ST. CHARLES MANOR

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				19:00amBoard Game Cafe10:30amMovement with Anna1:30pmLive Music Happy Hour with Eugene3:00pmWord Games	1:00pm Balloon Badminton	3 10:15am Beauty Hour 11:00am Spiritual Service 1:00pm Bingo
4 9:15am Seated Yoga with Anna 10:30am Nail Care & Hand Massages 1:30pm Music with Charlie 3:00pm Trivia	5 9:00am Walking Group 10:30am Seated Yoga With Anna 1:30pm Lado Strings Live Music 3:00pm Bingo	6 9:30am Coffee Shop Outing 1-1 10:30am Armchair Travel 10:30am Sensory Hour 3:00pm Reading club	7 9:15am Seated Yoga With Anna 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Reading Club	8 9:00am Board Game Cafe 10:30am Walking Group 1:30pm Tea Party 3:00pm Word Games	9 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton	10 1:45pm Beauty Hour 2:30pm Balloon Badminton 3:30pm Bingo
11 9:15am Seated Yoga with Anna 10:30am Nail Care & Hand Massages 11:10am Moment of Silence 1:30pm Piano With Jess 3:00pm Poppy Wreath	12 9:00am Walking Group 10:30am Seated Yoga With Anna 1:30pm Music with Marty 3:00pm Ball Toss	13 9:00am Bean Bag Toss 10:30am Sensory Hour 10:30am Trivia 12:00pm Diner's Club 3:00pm Reading club	14 9:00am Walking Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Reading Club	159:00amBoard Game Cafe10:30amMovement with Anna1:30pmLive Music Happy Hour with Eugene3:00pmWord Games	16 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton	17 11:00am Spiritual Service 1:15pm Beauty Hour 2:30pm Balloon Badminton 3:30pm Bingo
 18 9:15am Seated Yoga with Anna 10:30am Nail Care & Hand Massages 1:30pm Art - Holiday Cards 3:00pm Trivia 	19 9:00am Walking Group 10:30am Seated Yoga With Anna 1:00pm Beauty Hour 3:00pm Bingo	20 9:30am Coffee Shop Outing 1-1 10:30am Armchair Travel 1:30pm Ballet - Nutcracker 3:00pm Reading club	10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Reading Club	22 9:00am Board Game Cafe 10:30am Movement with Anna 1:30pm Tea Party 3:00pm Word Games	1:00pm Balloon Badminton	24 1:45pm Beauty Hour 2:30pm Balloon Badminton 3:30pm Bingo
25 9:15am Seated Yoga with Anna 10:30am Nail Care & Hand Massages 1:30pm Making Apple Cider 3:00pm Trivia	26 9:00am Walking Group 10:30am Seated Yoga With Anna 1:30pm Music with Marty 3:00pm Ball Toss	27 9:00am Bean Bag Toss 10:30am Sensory Hour 11:30am Diner's Club - Outing 3:00pm Reading club	28 9:00am Walking Group 10:30am Balloon Badminton 1:30pm Live Music with Ian 3:00pm Reading Club	29 9:00am Board Game Cafe 10:30am Movement with Anna 1:30pm Tea Party 3:00pm Word Games	30 10:15am Ball Toss 11:00am Board Games 1:00pm Balloon Badminton	

