Trillium West shore village			01		AJ	RCH 2	02	25			Trillium Vest shore village	
Sunday	30	Monday	31	Location	Key			Sign-Up Sheets		The Village Pub	Saturday	1
10:00 Mobility Exercises (Livia)	(MR)	Tax Preparation Workshop		MR - Multipurpose Room 1	H - Theatre			<u>Sign-Op Sheets</u>		Happy Hour	10:00 Exercise with Esther	(MR)
2:00pm-4:00pm Pub Happy Hou	ır (VP)	9:00am-4:00pm in the Library			S - Tuck Sho			star beside an activity or outing on t			Victoria Irish Dancers	
1:30 Open Painting 🛛 🐝	(MR)	10:00 Chair Zumba (Livia)	(MR)	-	/L - Village L			endar indicates <u>sign-up is required</u> .		Open every Wednesday & Friday	2:00pm in the Village Lobby	
2:00 Movie Matinee:	(TH)	1:00 Tuck Shop Open	(TS)		L - Lodge Lo 'C - Village C		Activ	ities Binder is located by Village ele	vator 🎽	3:30pm-5:30pm	2:00 Movie Matinee:	(TH)
"Whitney Houston: I Wanna Dance with So	omebody"	1:00 Jacko	(MR)	0	L - Library	a sal	$\mathbf{\lambda}$	in the main building.	6	Sundays 2:00pm-4:00pm	"Forrest Gump"	
6:00 Board Games	(MR)	2:00 Movie Matinee:	(TH)								6:00 Board Games	(MR)
		Resident Choice										
		6:00 Board Games	(MR)									
Sunday	2	Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday 7	Saturday	8
10:00 Mobility Exercises (Livia)	(MR)	10:00 Chair Zumba (Livia)	(MR)	10:00 SAIL (Livia)	(MR)	9:30 Java Group	(L)	10:00 Chair Pilates (Lauren)	(MR)	10:00 Stand & Fit (Josh) (MR)	10:00 Exercise with Esther	(MR)
2:00pm-4:00pm Pub Happy Hou	ır (VP)	1:00 Tuck Shop Open	(TS)	2:00 Documentary:	(TH)	10:00 Chair Yoga (Livia)	(MR)	1:00 Bible Study	(L)	1:00 Tuck Shop Open (TS)	2:00 Movie Matinee:	(TH)
2:00 Movie Matinee:	(TH)	1:00 Jacko	(MR)	"Queen Cleopatra" The Last Pha	raoh	1:00 Tuck Shop Open	(TS)	1:00 Rummikub	(MR)	1:00pm-2:30pm Knitting Crew (MR)	"Little Women"	
"Forrest Gump"		2:00 Movie Matinee:	(TH)	6:00 Board Games	(MR)	1:00 Bingo	(MR)	Garden Club Meeting with Che	ryl	2:45 Exercise with Esther (MR)	2:00 Sing-a-Long Group	(MR)
2:00 Music with Mervin	(MR)	Resident Choice		Art Gallery of Greater Victoria Ou	iting	Dunsmuir Middle School Studen	ts	2:30pm on the Patio		3:30pm-5:30pm Pub Happy Hour (VP)	6:00 Board Games	(MR)
6:00 Board Games	(MR)	2:30 Galloping Goose Walk	(VL)	with Highgate Lodge		1:00pm-2:00pm in the Village Pu	ıb	2:00 Movie Matinee:	(TH)	6:00 Board Games (MR)		
		6:00 Board Games	(MR)	12:30pm-4:00pm	$\sim$	3:30pm-5:30pm Pub Happy Hour (	(VP)	Resident Choice		6:30 Movie Night: (TH)		
						6:00 Board Games	(MR)	6:00 Board Games	(MR)	"Little Women"	A.	Sa
				Shrove Tuesday		Ash Wednesday		Monthly Fire Alarm Testing	LART		International Women's Day	9
Sunday	9	Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday 14	Saturday	15
10:00 Mobility Exercises (Livia)	(MR)	10:00 Ball & Band Exercises (Livia)	(MR)	10:00 SAIL (Livia)	(MR)	9:30 Java Group	(L)	10:00 Chair Pilates (Lauren)	(MR)	10:00 Stand & Fit (Josh) (MR)	10:00 Exercise with Esther	(MR)
1:30 Open Painting	(MR)	1:00 Tuck Shop Open	(TS)	2:00 Documentary:	(тн)	10:00 Weighted Exercises (Livia)	(MR)	9:30am-11:30am	$\sim$	1:00 Tuck Shop Open (TS)	Victoria Youth Music Outreach	
2:00pm-4:00pm Pub Happy Hou	ır (VP)	1:00 Jacko	(MR)	"Museum Secrets Episode 1"		1:00 Tuck Shop Open	(TS)	Walmart/Westshore Mall	$\sim$	1:00pm-2:30pm Knitting Crew (MR)	1:30pm in the Multi-Purpose Roo	m
2:00 Movie Matinee:	(TH)	2:00 Movie Matinee:	(TH)	2:00 Blood Pressure Clinic	7 (MR)	1:00 Bingo	(MR)	1:00 Rummikub	(VP)	2:45 Exercise with Esther (MR)	2:00 Movie Matinee:	(TH)
"Little Women"		Resident Choice		Technology Workshop with Spe	ncer	Burger and Brew	- A	Craft Corner: Leprachaun Hat	s 🔨	Karaoke with Cheryl 3:30pm-4:30pm (VP)	"The Diana Conspiracy: What Happened in	n Paris?"
