

2:00pm in the Multi-Purpose Room

6:00 Board Games



APRIL 2025





WEST SHORE VILLAGE									WEST SHORE VILLAGE	
WEST SHORE VILLAGE		Tuesday	1	Wednesday	2	Thursday	3	Friday 4	Saturday 5	
	()	•	(MR)	9:30 Java Group	(L)	10:00 Stand & Fit - Josh	(MR)	10:00 Stand & Fit - Josh (MR)		MR)
		` '	(MR)	10:00 Chair Yoga (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (TS)		MR)
			(TH)	5 , ,	(TS)	Garden Club Meeting with Chery	/l	1:00pm - 2:30pm Knitting Crew (MR)	Music with Casey Ryder	
	\mathcal{M} .	"Man on the Inside: Episode 1"	, ,	1:00 Bingo	(MR)		ı	2:45 Exercise with Esther (MR)	2:00pm in the Fireside Lounge	
	W TO	6:00 Board Games	(MR)	Dunsmuir Middle School Students	` '	6:00 Board Games	(MR)	3:30pm - 5:30pm Pub Happy Hour	2:00 Movie Matinee:	TH)
			` ′	1:00pm in the Village Pub			` 1	6:00 Board Games (MR)	"Carry On"	
				3:30pm-5:30pm Pub Happy Hour		FIRE		6:30 Movie Night: (TH)	6:00 Board Games (N	MR)
		April Fool's Day		6:00 Board Games	(MR)	Monthly Fire Alarm Testing		"Carry On"		
Sunday 6	Monday 7	Tuesday	8	Wednesday	9	Thursday	10	Friday 11	Saturday 12	
10:00 Mobility Exercises (Livia) (MR)	10:00 Ball & Band Exercises (Livia) (MR)	10:00 SAIL (Livia)	(MR)	9:30 Java Group	(L)	10:00 Chair Pilates (Lauren)	(MR)	10:00 Stand & Fit - Josh (MR)	10:00 Exercise with Esther (N	MR)
2:00pm - 4:00pm Pub Happy Hour (VP)	1:00 Tuck Shop Open (TS)	2:00 Book Club Meeting	(L)	10:00 Weighted Exercises (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (TS)	2:00 Sing-a-Long Group (N	MR)
2:00 Movie Matinee: (TH)	1:00 Jacko (MR)	2:00 Blood Pressure Clinic	(MR)	1:00 Tuck Shop Open	(TS)	Golden Era of Rock Show by Vinyl W	/ave	1:00pm - 2:30pm Knitting Crew (MR)	2:00 Movie Matinee:	TH)
"Carry On"	Healthy Aging with Red-Light & Laser Therapy	2:00 Netflix Series:	(TH)	1:00 Bingo	(MR)	Flower Power Soc Hop Dance Part	ty	2:45 Exercise with Esther (MR)	"Dirty Dancing"	
2:00 Music with Mervin (MR)	Presentation by Dr. Tobia From Regen Clinic	"Man on the Inside: Episode 2"		Burger and Brew	TO	2:00pm in the Dining Room		3:30pm - 5:30pm Pub Happy Hour	6:00 Board Games (N	MR)
6:00 Board Games (MR)	2:30pm in the Multi-Purpose Room	6:00 Board Games	(MR)	4:00pm - 6:00pm in the Village Pub		Gourmet Retro Dinner		6:00 Board Games (MR)		
	6:00 Board Games (MR))		6:00 Board Games	(MR)	at Regular Dinner Seatings		6:30 Movie Night: (TH)		
						6:00 Board Games	(MR)	"Dirty Dancing"		
Sunday 13	Monday 14	Tuesday	15	Wednesday	16	Thursday	17	Friday 18	Saturday 19	
10:00 Mobility Exercises (Livia) (MR)	10:00 Chair Zumba (Livia) (MR)	10:00 SAIL Cancelled	(MR)	9:30 Java Group	(L)	10:00 Stand & Fit - Josh	(MR)	10:00 Stand & Fit - Josh (MR)	10:00 Exercise with Esther (N	MR)
2:00 Games with Lucia (MR)	1:00 Tuck Shop Open (TS)	Covid-19 Booster Vaccination Clinic	$\langle \rangle$	10:00 Chair Yoga (Livia)	(MR)	Walmart/Westshore Mall		1:00 Tuck Shop Open (TS)	2:00 Movie Matinee:	TH)
2:00pm - 4:00pm Pub Happy Hour (VP)	1:00 Jacko (MR)	9:30am-12:30pm in the Multi-Purpose Ro	oom	1:00 Tuck Shop Open	(TS)	9:30am - 11:30am	\mathbb{W}	1:00pm - 2:30pm Knitting Crew (MR)	"Where the Crawdads Sing"	
2:00 Movie Matinee: (TH)	Fall Prevention and Functional Independence	2:00 Netflix Series:	(TH)	1:00 Bingo	(MR)	1:00 Rummikub	(MR)	2:45 Exercise with Esther (MR)	6:00 Board Games (N	MR)
