

Norgarden March Activity Calendar 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Teatime Daily
2pm



1pm – 2pm Table Games - Resident Led **1**

10am - Worship Service **2**

10am - Exercise Class **3**
12:30pm - 4pm Chair Massage & Reiki with Joanna Donald

10am – Guest Speaker **4**
Dean Mills: Topic – Beautiful Animals of the Salish Sea
1pm - Carpet Bowling
2:15pm – Social Cribbage
3:30pm – Scenic Bus Ride

11am - Chair Yoga **5**
1pm– Bingo

11am – Exercise Class **6**
1:30pm – Crafts

10am - 12pm - Knit and Chat **7**
1pm - TRIVIA

International Women's Day **8**

1:30pm – Entertainment by Jesse Brown

10am - Worship Service **9**

10am - Exercise Class **10**
12:30pm - 4pm Chair Massage & Reiki with Joanna Donald

1pm - Carpet Bowling **11**
2:15pm – Social Cribbage

2pm-Norgarden Birthday Tea Entertainment by Gypsy Rovers **12**

10am- Grocery Shuttle Return Pickup at 11:30am **13**
11am – Exercise Class
1:30pm – Crafts
2:30pm – Men's Coffee Chat at Norgarden

10am - 12pm - Knit and Chat **14**
11am – Beltone Hearing In-Service
1pm- 2pm - TRIVIA

1pm – 2pm Table Games - Resident Led **15**

10am – Worship Service **16**
2:15pm – Special Performance by the Victoria Irish Dancers

St. Patrick's Day **17**
10am - Exercise Class
12:30pm - 4pm Chair Massage & Reiki with Joanna Donald
5pm – St. Patrick's Dinner

1pm - Carpet Bowling **18**
2:15pm – Social Cribbage

11am - Chair Yoga **19**
1pm– Bingo

10:30pm – J.O.Y Group Outing to Mary's **20**
11am – Exercise Class
1:30pm – Crafts

10am - 12pm - Knit and Chat **21**
1pm - TRIVIA

1pm – 2pm Table Games - Resident Led **22**

10am - Worship Service **23**

10am - Exercise Class **24**
12:30pm - 4pm Chair Massage & Reiki with Joanna Donald

10am - Hillside Mall Return Pick up at 1:30pm **25**
1pm - Carpet Bowling
2:15pm – Social Cribbage

Purple Shirt Day **26**
Epilepsy Awareness Day
11am - Chair Yoga
1pm– Bingo

10am- Grocery Shuttle Return Pickup at 11:30am **27**
11am – Exercise Class
1:30pm – Crafts
5:15pm - Pub Night Theme Dinner

10:30am – Men's Group Outing to Mary's **28**
10am - 12pm - Knit and Chat
1pm - TRIVIA

1pm – 2pm Table Games - Resident Led **29**
2pm - Music with Doug Paterson Guitar & Vocals
New – Entertainer

10am - Worship Service **30**

10am - Exercise Class **31**
12:30pm - 4pm Chair Massage & Reiki with Joanna Donald

An Irish Blessing

“May love and laughter light you days, and warm you heart and home”