

March 2025

ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Neighborhood Walks 1:1 10:00am Paper Shamrock 1:30pm Brain Games: Trivia 3:00pm Home Decoration
2 9:30am Church Service 10:00am Yoga with Anna 2:00pm Coffee Social & Treat 3:00pm Movie and Popcorn	3 9:30am Chair Yoga 10:00am News Around the World 1:30pm Guitar with Ian 3:00pm Sing-A-Long with Lindi Moo	4 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	5 9:30am Chair Exercise 10:00am Balloon Badminton 11:00am Colouring to Music 1:30pm Reading Club	6 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 2:30pm Live Music Entertainment with Alyssa	7 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Caroline 3:00pm Group Boardgames	8 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour & Woman's Day Remiscing 1:30pm Brain Games: Trivia International Women's Day
9 9:30am Church Service 1:30pm Sing-A-Long with Susie Q 2:00pm Coffee Social & Treat 3:00pm Movie and Popcorn	10 9:30am Chair Yoga 10:00am News Around the World 3:00pm Sing-A-Long with Lindi Moo	11 9:30am Chair Exercise 10:00am Indoor Bocce Game 1:30pm Short Stories & Jokes 2:30pm Walking Group	12 10:00am Balloon Badminton 11:00am Chair Zumba with Colleen 1:30pm Bus Outing: Ballet Performance 2:00pm Live Music Entertainment with Michael Majocho	13 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo Shamrock 3:00pm Word Games	14 9:30am Chair Exercise 10:00am St. Patrick's Day History & Discussion 1:45pm St. Patrick's Day Social & Green Snack Party	15 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Brain Games: Trivia 3:00pm One on One
16 9:30am Church Service 10:00am Yoga with Anna 2:00pm Coffee Social & Treat 3:00pm Movie and Popcorn	17 9:30am Chair Yoga 10:00am News Around the World 1:30pm Sing-A-Long 	18 9:30am Chair Exercise 10:00am Indoor Bocce Game 2:00pm Live Music Entertainment "It's Them Again" 2:30pm Walking Group	19 9:30am Chair Exercise 10:00am Balloon Badminton 11:00am Colouring to Music 1:30pm Armchair Travel to Ireland	20 9:30am Chair Exercise 10:00am Active Games: Bowling 10:30am Beggining of Spring Plating 1:30pm Bingo 3:00pm Memory Games	21 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music with Jessica Benini 3:00pm Group Boardgames	22 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Brain Games: Trivia 3:00pm One on One
23 9:30am Church Service 1:30pm Sing-A-Long with Susie Q 2:00pm Coffee Social & Treat 3:00pm Movie and Popcorn	24 9:30am Chair Yoga 10:00am News Around the World 3:00pm Sing-A-Long with Lindi Moo	25 9:30am Chair Exercise 10:00am Indoor Bocce Game 2:00pm Live Music Entertainment with Eugene 2:30pm Walking Group	26 10:00am Balloon Badminton 11:00am Zumba with Colleen 1:30pm Reading Club 2:00pm Jigsaw Puzzles	27 9:30am Chair Exercise 10:00am Active Games: Bowling 10:30am Beggining of Spring Planting 1:30pm Bingo 3:00pm Word Games	28 9:30am Chair Exercise 10:00am Bean Bag Toss 2:00pm Happy Hour & Live Music "Two Among Friends" 3:00pm Group Boardgames	29 9:30am Neighborhood Walks 1:1 10:00am Beauty Hour 1:30pm Brain Games: Trivia 3:00pm One on One
30 9:30am Church Service 10:00am Yoga with Anna 2:00pm Coffee Social & Treat 3:00pm Movie and Popcorn	31 9:30am Chair Yoga 10:00am News Around the World 1:30pm Live Music with Daniel					