

The Peninsula November 2024 Activity Calendar



SUNDAY **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY**



**The Peninsula Self-Serve
Fireside Coffee Bar**
Open Daily from 11am - 3pm
Cookies Available at 1pm

Location Key
MSDR: Main Street Dining Room
FSL: Fireside Lounge 2FL: Second Floor Library
2FGR: Second Floor Games Room
SP: Side Patio
Activities will take place in the Side Street Dining Room unless otherwise noted.

1:30pm - Exercise Class with Deron 1
3:30pm - Dominoes & Mexican Train

1:30pm - Movie Matinee
Netflix Title: *Intern* 2

10:30am - Worship Service 3
1:30pm - Movie Matinee
Netflix- *Monk S3 3 & 4*

11am - Shuffleboard 4
1:30pm - Tai Chi with Adrian
3pm - Craft Class Poppies

10am - Exercise Class with Andrea 5
6:45pm - Evening Entertainment with Jesse Brown on Piano

10am - Chair Yoga 6
1:30pm - Bingo

★ 10am - Grocery Shuttle Return Pickup at 11:30am 7
2pm - Knit & Chat - 2FGR 7
3:30pm - Scrabble 7
1:30pm - Chair Zumba 7
5pm - Fifties Theme Dinner 7

1:30pm - Exercise Class with Deron 8
3:30pm - Dominoes & Mexican Train

1:30pm - Movie Matinee 9
Netflix Title: *Lonely Planet*

10:30am - Worship Service 10
1:30pm - Movie Matinee
Netflix- *Monk S3 5 & 6*

★ Remembrance Day 11
★ 10am - Kitchen Tour
11am - Shuffleboard
1:30pm - Tai Chi with Adrian
5pm - Remembrance Day Theme Dinner

10am - Exercise Class with Andrea 12
2pm - Peninsula Resident Birthday Tea Entertainment by Seabreeze

Residents Deadline for Purdys Orders 13
10am - Chair Yoga 13
1:30pm - Bingo

★ 10:30am - JOY Group Outing to: Sea Glass 14
11:30am - Bob Williamson on Piano
1:30pm - Chair Zumba
2pm - Knit & Chat - 2FGR
2:30pm - Men's Coffee Chat 14
3:30pm - Scrabble

★ 11am - Visit to Canadian Tire, Dollarama, Red Barn 15
1:30pm - Exercise Class with Deron
3:30pm - Dominoes & Mexican Train

1:30pm - Movie Matinee Netflix Title: *Inside the Mind of a Dog* 16

★ 10am - Kitchen Tour 17
10:30am - Worship Service 17
1:30pm - Movie Matinee
Netflix- *Monk S3 7 & 8*

★ 9am - Flu and Covid Booster Clinic 18
11am - Shuffleboard

10am - Exercise Class with Andrea 19
2pm - Music with Maudie
★ 3:30pm - Scenic Bus Drive

10am - Chair Yoga 20
1:30pm - Bingo

2pm - Knit & Chat - 2FGR 21
3:30pm - Scrabble
1:30pm - Chair Zumba

★ 10:30am - Men's Group Outing to: Riva 22
1:30pm - Exercise Class with Deron
1:30pm Visit with Stella and Karen P.A.T.S
3:30pm - Dominoes & Mexican Train

1:30pm - Movie Matinee Netflix Title: *Love at First Sight* 23

10:30am - Worship Service 24
1:30pm - Movie Matinee
Netflix- *Monk S3 9 & 10*

10am - Tai Chi with Adrian 25
11am - Shuffleboard
1:30pm - Guest Speaker Dean Mills - Topic: Sea Lions and Hourbour Seals 25
3pm - Craft Class Wine Bottles

10am - Exercise Class with Andrea 26
★ 10am - Hillside Mall Return Pickup at 1:30

10am - Chair Yoga 27
1:30pm - Bingo

★ 10am - Grocery Shuttle Return Pickup at 11:30am 28
2pm - Knit & Chat - 2FGR 28
3:30pm - Scrabble
1:30pm - Chair Zumba

11am - Active Minds 29
1:30pm - Exercise Class with Deron
3:30pm - Dominoes & Mexican Train

1:30pm - Movie Matinee Netflix Title: *Larry Crowne* 30