





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 11:30am-1:30pm New Years Day Brunch (DR) 7:00pm Fireside Chat (L)</p>	<p>2 9:30am Exercise with Romain (AR) 2:30pm Veterans Coffee (L) 7:00pm Docuseries, Our Oceans - Pacific Ocean (L)</p>	<p>3 9:30am Exercise Video - Disco Music Workout (AR) 2:30pm Shuffleboard (AR) 4:00pm Happy Hour (L) 7:00pm Bingo (AR)</p>	<p>4 1:30pm Hidden - Saudi Arabia(L) 7:00pm Movie Night - Titanic (L)</p>
<p>5 1:00pm Afternoon Movie - Casablanca (L) 7:00pm Evening Social (L)</p>	<p>6 9:30am Chair Yoga with Nataliya (AR) 10:30am Resident Council Meeting (AR) 7:00pm Stitching Social (L)</p>	<p>7 9:30am Exercise Video - Cardio &amp; Strength (AR) 7:00pm Games Night (L)</p> 	<p>8 9:00AM to 12:00PM Foot Nurse 9:30am Exercise Video - Improve Range of Motion (AR) 7:00pm Fireside Chat (L)</p>	<p>9 9:30am Exercise with Romain (AR) 2:30pm Veterans Coffee (L) 7:00pm Docuseries, Our Oceans - Indian Ocean (L)</p>	<p>10 9:30am Exercise Video - Disco Music Workout (AR) 2:30pm Shuffleboard (AR) 4:00pm Happy Hour (L) 7:00pm Bingo (AR)</p>	<p>11 1:30pm Tanzania: The Royal Tour (L) 7:00pm Movie Night - Forrest Gump (L)</p>
<p>12 1:00pm Afternoon Movie - Good Will Hunting (L) 7:00pm Evening Social (L)</p>	<p>13 9:30am Chair Yoga with Nataliya (AR) 7:00pm Stitching Social (L)</p>	<p>14 9:30am Exercise Video - Cardio &amp; Strength (AR) 1:30pm Resident Meeting with Heather &amp; Leadership Team (MR)</p>	<p>15 9:30am Exercise Video -Cardio, Strength &amp; Flexibility (AR) 2:00pm Art with Monique – Paint Along (AR) 7:00pm Fireside Chat (L)</p> 	<p>16 9:30am Exercise with Romain (AR) 2:30pm Veterans Coffee (L) 7:00pm Docuseries, Our Oceans - Atlantic Ocean (L)</p>	<p>17 9:30am Exercise Video - Disco Music Workout (AR) 2:30pm Shuffleboard (AR) 4:00pm Happy Hour (L) 7:00pm Bingo (AR)</p>	<p>18 1:30pm Hidden - Ireland (L) 7:00pm Movie Night - Magic In The Moonlight (L)</p>
<p>19 1:00pm Afternoon Movie - My Old Lady (L) 7:00pm Evening Social (L)</p>	<p>20 9:30am Chair Yoga with Nataliya (AR) 7:00pm Stitching Social (L)</p>	<p>21 9:30am Exercise Video - Cardio &amp; Strength (AR) 7:00pm Games Night (L)</p>	<p>22 9:30am Exercise Video - Improve Range of Motion (AR) 2:00pm Joyce N Boyz 7:00pm Fireside Chat (L)</p>	<p>23 9:30am Exercise with Romain (AR) 11:00am-2:00pm- Casual Chic Couture Shopping (AR) 2:30pm Veterans Coffee (L) 5:00pm Robbie Burns Dinner 7:00pm Docuseries, Our Oceans - Arctic Ocean (L)</p>	<p>24 9:30am Exercise Video - Disco Music Workout (AR) 2:30pm Shuffleboard (AR) 4:00pm Happy Hour (L) 7:00pm Bingo (AR)</p> 	<p>25 1:30pm Mexico: The Royal Tour (L) 7:00pm Movie Night - Anna Karenina (L)</p>
<p>26 1:00pm Afternoon Movie - Ladies in Lavender (L) 7:00pm Evening Social (L)</p>	<p>27 9:30am Chair Yoga with Nataliya (AR) 7:00pm Stitching Social (L)</p>	<p>28 9:30am Exercise Video - Cardio &amp; Strength (AR) 7:00pm Games Night (L)</p>	<p>29 9:30am Exercise Video -Cardio, Strength &amp; Flexibility (AR) 3:00pm Resident Birthday Party (DR) 7:00pm Fireside Chat (L)</p>	<p>30 9:30am Exercise with Romain (AR) 2:30pm Veterans Coffee (L) 7:00pm Docuseries, Our Oceans - Southern Ocean (L)</p>	<p>31 9:30am Exercise Video - Disco Music Workout (AR) 2:30pm Shuffleboard (AR) 4:00pm Happy Hour (L) 7:00pm Bingo (AR)</p>	<p><b>Location Key</b> AR - Activity Room L - Lounge DR - Dining Room</p>