

January 2025



Activities can be subject to change. If you have any questions, please contact the activity staff.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------|---|--|--|---|--|--|
| | | | New Year's Day 1 No Scheduled program | 10:30 What's in the Box? 2 11:30 Exercise 1:30 Boomwhackers | 10:30 News of the week 3 11:30 Zumba 1:30 New year stories | 11am Music with Sadie 4 |
| Bird Day 5 | 10:30 Crafty Corner - Birds 6 11:30 Trivia 1:30 Bingo | 10:30 Crokinole 7 11:30 Tabata 1:30 Old Rock Day Music Bingo | Elvis Presley's Birthday 8 10:30 Cooking Club 11:30 Elvis music and Triva 1:30 Live Music | 10:30 Horse Races 9 11:30 Exercise 1:30 1 on 1 | 10:30 Pictionary 10 11:30 Zumba 1:30 Dice Games | 11 |
| | 12 10:30 Crafty Corner Water Colour night 11:30 Trivia 1:30 Bingo | 13 10:30 Indoor Bowling 11:30 Tabata 1:30 Music Bingo | 14 Bagel Day 15 10:30 Cooking Club Cloud Bread bagels 11:30 Crossword 1:30 Sing a Long | 16 10:30 What's in the Box? 11:30 Exercise 1:30 Boomwhackers | 17 10:30 Cardboard inventions 11:30 Zumba 1:30 Name that tune | 18 Winnie the Pooh Day – come visit and read your favourite story |
| 1:30 2 Amongst Friends | 19 10:30 Crafty Corner 11:30 Cheese Lover Day- cheese tasting 1:30 Bingo | 20 10:30 Balloon Volleyball 11:30 Tabata 1:30 Music Bingo | 21 10:30 Cooking Club 11:30 Whiteboard games 1:30 Tea and Talks | 22 10:30 cooking club - Pie Day 11:30 Exercise 1:30 1 on 1 | 23 10:30 Robert Burns Day 11:30 Zumba 1:30 Scotland Travel | 24 25 |
| 1:30 Music with Shelley | 26 10:30 Armchair Travel – Australia 11:30 Colouring 1:30 Bingo | 27 10:30 Build with Lego Day 11:30 Tabata 1:30 Story Time | 28 Lunar New Year 29 10:30 Make Lanterns 11:30 Trivia 1:30 Chinese Tea | 30 10:30 Curling 11:30 Trivia 1:30 Boomwhackers | 31 10:30 Crossword 11:30 Zumba 1:30 Dice Games | |

