## The Peninsula January Activity Calendar 2025



· SUNDAY ·	· MONDAY ·	· TUESDAY ·	· WEDNESDAY ·	· THURSDAY ·	· FRIDAY ·	· SATURDAY ·
Trillium	The Peninsula Self-Serve Fireside Coffee Bar Open Daily from 11am - 3pm Cookies Available at 1pm		10am - Chair Yoga 1 1:30pm – Bingo	10am- Grocery Shuttle 2 Return Pickup at 11:30am  2pm - Knit & Chat 1:30pm - Chair Zumba 3:30pm - Scrabble	1:30pm - Exercise Class with Deron 2pm- Entertainment by Paul and Nelson Banks - FSL 3:30pm - Dominoes & Mexican Train	1:30pm - Movie Matinee 4 Netflix Title: A Man on the Inside Episodes 1,2,3,
10:30am - Worship 5 Service  1:30pm - Movie Matinee Netflix- Monk S4 3 & 4	11am – Shuffleboard 6  GAME ON!  1:30pm - Tai Chi	10am - Exercise Class 7 with Andrea  2pm – Music with Maudie	10am - Chair Yoga 8  1:30pm – Bingo	11:30am - Bob Williamson 9 on Piano 1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm – Scrabble	1:30pm - Exercise 10 Class with Deron 1:30pm Stella & Karen P.A.T.S Visit 3:30pm - Dominoes & Mexican Train	1:30pm - Movie 11 Matinee Netflix Title: A Man on the Inside Episodes 4,5,6,
10:30am - Worship 12 Service  1:30pm - Movie Matinee Netflix- Monk S4 5 & 6	9-am - 4pm 13 Elevator Testing  11am - Shuffleboard 1:30pm - Tai Chi	10am - Exercise 14 Class with Andrea	10am - Chair Yoga 15  1:30pm – Bingo	1:30pm - Chair Zumba 16  2pm - Knit & Chat  2:30pm - Men's Coffee Chat  3:30pm - Scrabble	10:30pm-Gentlemen's 17 Group Outing to the Prairie Inn 1:30pm - Exercise Class with Deron 3:30pm - Dominoes & Mexican Train	1:30pm - Movie 18 Matinee Netflix Title: A Man on the Inside Episodes 7,8
10:30am - Worship 19 Service  1:30pm - Movie Matinee Netflix- Monk S4 7 & 8	10am - Tai Chi 20 11am - Shuffleboard 1:30pm - Guest Speaker Dean Mills - Humpback Whales 3pm - Craft Class	10am - Exercise 21 Class with Andrea  2pm- Peninsula Birthday Tea Entertainment by Island B'ys	10am - Chair Yoga 22	10:30am - JOY Group Outing to: Riva  1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm - Scrabble	10am - Exercise 24 Class with Deron 1:30pm- Robbie Burns Celebration 3:30pm - Dominoes & Mexican Train 5pm - Robbie Burns Dinner	1:30pm - Movie 25 Matinee Netflix Title: Ticket to Paradise
10:30am - Worship 26 Service  1:30pm - Movie Matinee Netflix- Monk S4 9 & 10	10am- One Hour Scenic 27 Bus Ride 11am – Shuffleboard 1:30pm - Tai Chi 3pm – Craft Class	10am - Exercise Class with Andrea  10am - Hillside Mall Return Pick up at 1:30pm	Chinese New Year 29  10am - Chair Yoga  1:30pm - Bingo  5pm - Chinese New Year Theme Dinner	10am- Grocery Shuttle Return Pickup at 11:30am 11:30am - Bob Williamson on Piano 1:30pm - Chair Zumba 2pm - Knit & Chat 3:30pm - Scrabble	1:30pm - Exercise 31 Class with Deron 3:30pm - Dominoes & Mexican Train	Activity Locations  Activities will take place in the Side Street Dining Room unless otherwise noted in your Newsletter.