"Dirty Dancing"	Seminar with Core Connection	"Man on the Inside: Episode 3"		1:00 Bible Study	(L)	April Birthday Tea		3:30pm - 5:30pm Pub Happy Hour	Victoria Youth Music Outreach	
6:00 Board Games (MR)	2:30pm in the Multi-Purpose Room	Easter Wreath Craft	<u>^</u>	Darts with Jojan 2:30pm - 3:30pm (VF	P)	2:00pm - 3:00pm		6:00 Board Games (MR)	1:30pm in the Multi-Purpose Room	
	6:00 Board Games (MR)	2:30pm in the Multi-Purpose Room	\sim	3:30pm - 5:30pm Pub Happy Hour		with Jesse Thomas Brown	14.1	6:30 Movie Night: (TH)		
		6:00 Board Games	(MR)	6:00 Board Games	(MR)	6:00 Board Games	(MR)	"Where the Crawdads Sing"		
								Good Friday		
Sunday 20	Monday 21	Tuesday	22	Wednesday	23	Thursday	24	Friday 25	Saturday 26	
10;00 Stand & Fit (Josh) (MR)	10:00 Stand & Fit (Josh) (MR)	10:00 SAIL (Livia)	(MR)	9:30 Java Group	(L)	10:00 Chair Pilates (Lauren)	(MR)	10:00 Stand & Fit - Josh (MR)	10:00 Exercise with Esther (N	MR)
Easter Brunch	1:00 Tuck Shop Open (TS)	2:00 Netflix Series:	(TH)	10:00 Weighted Exercises (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (TS)	Music with Matthew Webser	
Regular Lunch Seatings	1:00 Jacko (MR)	"Man on the Inside: Episode 4"		1:00 Tuck Shop Open	(TS)	Vintage Fashion Show		1:00pm - 2:30pm Knitting Crew (MR)	2:00pm in the Multi-Purpose Room	
2:00pm - 4:00pm Pub Happy Hour (VP)	Music with Charlie Burton	Metchosin Church Fawnlilies Outing		1:00 Bingo	(MR)	2:00pm in the Dining Room		2:45 Exercise with Esther	2:00 Movie Matinee:	TH)
2:00 Movie Matinee: (TH)	2:30pm in the Fireside Lounge	& Lunch at MyChosen Café	^_	3:30pm - 5:30pm Pub Happy Hour		6:00 Board Games	(MR)	3:30pm - 5:30pm Pub Happy Hour	"Midnight in Paris"	
"Where the Crawdads Sing"	6:00 Board Games (MR)) 11:30am - 2:30pm	\sim	6:00 Board Games	(MR)			6:00 Board Games (MR)	6:00 Board Games (N	MR)
2:00 Music with Mervin (MR)		6:00 Board Games	(MR)					6:30 Movie Night: (TH)		
6:00 Board Games (MR)								"Midnight in Paris"		
Easter	Easter Monday	Earth Day								
Sunday 27	Monday 28	Tuesday	29	Wednesday	30	Location Koy			The Village Rub	
10:00 Mobility Exercises (Livia) (MR)	10:00 Chair Zumba (Livia) (MR)	10:00 SAIL (Livia)	(MR)	9:30 Java Group	(L)	<u>Location Key</u>		Sign-Up Sheets	The Village Pub	
Horticulture Centre of the Pacific	Federal Election Polling Station	2:00 Resident Meeting	(DR)	10:00 Chair Yoga (Livia)	(MR)				<u>Happy Hour</u>	
Outing 1:00pm - 3:00pm	10:00am - 2:00pm in the Village Pub	3:00 Netflix Series:	(TH)	Fish and Chips Lunch		MR - Multipurpose Room TH - Th DR - Dining Room TS - Tuo	eatre ck Shop	A star beside an activity or	Open every Wednesdays &	
2:00pm - 4:00pm Pub Happy Hour (VP)	1:00 Tuck Shop Open (TS)	"Man on the Inside: Episode 5"		11:00am - 1:00pm in the Village Pub		_	ck Snop llage Lobl	outing on this calendar indicate	Fridays 3:30pm-5:30pm	
2:00 Movie Matinee: (TH)	1:00 Jacko (MR)	6:00 Board Games	(MR)	1:00 Tuck Shop Open	(TS)	=	dge Lobb	Sign up is required. The	Sundays 2:00pm-4:00pm	
"Midnight in Paris"	2:30 Activities Meeting (MR))		1:00 Bingo	(MR)	_	llage Cou			
Hearing Aid Clinic & Seminar with Ajit	6:00 Board Games (MR))		3:30pm - 5:30pm Pub Happy Hour		CF - Cafe L - Lib	rary	main building.		
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6:00 Board Games

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