
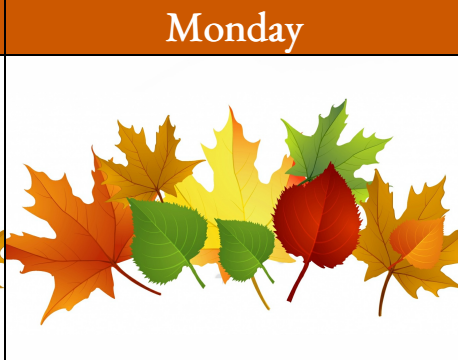
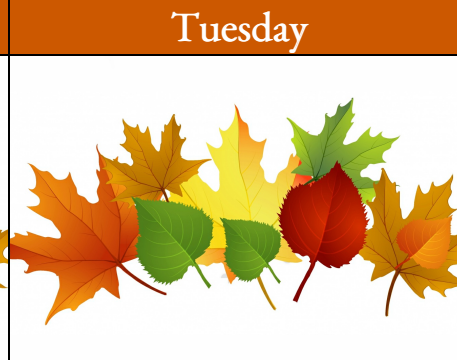

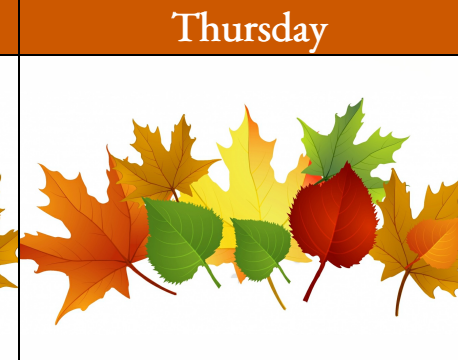










November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Chair Exercise 10:00am Active Game: Bean Bag Toss 2:00pm Happy Hour & Live Music with Jessica Benini 3:00pm Brain Games: Word Games	2 9:30am Chair Exercise 10:30am Neighborhood Walks 1:1 1:30pm Bingo 2:30pm Group Boardgames
3 9:45am Seated Yoga with Anna 	4 1:30pm Guitar with Ian 	5 9:30am Chair Exercise 10:00am Indoor Bocce Ball 1:30pm Short Stories & Jokes 3:00pm Walking Group	6 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 3:00pm Reading Club	7 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	8 9:30am Chair Exercise 10:00am Poppy Flower Craft 2:00pm Happy Hour & Live Music "The Elderly Brothers" 3:00pm Fresh Flower Arranging	9 9:30am Neighborhood Walks 1:1 10:30am Roman Mosaic Art 1:15pm Beauty Hour 2:00pm Brain Games: Trivia
10 Happy Birthday Carol! 	11 2:00pm Remembrance Day guest speaker  Happy Birthday Bert!	12 9:30am Chair Exercise 10:30am Italian Flag Craft 2:00pm Birthday Party & Live Music with Eugene 3:00pm Walking Group	13 9:30am Chair Exercise 10:00am Balloon Badminton 1:00pm Painting to Music 3:00pm Reading Club	14 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	15 9:30am Chair Exercise 10:00am Active Game: Bean Bag Toss 2:00pm Happy Hour & Live Music with Jesse 3:00pm Brain Games: Word Games	16 9:30am Neighborhood Walks 1:1 10:15am Scrapbooking 1:15pm Beauty Hour 2:00pm Brain Games: Trivia
17 9:45am Seated Yoga with Anna 	18 1:30pm Guitar with Ian 	19 9:30am Chair Exercise 10:00am Paper Planes Competition 1:00pm Ballet Victoria Outing 3:00pm Walking Group	20 9:30am Chair Exercise 10:00am Balloon Badminton 1:30pm Chair Zumba 3:00pm Reading Club	21 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	22 9:30am Chair Exercise 10:00am Active Game: Bean Bag Toss 2:00pm Happy Hour & Live Music with "It's Them Again" 3:00pm Fresh Flower Arranging	23 9:30am Neighborhood Walks 1:1 10:15am Beauty Hour 2:00pm Little Italy Party & MiniPizza Making 
24 9:30am Live Stream Church Service 	25 Hello Monday 	26 9:30am Chair Exercise 10:00am Indoor Bocce Game 2:00pm Live Music with Stephanie Greaves 3:00pm Walking Group	27 9:30am Chair Exercise 10:00am Balloon Badminton 1:00pm Painting to Music 3:00pm Reading Club	28 9:30am Chair Exercise 10:00am Active Games: Bowling 1:30pm Bingo 3:00pm Group Boardgames	29 9:30am Chair Exercise 10:00am Active Game: Bean Bag Toss 2:00pm Happy Hour & Live Music with Victor 3:00pm Brain Games: Word Games	30 9:30am Neighborhood Walks 1:1 1:15pm Beauty Hour 2:00pm Brain Games: Trivia