30 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 3:00 Reflections | 23 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Trivia 3:00 Sing-a-long <i>Happy Admin Prof. Day</i> | 24 9:30 Reading circle 11:00 Yoga Stretch 1:30 Sing-a-long 2:30 Happy Hour | 25 9:30 Music Memory 11:00 Jive to Thrive 1:30 Card games 3:00 Movie & Popcorn | 26 <i>Lauren on Piano</i> 2:30 Coffee & Doughnuts day |
| 27 11:00 Utube Church Service  | 28 9:30 News & Views 11:00 Tai Chi 1:30 Armchair travel 3:00 Health Trivia <i>Happy Birthday Barry</i> | 29 9:30 Puppet Therapy 11:00 Yoga Stretch 1:30 Entertainment 2:30 Birthday Party - AR 3:00 Reflections | 30 9:30 Happy Hearts Club 11:00 Zumba fun - AR 1:30 Crafts with Colleen 3:00 Sing-a-long <i>Happy Birthday Bunty</i> |  |  |  |

