



Norgarden October 2024 Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Teatime 2pm Daily</p>		<p>National Seniors Day 1</p> <p>2pm- National Senior Day Tea Entertainment by Vic G</p>	<p>11am - Chair Yoga 2</p> <p>1pm - Bingo</p>	<p>11am - Exercise Class 3</p> <p>1:30pm - Crafts</p>	<p>10am -12pm - Knit and Chat</p> <p>1pm- TRIVIA</p>	<p>1pm - 2pm Table Games - Resident Led</p>
<p>10:30am - Worship Service 6</p>	<p>10am - Exercise Class 7</p> <p>★10:30am- Sea Cider Visit Tasting and Lunch</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>★10am- Grocery Shuttle 8 Return Pickup at 11:30am</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p>	<p>11am - Chair Yoga 9</p> <p>1pm - Bingo</p>	<p>9:30pm - 1pm - Elections BC 10 Advanced Polling Station Location: Hummingbird Room</p> <p>11am - Exercise Class</p> <p>1:30pm - Crafts</p>	<p>★10:30am- Men's Group Outing to: Prairie Inn 11</p> <p>1pm- TRIVIA</p>	<p>1pm - 2pm Table Games - Resident Led</p>
<p>10:30am - Worship Service 13</p>	<p>10am - Exercise Class 14</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p> <p>5:15pm -Thanksgiving Dinner</p>	<p>10am - Norgarden Resident Meeting 15</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p>	<p>2pm- Norgarden Resident Birthday Tea Entertainment by The Gypsy Rovers 16</p>	<p>★10:30am - J.O.Y Group Outing to: Stonehouse Pub 17</p> <p>11am - Exercise Class</p> <p>12-2pm - Sweet Soles Shoe Company</p> <p>1:30pm - Crafts</p> <p>2:30pm - Men's Coffee Chat</p>	<p>10am -12pm - Knit and Chat 18</p> <p>1pm- TRIVIA</p> <p>2pm - P.A.T.S. Visit with Karen & Stella</p>	<p>1pm - 2pm Table Games - Resident Led</p>
<p>10:30am - Worship Service 20</p>	<p>★10am - Peninsula Kitchen Tour 21</p> <p>10am - Exercise Class</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>10am - Guest Speaker Dean Mills Topic: Sea Lions and Harbor Seals 22</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p> <p>★3:30pm - Scenic Bus Drive</p>	<p>11am - Chair Yoga 23</p> <p>1pm - Bingo</p>	<p>11am - Exercise Class 24</p> <p>1:30pm - Crafts</p>	<p>10am -12pm - Knit and Chat 25</p> <p>12:45pm- TRIVIA</p> <p>2pm-Special Entertainment by Attila Fias on Piano</p>	<p>1pm - 2pm Table Games - Resident Led</p>
<p>10:30am - Worship Service 27</p>	<p>10am - Exercise Class 28</p> <p>12:30pm - 4pm Chair Massage & Reiki with Joanna Donald</p>	<p>★10am - Mayfair Mall 29 Return Pickup at 1:30pm</p> <p>1pm - Carpet Bowling</p> <p>2:15pm - Social Cribbage</p>	<p>11am - Chair Yoga 30</p> <p>1pm - Bingo</p>	<p>★10am- Grocery Shuttle 31 Return Pickup at 11:30am</p> <p>11am- Exercise Class</p> <p>5:15pm - Halloween Theme Dinner</p>	<p>OCTOBER is about trees revealing colors they've hidden all year.</p>	