

The Peninsula October 2024 Activity Calendar



						BOUTIQUE SENIOR LIVING
· SUNDAY ·	· MONDAY ·	· TUESDAY ·	WEDNESDAY.	· THURSDAY ·	· FRIDAY ·	· SATURDAY ·
Trillium The Peninsula Self-Serve Fireside Coffee Bar Open Daily from 11am - 3pm Cookies Available at 1pm		National Seniors Day 1 10am - Exercise Class with Andrea 2pm- National Seniors Day Tea Entertainment by Studio 72	10am - Chair Yoga 2 1:30pm – Bingo	11:30am - Bob Williamson 3 on Piano 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	11am - Active Minds 4 1:30pm - Exercise Class with Deron 3pm - Dominoes & Mexican Train	1:30pm - Movie Matinee 5 DVD Title: The Best Exotic Marigold Hotel
10:30am - Worship 6 Service 1:30pm - Movie Matinee Netflix- Monk S2 13 & 14	11am – Shuffleboard 7 10:30am- Sea Cider Visit Tasting and Lunch 1:30pm - Tai Chi with Adrian 3pm – Art Class	10am- Grocery Shuttle Return Pickup at 11:30am 10am - Exercise Class with Andrea	10am - Chair Yoga 9 1:30pm – Bingo	2:30pm - 6:30pm - Elections 10 BC Advanced Polling Station Location: Library 2 nd Floor 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	10:30am- Men's Group Outing to: Prairie Inn 1:30pm - Exercise Class with Deron 3pm - Dominoes & Mexican Train	1:30pm - Movie 12 Matinee Netflix Title: Gifted
10:30am - Worship 13 Service 1:30pm – Movie Matinee Netflix- <i>Monk S2 15 & 16</i>	11am – Shuffleboard 1:30pm - Tai Chi with Adrian 5pm -Thanksgiving Dinner	10am - Exercise Class with 15 Andrea 2pm- Peninsula Resident Birthday Tea Entertainment by Gypsy Rovers	10am- Residents Meeting 16 11am - Chair Yoga 1:30pm – Bingo	10:30am – J.O.Y Group Outing to: Stonehouse Pub 1:30pm - Chair Zumba 2pm - Knit & Chat - 2FGR 2:30pm – Men's Coffee Chat 3:30pm – Scrabble	11am - Active Minds 12-2pm - Sweet Soles Shoe Company 1:30pm - Exercise with Deron 1:30pm - P.A.T.S Visit with Stella 3pm - Dominoes & Mexican Train	1:30pm - Movie 19 Matinee DVD Title: Pillow Talk "
10:30am - Worship 20 Service 1:30pm – Movie Matinee Netflix- <i>Monk S3 1 & 2</i>	10am - Kitchen Tour 21 10am - Tai Chi with Adrian 11am – Shuffleboard 1:30pm – Guest Speaker Dean Mills - Leatherback Turtles 3pm – Art Class	10am - Exercise Class 22 with Andrea 22 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	10am - Chair Yoga 23 1:30pm – Bingo	11:30am – Bob Williamson 24 on Piano 1:30pm - Chair Zumba 2pm – Meet and Greet with Winnie 2pm - Knit & Chat - 2FGR 3:30pm – Scrabble	1:30pm - Exercise 25 Class with Deron 3pm - Dominoes & Mexican Train	1:30pm - Movie 26 Matinee Netflix Title: Mrs. Harris Goes to Paris "
10:30am - Worship 27 Service 1:30pm – Movie Matinee Netflix- <i>Monk S3 3 & 4</i>	11am – Shuffleboard 287 1:30pm - Tai Chi with Adrian	10am – Mayfair Mall 29 Return Pick up at 1:30pm	10am - Chair Yoga 30 1:30pm – Bingo	10am- Grocery Shuttle Return Pickup at 11:30am 2pm - Knit & Chat - 2FGR 3:30pm - Scrabble	Location MSDR: Main Stree FSL: Fireside Lounge 2FL 2FGR: Second Floo SP: Side	et Dining Room :: Second Floor Library or Games Room

5pm - Halloween Theme Dinner