

Norgarden February Activity Calendar 2025



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| | <p>Teatime 2pm Daily</p> | <p><i>Happy Valentine's Day</i></p> | | | | | <p>1pm – 2pm Table Games - Resident Led</p> |
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| <p>10am - Worship Service 2</p> | <p>10am - Exercise Class 3</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p> | <p>10am – Guest Speaker 4 Dean Mills Topic: Rhythms of the Sea </p> <p>1pm - Carpet Bowling</p> <p>2:15pm – Social Cribbage</p> | <p>11am - Chair Yoga 5</p> <p>1pm– Bingo</p> | <p>11am – Exercise Class 6</p> <p>1:30pm – Crafts</p> | <p>10am - 12pm - Knit and Chat 7</p> <p>11am - 2pm - Casual Chic Couture Clothing</p> <p>1pm - TRIVIA</p> | <p>1pm – 2pm Table Games - Resident Led 8</p> |
| <p>10am - Worship Service 9</p> | <p>10am - Exercise Class 10</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p> | <p>1pm - Carpet Bowling 11</p> <p>2:15pm – Social Cribbage</p> <p>3:30pm- One Hour Bus Ride </p> | <p>11am - Chair Yoga 12</p> <p>1pm– Bingo</p> | <p>8:30pm – 4:30pm Fire Alarm System Testing 13</p> <p>10am - Grocery Shuttle</p> <p>Return Pickup at 11:30am </p> <p>11am – Exercise Class</p> <p>1:30pm – Crafts</p> <p>2:30pm – Men’s Coffee Chat </p> | <p><u>Valentine’s Day</u> 14</p> <p>10am - 12pm - Knit and Chat</p> <p>11am - Hearing Aid In-Service</p> <p>1pm - TRIVIA </p> <p>5:15pm - Valentines Dinner</p> | <p>1pm – 2pm Table Games - Resident Led 15</p> |
| <p>10am - Worship Service 16</p> | <p>Family Day – Holiday 17</p> <p>10am - Exercise Class</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p> | <p>1pm - Carpet Bowling 18</p> <p>2:15pm – Social Cribbage</p> | <p>2pm- Norgarden Birthday Tea 19</p> <p>Entertainment by Seabreeze </p> | <p>10:30pm – J.O.Y Group 20</p> <p>Outing to Good Fortune </p> <p>1:30pm – Crafts</p> <p>5:15pm - Pub Nigh Theme Dinner </p> | <p>10am - 12pm - Knit and Chat 21</p> <p>1pm - TRIVIA</p> <p>2pm-Stella & Karen P.A.T.S Visit </p> | <p>1pm – 2pm Table Games - Resident Led 22</p> <p>2pm – Entertainment by Brandy Moore Guitar & Vocals </p> |
| <p>10am - Worship Service 23</p> | <p>10am - Exercise Class 24</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p> | <p>10am – Mayfair Mall Return Pickup at 1:30pm </p> <p>1pm - Carpet Bowling</p> <p>2:15pm – Social Cribbage</p> | <p><u>Pink Shirt Day</u> 26</p> <p>11am - Chair Yoga</p> <p>1pm– Bingo</p> | <p>10am - Grocery Shuttle 27</p> <p>Return Pickup at 11:30am</p> <p>11am – Exercise Class</p> <p>1:30pm – Crafts </p> | <p>10am - 12pm - Knit and Chat 28</p> <p>10:30pm – Gentlemen’s Group Outing to Good Fortune</p> <p>1pm - TRIVIA</p> | |