


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 9:30am Exercise with Romain 10:30am Resident Council Meeting 2:00pm Sing Along with Les In the Lounge</p>	<p>2 Foot Nurse 9 - 12 9:30am EXERCISE VIDEO 7:00pm Fireside Chat</p>	<p>3 9:30am Exercise with Romain</p>	<p>4 9:30am EXERCISE VIDEO 3:00pm Happy Hour with Oktoberfest Music by the Elderly Brothers 7:00pm Bingo</p>	<p>5 1:30pm Armchair Travels 7:00pm Movie Night</p>
<p>6 1:00pm Afternoon Movie 7:00pm Evening Social</p>	<p>7 9:30am EXERCISE VIDEO 7:00pm Stitching Social</p>	<p>8 9:30am Exercise with Romain 1:30pm Resident meeting w Heather and Team 2:30pm Veterans Coffee</p>	<p>9 9:30am EXERCISE VIDEO 7:00pm Fireside Chat</p>	<p>10 9:30am Exercise with Romain 2:00pm Brian Porter Singer In the lounge</p>	<p>11 9:30am EXERCISE VIDEO 4:00pm Happy Hour 7:00pm Bingo</p>	<p>12 1:30pm Armchair Travels 7:00pm Movie Night</p>
<p>13 1:00pm Afternoon Movie 7:00pm Evening Social</p>	<p>14 THANKSGIVING 9:30am EXERCISE VIDEO 2:00pm Shuffleboard (Sophie Visiting) 7:00pm Stitching Social</p>	<p>15 9:30am Exercise with Romain 2:30pm Veterans Coffee 7:00pm Games Night</p>	<p>16 9:30am EXERCISE VIDEO 1:30pm Heart Pharmacy Healthy for the Holidays 7:00pm Fireside Chat</p>	<p>17 9:30am Exercise with Romain 2:00pm Retirement Party for Greta 7:00pm Games Night</p>	<p>18 9:30am EXERCISE VIDEO 4:00pm Happy Hour 7:00pm Bingo</p>	<p>19 1:30pm Armchair Travels Provincial Election VOTE here in activity room (residents) 7:00pm Movie Night</p>
<p>20 2:00pm Afternoon Concert with Dorm ! 7:00pm Evening Social</p>	<p>21 9:30am EXERCISE VIDEO 7:00pm Stitching Social</p>	<p>22 9:30am Exercise with Romain 2:00pm Resident Birthday Party 7:00pm Games Night</p>	<p>23 9:30am EXERCISE VIDEO 7:00pm Fireside Chat</p>	<p>24 9:30am Exercise with Romain 2:00pm Stan Davis Concert 7:00pm Games Night</p>	<p>25 9:30am EXERCISE VIDEO 4pm Happy Hour 7:00pm Bingo</p>	<p>26 1:30pm Armchair Travels 7:00pm Movie Night</p>
<p>27 1:00pm Afternoon Movie 7:00pm Evening Social</p>	<p>28 9:30am EXERCISE VIDEO 2:00pm Bingo 7:00pm Stitching Social</p>	<p>29 9:30am Exercise with Romain 2:00pm Two Among Friends Halloween/Oktoberfest Songs 2:30pm Veterans 7:00pm Games Night</p>	<p>30 9:30am EXERCISE VIDEO 7:00pm Fireside Chat</p>	<p>31 HALLOWEEN 9:30am Exercise with Romain 7:00pm Games Night</p>		