2:00 Book Club	(L)	Music with Jaimey Hamilton		3:00pm in the Multi-Purpose Ro		4:00pm-6:00pm in the Village Pu	ub 📜 🛛	2:00pm in the Multi-Purpose Ro	oom	3:30pm-5:30pm Pub Happy Hour (VP)	6:00 Board Games	(MR)
6:00 Board Games	(MR)	2:30-3:30pm in the Fireside Lounge		6:00 Board Games	(MR)	6:00 Board Games	(MR)	6:00 Board Games	(MR)	6:00 Board Games (MR)		
		6:00 Board Games	(MR)							6:30 Movie Night: (TH)		
		Day Light Savings								"The Diana Conspiracy: What Happened in Paris?"		
Sunday	16	Monday	17	Tuesday	18	Wednesday	19	Thursday	20	Friday 21	Saturday	22
10:00 Mobility Exercises (Livia)	(MR)	10:00 Chair Zumba (Livia)	(MR)	10:00 SAIL (Livia)	(MR)	9:30 Java Group	(L)	10:00 Chair Pilates (Lauren)	(MR)	10:00 Stand & Fit (Josh) (MR)	10:00 Exercise with Esther	(MR)
2:00 Card Games with Lucia	(MR)	1:00 Tuck Shop Open	(TS)	Ogden Point Breakwater Wall	< -∧-	10:00 Chair Yoga (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (TS)	2:00 Movie Matinee:	(ТН)
2:00pm-4:00pm Pub Happy Hou	ır (VP)	1:00 Jacko Cancelled	(MR)	1:30pm-4:00pm		1:00 Tuck Shop Open	(TS)	1:00 Bible Study	(L)	1:00pm-2:30pm Knitting Crew (MR)	"Megan Leavey"	
2:00 Movie Matinee:	(TH)	Saint Patricks Day Celebration 🖌		2:00 Documentary:	(TH)	1:00 Bingo	(MR)	2:00 Movie Matinee:	(TH)	2:45 Exercise with Esther (MR)	2:30 Brain Games With Marianne	(MR)
"The Diana Conspiracy: What Happened	d in Paris?"	with Joyz and The Boyz		"Museum Secrets Episode 2"		Darts with Jojan 2:30pm - 3:30pm	(VP)	Resident Choice		3:30pm-5:30pm Pub Happy Hour (VP)	6:00 Board Games	(MR)
6:00 Board Games	(MR)	2:00pm in The Dining Room		6:00 Board Games	(MR)	3:30pm-5:30pm Pub Happy Hour (	(VP)	March Birthday Tea		6:00 Board Games (MR)		
		6:00 Board Games	(MR)			6:00 Board Games	(MR)	2:00pm-3:00pm		6:30 Movie Night: (TH)		
		🦂 Irish Dinner 🌖						with Brandy Moore Performin	ng 👘	"Megan Leavey"		
		🛛 📕 At Regular Dinner Seatings 🔍						6:00 Board Games	(MR)			
		Saint Patrick's Day						First Day of Spring				
Sunday	23	Monday	24	Tuesday	25	Wednesday	26	Thursday	27	Friday 28	Saturday	29
10:00 Mobility Exercises (Livia)	(MR)	10:00 Ball & Band Exercises (Livia)	(MR)	10:00 SAIL (Livia)	(MR)	<b>9:30</b> Java Group	(L)	10:00 Chair Pilates (Lauren)	(MR)	10:00 Stand & Fit (Josh) (MR)	10:00 Exercise with Esther	(MR)
Hearing Aid Clinic & Seminar wit	th Ajit	1:00 Tuck Shop Open	(TS)	2:00 Resident Meeting	(DR)	10:00 Weighted Exercises (Livia)	(MR)	1:00 Rummikub	(MR)	1:00 Tuck Shop Open (TS)	Music with Matthew Webster	
2:00pm in the Multi-Purpose R	loom	1:00 Jacko	(MR)	3:00 Documentary:	(TH)	Fish and Chips Lunch		Comfort Keepers	$\checkmark$	1:00pm-2:30pm Knitting Crew (MR)	2:00pm in the Fireside Lounge	
2:00pm-4:00pm Pub Happy Hou	ır (VP)	2:00 Movie Matinee:	(TH)	"Museum Secrets Episode 3"		11:00am-1:00pm in the Village P	ub	Navigating the BC Health Care Sys	stem	2:45 Exercise with Esther (MR)	2:00 Movie Matinee:	(TH)
2:00 Movie Matinee:	(TH)	Resident Choice		6:00 Board Games	(MR)	1:00 Tuck Shop Open	(TS)	2:00pm in the Dining Room		3:30pm-5:30pm Pub Happy Hour (VP)	"Whitney Houston: I Wanna Dance with Some	ebody"
"Megan Leavey"		"Spring Cleaning" Clothing Donation Dr	ive			1:00 Bingo	(MR)	2:00 Movie Matinee:	(TH)	6:00 Board Games (MR)	6:00 Board Games	(MR)
6:00 Board Games	(MR)	2:30pm-3:30pm in the Multi-Purpose Ro	om			3:30pm-5:30pm Pub Happy Hour (	(VP)	Resident Choice		6:30 Movie Night: (TH)		
		6:00 Board Games	(MR)			6:00 Board Games	(MR)	6:00 Board Games	(MR)	"Whitney Houston: I Wanna Dance with Somebody"		

