## ST. CHARLES MANOR

## February 2025



| Mondoy                          | Tuesday                      | Wednesday                                      | Thursday  | Eridov  | Seturdey                                 | Sunday                                     |
|---------------------------------|------------------------------|--|---|---|--|--|
| Monday                          | Tuesday                      | Wednesday                                      | Thursday  | Friday  | Saturday                                 | Sunday                                     |
|                                 |                              |  |   |   | 1  | 2  |
|                                 |                              |  |   |   | 10:15am Ball toss                        | 10:15am Beauty Hour                        |
|                                 |                              |  |   |   | 11:00am Board Games                      | 11:00am Board Games                        |
|                                 |                              |  |   |   | 1:00pm Balloon Badminton                 | 1:00pm Bingo                               |
| 3                               | 4                            | 5  | 6   | 7   | 8  | 9  |
| 9:15am Seated Yoga With         | 9:15am Seated Yoga With      | 9:00am 1-1 Companionship                       | 9:00am Walking Group                              | 9:00am Board Game Cafe                              | 10:15am Ball toss                        | 10:15am Beauty Hour                        |
| Anna                            | Anna                         | Visits   | 10:30am Balloon Badminton                         | 10:30am Seated Yoga With                            | 11:00am Board Games                      | 11:00am Board Games                        |
| 10:30am Nail Care & Hand        | 10:30am Walking Group        | 10:30am Sensory Hour                           | 1:30pm Beauty Hour                                | Anna  | 1:00pm Balloon Badminton                 | 1:00pm Bingo                               |
| Massages 1:30pm Arts and Crafts | 1:30pm Live Music with Marty | 1:30pm Bingo                                   | 3:00pm Collage and                                | 1:30pm Tea Party<br>3:00pm Word Games               |  |  |
| 3:00pm Movie Matinee            | 3:00pm Trivia                | 3:00pm Reading Group                           | Scrapbooking                                      | 3.00pm Word Games                                   |  |  |
| 10                              | 11                           | 12   | 13  | 14  | 15                                       | 16   |
| _                               | 0.45                         | <u> </u>                                       |   |   | 1  | 1  |
| 9:15am Seated Yoga With Anna    | 9:15am Seated Yoga With Anna | 9:00am Coffee shop outing                      | 9:00am Walking Group<br>10:30am Balloon Badminton | 9:00am Valentines Cards<br>10:30am Seated Yoga With | 10:15am Ball toss<br>11:00am Board Games | 10:15am Beauty Hour<br>11:00am Board Games |
| 10:30am Nail Care & Hand        | 10:30am Walking Group        | 10:30am Sensory Hour<br>1:30pm Live Music with | 1:30pm Live Music with lan                        | Anna  | 1:00pm Balloon Badminton                 | 1:00pm Bingo                               |
| Massages                        | 12:00pm Diner's Club         | Charlie  | 3:00pm Beauty Hour                                | 1:30pm Tea Party                                    | a supplie Balloon Badillinton            | 1.00pm Billigo                             |
| 1:30pm Arts and Crafts          | 1:30pm Beauty Hour           | 3:00pm Reading Group                           |   | 3:00pm Advice Session                               |  |  |
| 3:00pm Movie Matinee            | 3:00pm Trivia                |  |   |   |  |  |
| 17                              | 18                           | 19   | 20  | 21  | 22                                       | 23   |
| 9:15am Seated Yoga With         | 9:15am Seated Yoga With      | 9:00am 1-1 Companionship                       | 9:00am Walking Group                              | 9:00am Board Game Cafe                              | 10:15am Ball toss                        | 10:15am Beauty Hour                        |
| Anna                            | Anna                         | Visits   | 10:30am Balloon Badminton                         | 10:30am Seated Yoga With                            | 11:00am Board Games                      | 11:00am Board Games                        |
| 10:30am Nail Care & Hand        | 10:30am Walking Group        | 10:30am Sensory Hour                           | 1:30pm Live Music with Ian                        | Anna  | 1:00pm Balloon Badminton                 | 1:00pm Bingo                               |
| Massages 1:30pm Arts and Crafts | 1:30pm Live Music with       | 1:30pm Bus Outing Scenic Drive                 | 3:00pm Baking - Cookies                           | 1:30pm Live Music with                              |  |  |
| 3:00pm Movie Matinee            | Marty<br>3:00pm Trivia       | 3:00pm Reading Group                           |   | Stephanie<br>3:00pm Word Games                      |  |  |
| 24                              | 25                           | 26   | 27  | 28  |  |  |
|                                 | _                            | _  |   |   |  |  |
| 9:15am Seated Yoga With Anna    | 9:15am Seated Yoga With Anna | 9:00am Coffee shop outing 10:30am Sensory Hour | 9:00am Walking Group<br>10:30am Balloon Badminton | 9:00am Board Game Cafe                              |  |  |
| 10:30am Nail Care & Hand        | 10:30am Walking Group        | 1:30pm Live Music with                         | 1:30pm Live Music with lan                        | 10:30am Seated Yoga With Anna                       |  |  |
| Massages                        | 12:00pm Diner's Club         | Caroline                                       | 3:00pm Beauty Hour                                | 1:30pm Live Music with                              |  |  |
| 1:30pm Live Music with          | 1:30pm Beauty Hour           | 3:00pm Reading Group                           |   | Eugene  |  |  |
| Eugene                          | 3:00pm Trivia                |  |   | 3:00pm Word Games                                   |  |  |
| 3:00pm Movie Matinee            |                              |  |   |   |  |  |